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Honored for being Coastal's latest double centurion. See Coastal Rugby pages.

Healthy oceanz for a healthy planet

Katie Sinclair is a woman on a mission. The Year 13 student at Opunake High School who started Healthy Oceanz at the start of this year took her clean up our beaches message to the Egmont Plains Community Board last week. Two weeks earlier she had spoken at a showing of the movie Plastic Ocean when it was screened at Everybodys Theatre in Opunake.

Healthy Oceanz 's mission is to provide beach cleanups to the local, coastal communities so that everyone has the opportunity to make a positive difference and become more sustainably aware.

Being in the Young Enterprise Scheme means coming up with a business plan and a business pitch given in a Dragons Den-type setting.

This is not her first crack at the Young Enterprise Scheme. She and friend Janis Baker pitched their Basket Buddy idea last year. Having done it once, Katie decided she wanted to be in it again.

She was impressed with what she saw of the work American company 4Ocean were doing with beach cleanups and decided she wanted to do something similar closer to home.

She needed a name so she came up with Healthy Oceanz. "I threw around a few ideas and thought it sounded pretty catchy," she said. "I thought using nz rather than s would relate it back to New Zealand." She says watching the Plastic Ocean movie had shown how important this work is.

"It really opened my eyes to other parts of the world and what's happening over there. I was just really shocked the whole time. It shows that people do really need to make a change, and using reusable



Katie Sinclair on a mission to rid the beaches of plastic.

plastics and doing beach clips will help do that."

So far Healthy Oceanz has organised three beach cleanups. A public beach cleanup at Middleton Bay on June 2, which picked up 315 pieces of rubbish was followed by a student beach cleanup on the same beach 12 days later which picked up 420 items. Katie told the

Community Board that she was disappointed that so much rubbish was picked up on June 14, so soon after the first cleanup.

On July 15 a public beach cleanup at the main beach in Opunake netted 1841 pieces of rubbish, of which 1312 were pieces of hard plastic. Most of these were micro plastic pieces.

and in our world," she said.

As well as the organised cleanups, Katie can often be seen on the beach picking up rubbish in her own time

She recalls one visit to Middleton Bay.

"I went there one night and there was nothing at all. Twenty four hours later there was just plastic everywhere along the shoreline. There's rubbish floating around the ocean and the tides bring it all in."

In June she was one of 80 students from around New Zealand to take part in an Entrepreneurs in Action weekend in Wellington funded by the young Entrepreneurs Trust.

As well as continuing beach cleanups, Katie is looking towards having an Opunake Cleanup Week as part of Keep New Zealand Beautiful Week in September. This would encourage people to pick up rubbish wherever they see it around Opunake using reusable bags. She also sees this as a good opportunity to get primary schools involved, and to educate people into what can and cannot be placed into the various rubbish bins available.

Another possible idea is developing an Eco Packz product containing reusable items such as metal straws, reusable drink bottles and produce bags which can be used while doing the regular household shopping.

It's the kind of thing she wants to carry on with.

"I probably will carry this on in my own time. I do want to keep Healthy Oceanz going and get it recognised nationwide," she says.

She says 2667 pieces of rubbish have been picked up since the first beach cleanup. Of these 53 per cent have been hard plastic and 18 per cent soft plastic.

"It shows to me that plastic is a problem in our community

Proposed name not seen as reflecting community

Five days before the South Taranaki District Council was due to deliberate on submissions on the Representation Review, Egmont Plains Community Board deputy chairman Andy Whitehead made clear where his preferences lay. Under the initial proposal put forward for next year's local body elections, the Egmont Plains name would change to Opunake-Manaia and the ward boundaries would move further east to take in Okaiawa, while losing Kapuni to the Eltham-

Kaponga Ward.

At the Egmont Plains Community Board last week, Mr Whitehead, who lives in Oaonui said he didn't think the Opunake-Manaia name reflected the other communities which make up the ward. He said his own preference would be to call the ward Te Hauauru, meaning from the west.

"This is an opportunity for the council to be more inclusive and embrace a wider part of the community."

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Booties knitting our communities together

We have cause for great celebrations within our communities as we have exceeded all expectations. With an expectation of knitting 13,285 pairs of booties for "The Booties Project", we have received in excess of 15,000 and that number is still growing. These tiny booties will eventually be donated back to our communities throughout New Zealand to grace the tiny feet of our future Silver Ferns, nurses, farmers, All Blacks, volunteers, (the possibilities are infinite), as they express their life's purpose. Before that though, these booties were displayed at Parliament Grounds on Wednesday July 25, as a powerful witness to the 13,285 lives lost to abortion in the last year. It was a moving display that provoked a lot of interest. Big or small, in New Zealand we desire Human Rights for all. "The Booties Project" is aiming to shine a light on a part of our society that requires parliamentarians to step forward and ensure their Human Rights will be upheld.

Kathryn Rogers



Booties driving home a message.

Otakeho Church

I see that Otakeho's St John's Anglican Church is up for tender. I note that their War Memorial plaque has been shifted close to their town hall.

Now if this beautiful church

has come up for tender, is it possible instead of giving up this church, to sell this acre of land on which this church is on, then buy land close to the town hall, then if it is possible to shift the church to its new location close to the town hall

ADELPHOS

Human beings need to feel secure. Everybody puts their faith in something or someone—maybe it's a recipe, your hairdresser or agricultural advisor. Jesus wants everyone to put their faith in Him and accept his fully paid one way air ticket to heaven when they die. The ticket is stamped "forgiven." Jesus warned his own religious leaders that faith in their denominations was not a boarding pass.

But what is this Christian faith? As always, faith is believing and following the living resurrected Jesus whom 99.9% of people have

Faith—the no frills version

not seen. That's why it's called faith. Jesus had a track record like no other prophet. He did more historically documented miracles than anyone, including resurrecting dead and rotting bodies and coming back to life himself to get our attention. All of the 12 apostles were so convinced by His miracles and resurrection that they were martyred with horrible deaths. There are over 5,600 complete or fragmented New Testament Greek manuscripts as evidence of eyewitnesses: that's more than any other ancient writing. Probably less than a thousand people saw

the physically resurrected Jesus. Tens of thousands saw his miracles. To date, billions have put their faith in Him, as Lord and Saviour, from the eventual consequences of their sin.

Today, Jesus the Saviour is in the same business of reaching out to save you, me and all Aotearoa. He left heaven, willingly died on Good Friday and was resurrected on Easter: so that everyone can choose to have their sins forgiven and be eternally united with God and loved ones when they die. A friend of mine has a tattoo, "Harley's Highway to Hell!" on his upper right arm. However he decided to accept, by faith, Jesus' fully paid and heavenly stamped "forgiven" ticket to heaven.

Jesus loves all Harley riders, especially the hell bent ones. But, he clearly and repeatedly described a conscious existence eternally separated from God in a place filled with darkness, crying and

and possibly have a car park used not only for the church, but also for people going to the hall or going shopping. In other words make it a public car park.

The Town Hall itself could then be used for after-weddings and after-funerals, receptions and whatever else, then one day maybe extend and upgrade the hall. I've no doubt that Otakeho town could have everything centralised, and even use the church for locals, visitors and tourists, plus we could have something going on in the church at the same time.

I know this town lies between Opunake and Hawera and it could possibly have the potential of attracting small and viable businesses, and bring in places like Oeo, Kaupokonui, and inland to Auroa, Awatuna, Riverlea and Mangawhero.

I do hope that the Otakeho Community Committee think about this suggestion as I do believe it has the potential of becoming another great town for people to visit.

*Tom Stephens
 New Plymouth*

sorrow.* Yes, it's the unpopular politically incorrect "H" word. But why is it that most people accept Jesus' description of heaven—the happy "H" word? Anyway if everybody's going to heaven, why would Jesus needlessly die for even one person? And as Saviour what is he saving people from?

Arguably in the Bible's most popular verse, John 3:16, Jesus offers everyone a choice to accept and follow only Him by faith or choose to ignore Him. It's an inescapable decision either way. He still loves people whatever they decide. And, oh yes, Harleys are awesome.

That's the no frills version of the ultimate power of faith in Jesus alone.

*Matthew 22:13; 25:46; Mark 9:43 and there's many more of Jesus' unpopular "H" word descriptions.

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Goodin by name and Goodin by nature

Taranaki's Christine Goodin has been awarded a Life Membership from Life Education New Zealand for her 21 years of service.

She joins her husband John "Steak" Goodin who was awarded life membership five years ago. They are the first husband and wife team to be so honoured in New Zealand. "We have matching trophies and they look very nice," says Christine.

Steak has served on the national board and an interest in the Trust is something which he and Christine have passed on to their children. Their son Matt has just taken over from Grant Coward as Taranaki Trust chairman.

The Life education Trust was founded by the Rev Ted Noffs in Australia in Australia in 1979 and came to New Zealand 30 years ago. Among its early supporters was the late Sir Howard Morrison who rode from one end of New Zealand to the other in support of the Trust.

Twenty one years ago, the Trust's founding direc-

tor Trevor Grice asked the Goodins for their help in getting things started in Taranaki.

"Trevor Grice has been a very dear friend, but sadly he is unwell now," Christine says. "It's been an absolute honour to know the man and we're still following his advice."

Keeping the Life Education Trust going has meant having to raise \$200,000 a year which has been done through getting funding from corporate and trusts as well as holding special events. All money raised stays in the province, Christine says.

"It's not like a country hall where you raise it and the job's done. You've got to keep on doing it. It's a very worthwhile cause. Kids get self esteem in these days when we have the highest youth suicide rate in the world."

This year the Goodins were part of the crew travelling from Gisborne to Taranaki supporting a cycling team to raise funds for Life Education, and the event



Christine Goodin.

raised \$50,000. The Taranaki Trust covers an area from Patea to Mokau, and with

the mountain in the middle a lot of travelling is involved, needing a truck to transport

the mobile classroom. For many years, Steak drove that truck.

The Goodins played a big part in Taranaki getting their second mobile classroom.

Today there are 32 Life Education Trusts in New Zealand operating 45 mobile classrooms.

It's a far cry from when the Goodins came on board.

"It was a very different kettle of fish 21 years ago," says Christine.

At that time there was only one Australian-made mascot available for all New Zealand which meant different trusts having to compete for the same one. In traditional Kiwi fashion, Christine then set to work making over 60 of them. She also enlisted inmates from New Plymouth Prison making their own plywood versions.

"It was quite neat that the inmates did that, and we gave them brochures that they could send to their families."

Christine says the Giraffe symbol is an appropriate one for the Trust, with the giraffe being a gentle animal which

holds its head high.

Last year Life Education Trust in Taranaki taught 10,950 children at 70 local schools. Christine says although they have to be invited to visit individual schools they make it to every school in the province.

Readers of the Opunake and Coastal News have been very supportive of the Trust, she said.

When Christine's award was presented at the national conference in Rotorua, chief executive John O'Connell paid tribute to the Goodins.

"It's really two awards finally coming together. Christine's husband Steak was awarded Life Membership in 2015 and the two awards together reflect all that the couple have given together," said Mr O'Connell.

"You will not meet anyone more passionate about Life Education than Christine, her history spans 21 years with Life Education and she is still as enthusiastic for all things Life Education today as she was 21 years ago," he said.

Proposed name not seen as reflecting community

Continued from page 1

He said this argument also applied to other parts of South Taranaki. He didn't think that the name Patea which refers to the district's eastern ward reflected the communities in that area either.

Community Board member Brian Vincent who had made his own submission to the Representation Review said he took the view that "if it ain't broke, don't fix it."

Mr Whitehead said he disagreed.

"If you follow the argument of it ain't broke, don't fix it, Whanganui would never have

been spelt with an h, and Mt Taranaki would always have been Mt Egmont."

The Egmont Plains Community Board's own submission had said they were happy with the boundary changes but not with changing the name to Opunake-Manaia.

At the Community Board's previous meeting, Cr Bonita Bigham who is the South Taranaki District Council representative on the Egmont Plains Community Board had expressed doubts about whether the ward boundaries should be extended to include Okaiawa.

On Monday the South Taranaki District Council was due to deliberate on submissions to the Review. Among the 21 submissions were arguments on whether to have Maori wards, whether the first past the post voting system should be replaced by the Single Transferable Vote (STV) system, and whether the Council should be elected using a part ward, part overall system.

Other submissions included one for keeping a separate Tangahoe Ward instead of merging it with Hawera, and another arguing for separate representation for Kaponga.

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Overlooked no more: Beatrice Tinsley, astronomer who saw the course of the Universe

Beatrice Tinsley took on the academic establishment and won. The New Zealand astronomer who attended New Plymouth Girls High School and whose father was mayor of New Plymouth may not be well known in the country where she grew up, but her achievements merited the following obituary in the New York Times.

In 1967 a very prominent astronomer visited Dallas to give a talk. Before he could speak, however, a young woman named Beatrice Tinsley stood up and told the audience that everything they were about to hear was wrong.

Thus began a feud that changed cosmology, the study of the origin and evolution of the universe.

On one side was Allan Sandage, arguably the most important astronomer in the world, who was convinced that he was homing in on the fate of the universe — namely, that it was doomed to collapse one distant day, a hundred billion years from now.

On the other side was an outspoken 26-year-old graduate student, who was saying

that Sandage had misread the light of distant galaxies and, with it, the fate of the universe.

Advertisement Sandage was outraged, but history would record that Tinsley won that argument.

In the years ahead, before cancer struck her down on March 23, 1981, at the age of 40, Tinsley would become known as the world's leading expert on the aging and evolution of galaxies — the gigantic glowing stellar metropolises that are the true citizens of the cosmos.

In her work, which the Princeton astronomer James Gunn called "a real paradigm change," galaxies went from being considered isolated blobs of starlight to dynamic changeable weather centers of energy and radiation, influencing and being influenced by the cosmos around them.

Tinsley was the sparkplug of a new generation of astronomers and physicists who were using new methods and data to wrest the narrative of the universe from their elders. Friends and colleagues recalled her as passionate about her ideas and the universe and also as a feminist hero to the tiny but growing band



Beatrice Tinsley.

of women in astronomy — one who had to pay a steep personal price, in the form of abandoning her family, to follow her stars.

Asteroids, mountains, lectureships and awards have since been named for her, but a lifetime of glass ceilings and rejections left Tinsley often feeling unappreciated.

"She never lost the feeling of fighting the world," said Richard Larson, a Yale astronomer who became a collaborator and close friend.

Beatrice Muriel Hill was born in Chester, England, on Jan. 27, 1941, and grew up in New Zealand, the middle of three daughters of Jean and Edward Hill. Her father was a clergyman turned politician who became mayor of New Plymouth in New Zealand.

"Beetle," as her friends and family called her, had a healthy disrespect for authority, which would influence her attitudes toward both

science and religion. As she grew up her two loves were music and mathematics.

At the University of Canterbury in Christchurch, New Zealand, she fell under the spell of physics, learning, as quoted in a biographical memoir by her father, "to question everything." In 1961 she married a fellow physicist and classmate, Brian Tinsley. A year later she emerged with a master's degree, but could not find work at Canterbury because her husband worked there.

When her husband was recruited to the Southwest Center for Advanced Studies in Dallas — now the University of Texas at Dallas — she followed, but found the situation stultifying. She once caused a minor scandal by refusing to host a faculty tea when it was her turn. In 1964 she enrolled as a graduate student at the University of Texas at Austin, the only woman in

the program, commuting 400 miles every week.

It was while simulating the effects of the evolution of billions of stars on the overall appearance of galaxies that she crossed swords with Allan Sandage.

The fate of the universe was the big question in cosmology. Would the universe keep expanding forever? Or would the combined gravity of the galaxies eventually pull everything back together, like a handful of rocks tossed back to Earth?

Sandage and others sought to answer that question by looking at how the universe had been expanding in the deep past. He concluded that it was slowing down and would one day fall back together in a Big Crunch. That was about as momentous a prediction as any scientist could ever make.

But the answer depended on the presumption that cer-

tain galaxies — egg-shaped agglomerations known as giant ellipticals, which he was using as cosmic distance markers — were so-called standard candles, not changing much over time.

Tinsley's work suggested, however, that these galaxies were not so constant — that they could dim with age as the stars inside them evolved.

Such effects, if true, would undermine Sandage's method and could tip the answer of the fate of the universe to that of expanding forever, existence being a one-way trip into the eternal night.

Her dissertation was published — Sandage ignored it — and she got her Ph.D. in 1968. At the same time, she and her husband adopted a boy, Alan, and then later a girl, Teresa. While in Dallas, raising the children, she got involved in Planned Parenthood and Zero Population Growth.

Meanwhile, by dint of scientific conferences and visits to places like Mount Wilson and Palomar and the University of Maryland, Tinsley continued to pursue her vision of galaxies and cosmology.

In 1972 she and three young colleagues — James Gunn and J. Richard Gott of Princeton and David Schramm of the University of Texas at the time — set out to summarize what they thought was growing evidence that the universe would expand forever.

"We were sort of young Turks wanting to upset the establishment," Schramm, who died in 1997, said in an interview in 1986.

"Beatrice was the glue," recalled Gunn, who said that she had done most of the writing for the paper, titled "An Unbound Universe?" The paper had a saucy tone, far from the austere formality that had characterized astronomical pronouncements before.

"Desist from thrusting out reasoning from your mind because of its disconcert-

Continued page 5

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Saving the world one bag at a time

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In Taranaki Boomerang Bags is an initiative of Taranaki EnviroSchools to get people thinking about using reusable bags.

"They can be made out of old curtains, old sheets, all sorts of things," Taranaki EnviroSchools co-ordinator Lauree Jones told the Egmont Plains Community Board last week. As well as helping end the scourge of plastic bags, they are also being made of materials which otherwise may end up clogging landfills. "Hopefully we can launch Opunake as being plastic bag-free when we launch Festival Week, with Yarn Bombing as well," she said.

It is a message that Opunake and South Taranaki appear to have taken on board with groups and individuals churning out their own boomerang bags.

"Patea, Hawera, Waverley and here have really been killing it," Lauree says. "The Pihama WI are smashing them out at the moment.



Mary Mundell and Rosie Corkill hard at work.

People in this region are keen sowers committed to creating lots of bags for the region."

As well as people interested in sowing their own bags and in contributing materials, Lauree says she is keen to hear from anyone with an old sewing machine in storage which could be contributed to the cause.

Lauree says plastic is still something we have to live with.

"It's a behaviour change.

It's not about not using plastic, but about rethinking our use of plastic."

After speaking to the Community Board, Lauree went round to Pastimes where a sewing bee was underway as volunteers including her mother, Opunake resident Sandy Waller were at their sewing machines making boomerang bags of their own.

Sandy has been making the bags since March 2017 and has churned out hundreds of

them. A total of over 2000 have been made in Taranaki so far, Lauree said. While somebody starting off can take about three quarters of an hour to make their first bags, subsequent bags can be made in about half an hour.

Other Enviro School initiatives have included Plastic-free July. Enviro Schools have been in Taranaki since 2003, Lauree told the Community Board.

"To start with it was secret

squirrel kind of stuff working from people's homes," she said. Since then councils, groups and organisations have pitched in to help. From July 1, the Taranaki Regional Council came on board and among other things they cover Lauree's costs.

There are now 36 enviro schools in Taranaki ranging from kindergartens to secondary schools. In Opunake these include the

kindergarten and the high school, and there is a waiting list of other schools wanting to join up.

Community Board deputy chairman Andy Whitehead said a recent showing of the movie Plastic Oceans at Everybodys Theatre had served as a wakeup call on the effects plastic bags are having on the planet and the need to approach the problem "one bag at a time."



Lauree Jones and Sandy Waller turning out boomerang bags in Opunake.

Overlooked no more

Continued from page 4

ing novelty," the paper began, quoting the Roman poet and philosopher Lucretius. "For the mind wants to discover by reasoning what exists in the infinity of space that lies out there beyond the ramparts of this world," it went on. "Here then is my first point. In all dimensions alike, on this side or that, upward or downward through the universe, there is no end."

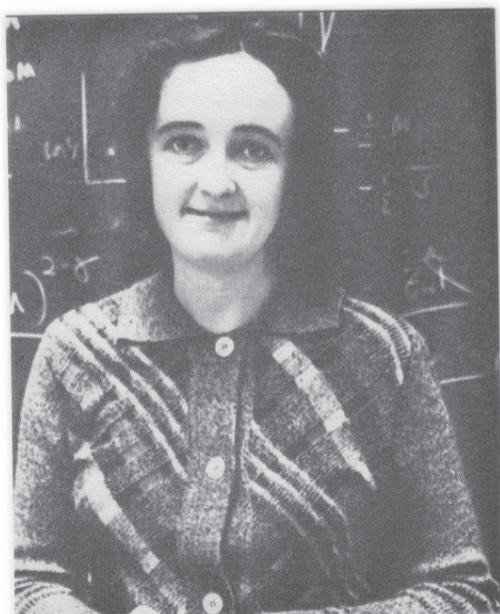
In other words, the universe would expand forever; there would be no Big Crunch, no chance of a second act for the Big Bang. After the paper was rejected by the journal Nature, it was published in The Astrophysical Journal in 1974.

A year later Sandage reached a similar conclusion, that the universe was not slowing down enough to ever collapse again. So much for the idea (a sentimental favorite of many astronomers) of a cyclic universe going from Big Bang to Big Crunch, like a beating heart. "The universe has only happened once," Sandage wrote.

In the years before cancer struck her down in 1981, Tinsley became known as the world's leading expert on the aging and evolution of galaxies.

Tinsley was delighted. "It might be 'bad science' to like the universe being open because it feels better, but there is in me a strong delight in that possibility," she wrote in a letter to her father. "I think I am tied to the idea of expanding forever — like life in a sense — more than spatial infinity."

(Further observations a quarter



Beatrice Tinsley.

of a century later, using distant exploding stars instead of galaxies as milestones, were to show that the expansion of the universe was in fact speeding up, under the influence of what astronomers call dark energy. Tinsley had been right with "a vengeance," Larson said.)

That same year, 1975, Tinsley was awarded the Annie Jump Cannon Award, given by the American Association of University Women for outstanding postdoctoral research.

But despite her rising prominence, she couldn't find a job in Texas. She

complained to her father that she felt "rejected and undervalued intellectually."

Reluctantly, she expanded her search and took a job at Yale, drawn by the chance to work with Larson. She divorced Brian Tinsley, from whom she had grown distant, and gave up custody of the children, leaving on Christmas, Larson said.

It was a choice she later agonized over. When her cancer appeared, Larson said, she wondered if it was nature's retribution for her being a bad mother.

Larson said she had tried to make up for her absence by inviting the children to visit New Haven regularly and taking them on vacation trips.

But it hurt, said her daughter, Teresa Tinsley, who now lives in Dallas. (Tinsley's son, Alan, lives in Phoenix.)

"She was given an ultimatum that in my opinion was unfair: Choose family or a career," Teresa Tinsley wrote in an email. "But that is how it was back in those days — women were supposed to be homemakers. I am proud that she stood her ground and followed her career."

She added, "She followed her dream — a dream created when she was a very young lady, her dream to be a scientist."

At Yale, Tinsley was the first female astronomy professor. Her position, as she wrote to her father, gave her "a sense of hope and power over the future that

has escaped me for years."

In 1977 she organized and hosted a symposium that brought together the world's experts on the evolution of stars and galaxies. The transcribed proceedings, which she and Larson edited, have become a classic reference for researchers.

But she did not have long to enjoy her recognition. A year later she discovered that a lump on her leg was melanoma.

In 1979 she brought Teresa, who was then 11, to New Haven for whatever time was left. Her daughter recalled playing after school in the halls of the astronomy department, and her mother helping

her with her homework in the Yale Infirmary. Near the end, Tinsley wrote a poem:

Let me be like Bach, creating fugues

Till suddenly the pen will move no more.

Let all my themes within — of ancient light

Of origins and change and human worth —

Let all their melodies still intertwine,

Evolve and merge with growing unity,

Ever without fading

Ever without a final chord

...

Till suddenly my mind can hear no more.

Dennis Overbye
New York Times

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The common causes of fire

I am amazed with the number of house fires there have been around the country side lately. On Sunday 29th there was one in Patea, and another in Tirau. There have been two more Taranaki homes destroyed in recent days and another in the Levin region. Over the past month, there have been no less than nine major blazes. Sadly, in four of the fires (Mangare, Nelson, Omokaroa and Christchurch) there have been four unnecessary deaths, as well as another person seriously burnt in Southland on July 6.

Last year, there were 3149 house fires around New Zealand...some large, some small. The greatest cause of these fires was attributed to people not watching while they were cooking, with over 900 people failing in this area alone. There have been ads saying "Don't Fry and Die", and "Don't Drink and Fry", but still, it happens. Alcohol is often a contributing factor in many of the incidents and this can be seen with the statistics that show Saturday as being the most common day for house fires.

The second most common cause of fires (435) in the home is with electrical faults. The main area of concern used to be with faulty appliances and tools, but now there is a trend involving the misuse of lap tops, tablets, and phones. Many people are charging these in a situation where the air vents are blocked (under a pillow or wrapped duvet), causing the appliance to over-heat and bursting into flames. I know it does sound a little bit odd, but these are the facts.

Nationwide, there were 105 people who did not listen to the ads telling them to place items "a metre from the heater". There were nine others who missed the safety points regarding electric



Opunake emergency services attend a single vehicle accident between Opunake and Oaonui two weeks ago.

blankets and so, they all lost much of their home. It is thought that in one of the fatal fires, a gentleman had wrapped himself up in his electric blanket and sat in the lounge to keep warm... ending up too warm and sadly it took his life.

With all of the informing and advertising that Fire and Emergency New Zealand (FENZ) and the insurance company's do with regard to smoke alarms, still many of the houses that have had fires, don't have working smoke alarms. There are now smoke alarms and equipment for people with special needs so there is no need for deaf or blind folk to be without a suitable alarm.

An elderly deaf lady died recently on the North Shore (Auckland) because the standard smoke alarm in the hallway couldn't be heard in her bedroom. The old dear had her bedroom door closed and because of her impaired hearing, it ended up rather nasty. If you do have issues hearing, check out the vibrating type alarms that are placed under your pillow and are guaranteed to wake you.

We were called out to the green pastures of Oaonui on Tuesday July 17 when a Mitsubishi SUV decided to get a closer look at Snooze's farming practices. The Mitsi Outlander went "over-lander" when it got off the road and into the drain about 20 metres north side of the Hitona Road. It then drove over the intersection and straight back into the drain for another 20 odd metres. Along the way, it spun around before coming to rest facing the direction they had just come from.

Both of the Whanganui occupants were out of the vehicle on our arrival, making it a lot easier for Mikey the medic to check them over. Our local St. John took over when they arrived on the scene and were soon transporting the unlucky couple in the ambulance to Taranaki Base Hospital with minor battle scars.

It was great to see ex Opunake Police Officer Kerry Lane turn up, along with another officer, to do their side of the business. Some of you will remember Kerry from when he out of Opunake in the "transport section"

a few years back. After a while he decided to take his Doc Martins to Darwin so he could drive a police car around in the scorching sun. It didn't take long before he realised how he missed the wind and rain of Taranaki so ventured back to be part of the Hawera policing crew.

I read this section on the Fire and Emergency New Zealand (FENZ) website the other day, regarding brigades responding to life threatening incidents around the country. Titled: Patient survival is improving. Data from St. John has clearly detailed the improved outcome of patients by increasing the survival rate from 12% to 18%, where FENZ have used defibrillators. This is directly attributed to the attendance by FENZ, and demonstrates the value added by our personnel supporting an ambulance response.

We were called to the

station again the following day when a call came in regarding a car fire along Tennyson Street. One of our members had seen a suspicious looking vehicle with broken windows just a short while beforehand, so when the siren sounded, drove past the spot only to find the car had vanished. On hearing this, along with similar information from another fire fighter, we decided to call it quits, shut up shop, and return home for breakfast.

Soon after the kick off at the Crusaders match on Saturday 21st, our siren sprang into action and had us heading towards Te Kiri to check out arching power lines. A power pole had been blown over a little and the lines were twanging together, putting on a real good light show. There was not a lot our dynamic crew could do in a situation like

this. Colin, the officer in charge dialled up to see when the power company was due, and checked on what the pole would land on if it did topple completely over. Once he was satisfied with the situation, we headed for home and the rest of the game.

Late on Wednesday afternoon, we were called to the recreation ground beside the Sandfords Event Centre, to set up a helicopter landing zone. We arrived just before the Taranaki Rescue helicopter (it must have had a tail wind), set up and guided it down. It wasn't long before Vlad, one of our very dedicated Opunake ambulance officers arrived on the scene with a very young patient. The baby was placed in the chopper and was quickly whisked off to Base Hospital.



The Taranaki Rescue Helicopter attended a call out at Opunake last week.

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Years of service recognised



The Rev Geoff Williams accepts his letter from the Archbishop.

Nancy Coombe receives her award from the Archbishop.

Two long serving members of St Barnabas Church were honoured with letters of recognition when Archbishop Phillip Richardson visited Opunake on July 22.

The Rev Geoff Williams was church board chairman/administrator for 12 years from 1995-2007. He became a deacon in 2004 and a priest

in 2008.

He was a member of the Egmont Plains Community Board for six years from 1994-2000, the last three years as deputy chairman. His involvement with the Board continued after that, leading prayers from 1998-2016.

He has been a well known presence at ANZAC Day and

Armistice commemorations in Opunake. After having served in K Force he joined the Returned and Services Association in 1954, of which he is now a life member. He has served as Opunake secretary for 15 years, treasurer for seven and President for three. He has been the association historian

since 1993.

He joined the Lions Club in 1988 and served two terms as club president as well as having been zone secretary and zone chairman.

He has been on the Executive of the Friendship Club since 1993 and its president since 1993. Other interests have included the Hillary Commission, Community

Baths and Egmont Plains Community Arts Council.

Nancy Coombe shifted to Opunake from Eltham after her marriage to Desmond Coombe. Her involvement with the St Barnabas Ladies Guild Fellowship has included seven years as president and four as treasurer as well as being stamp convenor for

missions. She has appeared in all productions and helped at fairs and with fund raising. Her involvement with the church has included being side person, chalice bearer, reader and verger.

Outside of the church she has been on the committee of the Opunake Friendship Club.

Promoting Scottish trade in New Zealand

Scottish Secretary David Mundell will be in New Zealand this week, meeting businesses and political leaders on a packed program of trade and diplomatic engagement.

He is visiting the North and South Islands to promote UK-New Zealand trade as the UK prepares to forge its way in the world after EU exit. He will also be promoting Scottish food and drink exports and working to strengthen ties between the two countries.

The links between Scotland and New Zealand are well established – Dunedin and Edinburgh are twinned and there is a large and active Scottish population across the country. The two countries have much in common, including

rural tourism, agricultural technology, culture and education.

Mr Mundell will visit a variety of locations across New Zealand including Wellington, Christchurch, and Dunedin. He will spend time with academics and government leaders, as well as businesses and entrepreneurs.

Speaking ahead of his visit, Mr Mundell said:

“As we embark on a new era for Global Britain this is an important opportunity to promote Scotland and the wider UK overseas.

“New Zealand is a country which already enjoys strong ties to Scotland. Our shared history goes back many years and we retain unique business and academic links. I believe our two countries can also learn from each other in areas

such as agri-tech and tourism. I am looking forward to visiting Lincoln University’s Research Dairy Farm to witness innovations into agri-tech such as herd welfare and the environmental impact of farming.

“I’ll also be meeting senior New Zealand government ministers and business leaders as part of our effort to deepen our links. The visit will be a great opportunity to promote Scotland’s world leading exports such as whisky. Scotland’s skills, products and services are exceptional, and I’m confident this visit will help develop trading opportunities as we leave the EU.”

British Deputy High Commissioner Helen Smith said:

“We are delighted to be welcoming the Secretary of

State for Scotland to New Zealand. Mr Mundell is the third UK Cabinet Minister to visit New Zealand in just over a year, a sign of the strength of our bilateral relationship. Coming so soon after the launch of consultations on a bilateral free trade agreement once we leave the EU, the visit will be an opportunity to further enhance our business links. It will also be an opportunity to celebrate the strength of Scottish heritage in New Zealand and our historical and cultural ties.”

UK exports to New Zealand were worth £1.3 billion in 2016, and it is clear that there

is a market for high quality goods and products from the UK. While in Wellington Mr Mundell will attend the High Commission’s Annual Parliamentary whisky tasting, which brings together influential businesses and trade figures.

He will also be discussing education links between the University of Otago and Scottish institutions, particularly Strathclyde University, which has a strong program of engagement both with visiting students and research.

Mr Mundell will also spend some time at the University of

Otago’s Centre for Irish and Scottish Studies, to hear about their research on linguistics.

In Dunedin, Mr Mundell will meet with several high profile Scottish expats and discuss the strong links between the two countries.

The first Scots to visit New Zealand arrived with Captain Cook, and it is thought that as many as 20 per cent of the first wave of European settlers there came from Scotland. With a nearly 30,000-strong Scottish diaspora in 2016, it is clear that those connections are still strong.



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Mutual obligations encourage job hunting

Under National's watch, over 70,000 beneficiaries moved off the benefit and into work between 2011 and last year, and the number of children living in benefit-dependent households reduced by 60,000.

It is important to help people in times of need by providing income support when they are out of work, and the Jobseeker benefit is there to support those who need it. But it does come with obligations, including



JONATHAN YOUNG MP FOR NEW PLYMOUTH

looking for work, turning up to appointments, and staying drug-free. The aim isn't to be tough on beneficiaries.

National knows that people are better off in paid work so they can live independent lives and provide a better future for themselves and their children.

We believe in supporting our most vulnerable while ensuring they work with us to improve their own lives. People should work to help themselves and be held accountable if they don't.

The number of people on the Jobseeker benefit should be falling, not climbing as it is, and New Zealanders

should be concerned at this increase in dependence on the state. With unemployment still falling and jobs being created there are plenty of opportunities for people who are looking for work.

We need to be fair to the hardworking New Zealand taxpayers who deserve to have their money well spent. They are willing to lend a hand to people during times of need and who are doing their bit to help themselves. But this Government seems intent on tipping the balance

too far the other way.

We know benefit sanctions are an effective tool to help people into work, with 95 per cent of people who receive a formal warning meeting their obligations within four weeks. If the Government decides that mutual obligations shouldn't exist, or shouldn't be enforced, the incentives to get into work reduce significantly.

This signals a return to a system where the Government simply hands out cash and sends people on

their way.

A softening of mutual obligations will mean fewer people in work and an increase in the servicing of misery.

People's lives are improved when they get off a benefit and into work and that must continue to be encouraged. Unfortunately this Government is showing they have no expectations or aspirations for people to get back on their own two feet.

*Jonathan Young
New Plymouth MP*

Extra police resources following graduation

Extra resources for crime prevention and community safety are being deployed around the country with the graduation today of 79 new Police officers at the Royal New Zealand Police College at Porirua.

Police Minister Stuart Nash has congratulated the recruits of Wing 316.

"The recruits are the latest constables to enter service as part of the coalition government's plan to boost Police numbers by 1800 new officers over three years. On top of this we are funding 485 additional support staff," Mr Nash says.

"The government's first budget set aside \$300 million in new operating funding and \$18 million in new capital spending for Police. We are rolling out the single biggest investment in policing in New Zealand history. There



Governor General Dame Patsy Reddy and Police Minister Stuart Nash with Constable Zoe Bennett, who won the Minister's award for top student in Wing

will be further resources in future budgets.

"This is the ninth recruiting to graduate since the government took office. Since October 2017 more than 600 new frontline officers have successfully completed training at the College.

"The new officers from Wing 316 bring diverse and talented qualities. Thirty percent are female officers, more than 16 percent are Maori, the youngest is 19 years old and the oldest is 50. They speak a range of languages including Serbian, Spanish, and Hindi. Some have served in the armed forces, others have done valuable volunteer work such as in ambulance services, surf lifesaving, victim support and Youthline.

"Our neighbourhoods want a greater uniformed presence for road policing, family harm and child

protection, burglaries and aggravated robberies, and the ability to respond to civil emergencies.

"Our communities want to know Police have the tools they need to fight the threat from organised crime. Police need resources to investigate and disrupt transnational drug smuggling, child sex exploitation, cyber-crime and money laundering. That is what we will deliver.

"We are building a stronger Police service and giving them the support they need to prevent offending, enforce the law and keep communities safe.

"I also want to thank the Patron of Wing 316, Governor General Dame Patsy Reddy, for her guidance and mentoring of the recruits during their 16 weeks training," says Mr Nash.

When is Internet use a problem instead of a pleasure?

We are all dependent on the Internet in our daily lives, but does the way we surf the net start to negatively affect our wellbeing?

University of Auckland PhD candidate Delia Cotoros-Goodall is exploring that very question for her doctorate in Health

Science and is looking for participants to complete an online survey.

In her study, Delia is investigating how New Zealanders use the Internet, looking at what constitutes normal or acceptable Internet use, and what makes it become problematic. Furthermore, she intends to explore the relationship between Problematic Internet Use (PIU) and existing psychopathology such as depression, social anxiety and substance abuse.

The study takes into account that PIU can manifest in several ways, spanning General PIU (characterized by aimlessly spending time online surfing from website to website without a specific purpose) and Specific PIU (using the Internet for a particular purpose such as gambling, shopping, social networking, etc). As a result, Delia's measure of PIU includes a General PIU scale and three Specific PIU scales addressing three particular behaviours (online shopping, online gambling and watching

pornography online).

Delia was drawn to this topic after discovering there is limited literature available to measure PIU or any appropriate tools for assessing a person's use of the Internet.

"There has not been any agreement in terms of where to draw the line between what's ok and what's not. That's one of the issues that I have with previous research done overseas. Some older measures of PIU considered someone as 'addicted' if they spent 20 or more hours per week online but that was including work and/or school purposes. Our society has evolved so much that we have entire jobs dependant on the Internet, so 20 hours total per week seems to be a very outdated number."

Overseas researchers have attempted to develop scales or questionnaires for this issue, but they have often adopted a top-down approach, where the researchers developed the scale based on their observations of people's pathological use of the

Internet. As a result, the content of existing measures often reflects what the researcher believes to be "a problem," and many of the

scales are rapidly becoming out-dated given the rapid expansion of the Internet and what we use it for.

Continued Page 9

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Kevin Jordan from Auto Mobile gave us this intriguing photo taken at the Rahotu Hall on August 3 1949 of the Rahotu Hall Queen Carnival. We wondered if anyone knows anything about the photo and possibly name some of the people pictured.

1949 Rahotu Queen Ball

When is Internet use a problem instead of a pleasure?

Continued from Page 8

For example, Delia has found a previously developed measure designed to assess PIU which included the question: 'I ask questions on the Internet that I could easily find the answers to in the library.' Given the speed and wealth of information that the Internet can offer us, why should this behaviour be considered problematic?

As a result, unlike previous research, Delia developed her PIU measure with the use of qualitative focus groups conducted with Internet users. She carried out focus groups with a random sample of 70 Internet users and discussed extensively what behaviours would be indicative of someone who has a problem. "This was the first study to ask Internet users in New Zealand what they consider to be problematic use in this day and age," she says. The next step of the study is to validate the measure in a New Zealand context and explore the relationship between Internet use and various psychopathology scales. In addition to creating a validated measure of PIU, it is hoped that the study will

provide a picture of the issue in New Zealand, in terms of how common this is, who are affected, and the effects it has on them.

Delia is looking for as

many people as possible to fill out an anonymous online survey. The participants have to be over 18 years of age but can be from anywhere in New Zealand.

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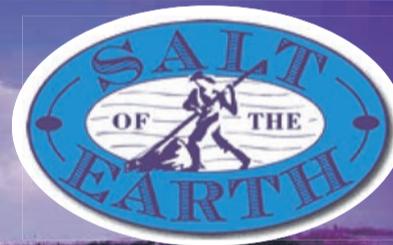
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Councils get help to prepare for sea-level rise

A senior NIWA scientist is concerned many councils are having difficulty “getting off the starting blocks” when it comes to planning for coastal climate change.

Dr Rob Bell, an expert in rising sea levels, wants councils to know there is new information and tools available that can help them, regardless of the uncertainties about how climate change will affect their region.

“I think councils generally know there’s a problem and want to get on with it, but what I’ve picked up is that they don’t quite know where to start – often the biggest hurdle is getting off the starting blocks.”

Last month, a nationwide series of workshops run by

the Ministry for the Environment with the support of the Deep South National Science Challenge began, hosted by NIWA.

“The idea of getting out to the regions and having the experts in their field present on the guidance was a long time in the planning. It’s a great example of collaboration between the science community, local and central government,” says Angela Halliday, Partnerships Director for the Deep South Challenge.

The workshops are for council staff, engineers, planners and infrastructure operators to make them more familiar with the updated Coastal Hazards and Climate Change Guidance

released by the Ministry for the Environment in December. A public meeting will also be held in several workshop locations.

The start of the workshops coincides with the results of a survey commissioned by insurance company IAG about New Zealanders’ knowledge of and attitude towards climate change. The survey found that almost 90 per cent of people are expecting more frequent and extreme storms and more inundation of coastal locations. Some 75 per cent of respondents thought some people will need to move from where they live.

Dr Bell is one of several experts, along with analysts from the Ministry for the En-

vironment that will be leading the workshops that aim to encourage councils to plan for coastal climate change now rather than wait for certainty about what might happen. The workshops will offer tips on how to get a team together and at what points to include engagement with the community.

“We’ve got to get on and do something now despite the uncertainty. Decisions can’t wait, so we are suggesting that adaptive planning and monitoring progress towards decision points is the best tool in the box,” Dr Bell said.

Adaptive planning enables councils to have several options in place that can be implemented when an agreed trigger is reached to switch

pathways.

“Each coastal situation is different – some issues are imminent and some are down the track so councils and communities need to work out when they have to adapt and what short and long term options are available to them. When they near a threshold they can then decide which of the options they what to implement.”

Dr Bell said monitoring enabled a plan to be slowed down or sped up, depending on how communities were being affected by climate change.

Dr Bell says the coastal guidance poses five key questions within a 10-step decision framework: What is happening? What matters

most? What can we do about it? How can we implement the strategy? How is it working?

There are also four sea level rise projections for councils to consider that range from half a metre to 1.4 metres by 2120 depending on how global emissions track over this time.

“Monitoring what is happening will show which scenario plays out, and whether to slow down or speed up planning and implementation. Any decision made now will have repercussions for flexibility to adapt in the future but it is important to know what is coming, what the threshold is and have a plan in your pocket to switch to.”

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The latest painting of Catwoman from Okato artist Graham Kirk, hot off the palette. Opunake Primary School will be auctioning artworks of local artists works to raise funds for building work. Graham says he'll be donating one of his works.

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OH, WHAT A NIGHT IN PARIS!

Once a year, the students of Opunake High School are magically transported to another place, if just for one night.

This past Saturday 28th, the OHS Hall became the streets of Paris, and what a stunning transformation it was, as the ball committee, Mrs Walsh and Mr Bedford went above and beyond.

As our students attached their love-locks to the entry bridge upon entering, they proceeded to eat above the streets of Paris, dance under the Eiffel Tower, pose for photos with the Arc de Triomphe and generally have the time of their lives.



ACKNOWLEDGEMENTS

Without the following people and businesses, the 2018 Ball simply wouldn't have been possible:

Harry & Linda James

Liz, Andrea, Cookie, Griggys, Kylie & John

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Elva Symons

Monique Sinclair

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Watty & Bedford

Donna Aitken

The amazing Kerry Walsh



GETTING INTO THE SPIRIT

Katie Sinclair (Year 13)

As a member of the Ball Committee for the OHS 2018 ball, I had been quite excited for our Night In Paris for many weeks leading up to the evening. The committee were busy planning the setup and decorations, organising and making props, as well as buying outfits and making appointments for ourselves. The day before, just as we had finished setting up the school hall, we all stood and enjoyed the Parisian street that we had all worked so hard on.

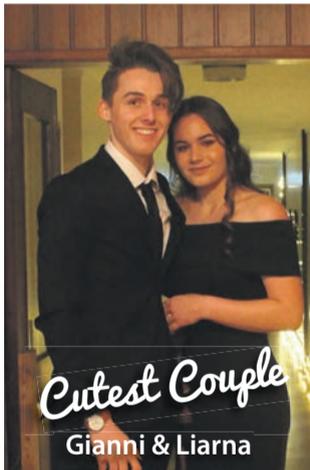
The day of the ball is always a long one. I spent the day keeping busy, trying not to get too nervous. By mid afternoon I was off to my appointments, and first was my makeup which was done by one of my talented best friends, Sarah. Next, was my hair appointment at Hairazor. It was cool to see other students getting their hair and makeup done as well as being able to talk to everyone about how excited we all were. Then I was home getting changed and my ball date, one of my best friends, Stevee-Jai had arrived. She looked absolutely stunning.

We arrived at the ball and, like the famous bridge in Paris, put our padlock on the bridge at the entrance. Walking in showed just how much effort was put into it. The Eiffel Tower and Arc de Triomphe, the Patisserie and Cafe, and the Paris Casino, it was just like being in the city itself, and it all looked incredible! I loved being able to see everyone's reactions when they first walked in, (hopefully) blown away at the fact that our little school hall could be transformed into a different city.

We ate yummy French food and danced the night away. We took photos and made memories. Being awarded Spirit of the Ball 2018 was a highlight for me, personally. I enjoyed the evening, and I can only hope that everyone else did too.

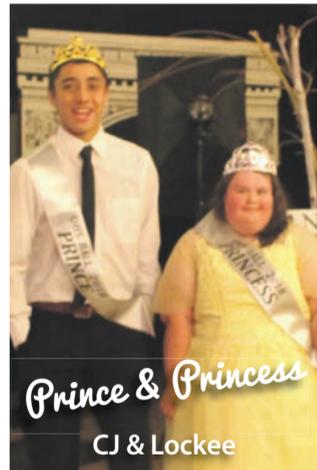


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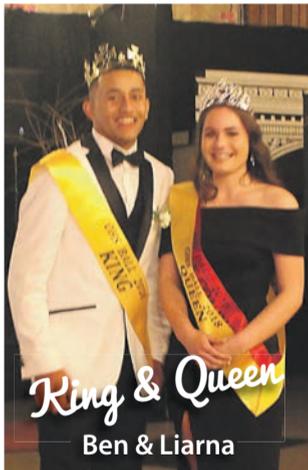
Cutest Couple

Gianni & Liarna



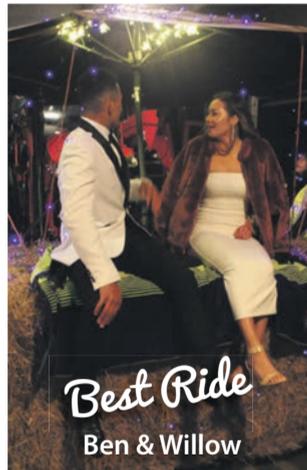
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The pain that comes from the second arrow

In this edited extract from *Social Courage* by Dr Eric Goodman, PhD Clinical Psychologist (Exisle 2018), readers are encouraged to abandon searches for a cure and instead learn to embrace and manage socially anxious feelings beginning by identifying the difference between clean and dirty discomfort.

We humans experience a range of emotions day to day. Some of them can feel downright unpleasant. Take a moment and think of the things that you have tried to do to forever rid yourself of experiencing socially anxious feelings. Maybe you have tried breathing

exercises or perhaps you are adept at looking at the brighter side of life. Yet, here you are—still human and still experiencing socially anxious feelings. The irony is that now you are likely having thoughts such as, “I am a failure when it comes to getting rid of social anxiety.” You may even have anxiety about not being able to get rid of anxiety. While you can take steps to reduce the intensity of socially anxious feelings, you are just fighting a losing battle if your goal is the complete annihilation of a normal human emotion.

Clean discomfort vs dirty discomfort

Buddhists talk a lot about

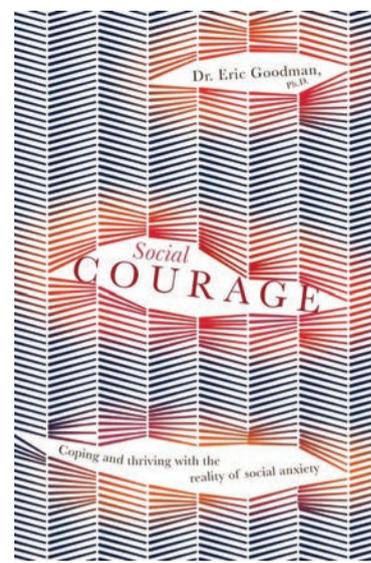
pain and suffering in life. They speak of the pain you would experience after being struck by an arrow that has been fired into you from afar. The discomfort that this causes you is outside of your control. It hurts. Anyone who gets struck by that arrow in such a way will feel the pain that it brings. The Buddha spoke of a second arrow, however, which is a reaction to the first arrow. When you judge and condemn the pain you feel from the first arrow (“Bad me; I am such a loser for feeling this pain”), you are now experiencing pain from a second arrow. This wound, though, is self-inflicted.

Clean Discomfort

Another way to look at the first arrow is to consider it “clean discomfort”—discomfort that is normal and appropriate for the context. This might be due to discomfort after a poor night’s sleep, loss of a loved one, stress at work, death of a friend, or giving a sales pitch to an important prospective new client. In these situations (and countless others), at least some discomfort is universally experienced.

Dirty Discomfort

The second arrow is the judgmental condemnation and resistance to the first arrow. Another way to conceptualize this second arrow is as “dirty discomfort” that gets poured on top of a “clean discomfort.” The dirty discomfort involves a struggle against the clean discomfort and leads to a significantly higher level of total discomfort. Let’s say that your beloved



The book *Social Courage* by Dr Eric Goodman.

dog dies. Like most people, you likely will feel intense and unpleasant feelings of grief. That is the clean discomfort. The dirty discomfort is your attempt at emotional avoidance. It is how you reject and try to fight off the feelings. The dirty discomfort is the bucket of gasoline you pour onto your emotional fire to try to put it out. It garners the opposite

result—you feel much worse.

Clean social discomfort is unavoidable for most of us in at least some social situations—at least to some degree. Dirty discomfort happens to most of us at least some of the time and can greatly increase total discomfort in a given social situation (or the anticipation of a social situation). Despite the promise of “cures” from various books and a rogue’s gallery of gurus, the reality of social discomfort persists. You can, however, work to lessen, manage, cope and even thrive in the face of social discomfort, both dirty and clean.

Read further on how to manage dirty discomfort and more tips for social anxiety in Dr Eric Goodman’s new book *Social Courage*, available from www.exislepublishing.com and wherever good books are sold.



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Spending money on young kiwis not the mental health silver bullet for rural communities

Spending money on young kiwis not the mental health silver bullet for rural communities

Rural Women New Zealand (RWNZ) says it backs the Government’s decision to spend more on mental health programmes for young New Zealanders, but says that rural communities continue to suffer.

The Government’s announcement means that by the end of this year plans will be in place to target the 18-25-year-old age group, with \$10.49 million pledged to allow free counselling.

“While the announcement does go some way to meeting the ongoing problems of access to mental health services, it does little to address the well-recognised high levels of depression and suicide in our rural and farming communities over all age groups,” says RWNZ Board Member and Health Convenor, Margaret Pittaway.

“Access to mental health services for many living in rural areas means a long drive to a centralised service to receive treatment.

“Too often, rural families suffer an unacceptably long

wait for a mental health appointment after the initial referral.

“RWNZ is aware that a nationwide task force has recently completed a nationwide survey to assess the mental health and addiction needs of all members of the New Zealand society.

“We hope that as the results of this recent work are collated and better understood, more consideration will be given to the wider rural population and to women and men farmers in particular,” says Mrs Pittaway.

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MATARIKI CELEBRATIONS

The tamariki have been learning about Maori New Year. In New Zealand it is called Matariki but in Taranaki we call it Puanga as we cannot see the Matariki cluster of stars here in Taranaki but we can see a star called Puanga which is the marking of the New Year. We have been learning how Maori New Year is celebrated and one way is to celebrate with others and share gifts. On Monday, the tamariki were busy baking apple cakes for the residents at Opunake Rest Home. On Tuesday the tamariki along with Jessica, Nora, Jo and Glesni boarded a bus and headed to the Opunake Cottage Rest Home. We shared our Kapa haka waiata with the residents including our Matariki song 'Nga Tamariki O Matariki' we have been learning. The residents joined in with this waiata by holding up a star like the tamariki and joined in the actions 'E rere taku poi' with the poi. Georgina and Fergus got to see their great grandparents and they gifted the apple cakes to them to share with everyone. The Rest Home were celebrating Dutch week as one of the resident's is Dutch, so she sung us her National Anthem and we learnt that the oldest resident there is 97 years old.



ABOVE: Fergus Bourke with his Great Grandad Rex Langlands.

OUR VISIT TO THE BROWN BACH STUDIO

The Māori New Year is a time for showing respect and love for the earth we live on. Because of this we thought it would be the perfect time to visit local visual artist and designer Claire Jensen at her art studio the Brown Bach. Claire uses waste materials to create her pieces and a group of tamariki were able to go and view her art and meet her.



ABOVE: Zac Haycox (4) looks at the recycled plastic wall decorations.

MATHS FOCUS

Locating was our new mathematics focus which we have been concentrating on this term. It is all about exploring space or finding or 'locating' something, such as a place (location), or an item in space.



ABOVE: Poppy Newsome 3, and Shirley locate Poppy's home on our map and talk about her address.



Claire Jensen has generously donated some of her artwork for our fence at Kindy. Thank you, Claire!

THANKS LEEANN!



At the end of last term we said goodbye to Leeann, she has accepted a position in New Plymouth working in a Māori immersion kindergarten. This has been her passion since she studied. We wish Leeann all the best for the future!

New general manager has coastal links

A former police officer and farm sharemilker has been appointed as the new general manager for real estate agency Bayleys Taranaki.

Dean File moves into the New Plymouth-based role from Feilding, where he was general manager for the agency's Manawatu and Wanganui operations.

Mr File takes on the newly-created general manager's role in August. One of his first tasks will be overseeing the opening of the agency's new New Plymouth office premises some 200 metres further up Powderham Street toward the central business district.

Mr File is relocating to Taranaki with his wife Lea, who is a residential and lifestyle salesperson with the Bayleys brand. The move sees Mr File returning up the coast to where his rural-linked career began as a farm worker near the township of Opunake.

He went on to become a policeman, stock agent and livestock buyer before entering the rural real estate sales sector 10 years ago. Mr File said he was excited about returning to the region where his adult life began.

"It's been a long time since my formative days in Taranaki, but while the region has certainly



Dean File.

prospered and grown over the past couple of decades thanks to both the energy and dairying sectors, the core ideologies of locals' still remains the same... that is honesty and hard work," Mr File said.

Bayleys Taranaki chief executive officer Simon Anderson said the branch was buoyed about Mr File's pending arrival.

"Dean brings a formidable rural background with him, and the agency looks forward to growing this aspect of the business alongside our already strong commercial and residential sales footprint in the province's property sector," Mr Anderson said.

"Dean's managerial acumen has been evident from his various managerial roles within the Horowhenua-Kapiti Rugby Football Union and within the Bayleys organisation. Some pundits say real estate is a bit of a scrum, so Dean's expertise in that facet should suit him down to the ground in Taranaki," Mr Anderson said.

Women's Club present plays and old favourites

Members of the Hawera Women's Club presented the popular annual evening of the combined entertainment

of Gladys Armstrong's choir, and the Play Reading Circle.

To open the programme, a

bracket of songs included "I have a dream", "Bright eyes" and "Can you feel the love".

Helena Moore's readings in between were well received and included "Mr Sarkozy and the Irish threat," Bill Gates speech about 11 things you won't learn in school, and the many uses for that old kerosene tin, some being as a baby's bath, bread proving/rising, storing wood/coal, or even as a chair.

Vivien Taylor recalled the life of Frank Sinatra, and the choir followed up with some of his popular songs which included "Gonna sit right down and write myself a letter," "Strangers in the night," "Moon river" and "Saying something stupid

like I love you." These were very well received by the audience.

Megan Crawshaw and Vivien Radich sang in duo, their voices combining beautifully when they also sang songs from Sinatra.

Jane Lawrence produced the play "See if I care" by Cherry Vooght, with a cast of herself, and Felicity Willis, Norma Stevenson, Pauline Smith, Jocelyn

Tong, Charlotte Fraser. This play is set in a park and has a dramatic surprise for one of the women sitting chatting with a friend.

Fiona Collins had two entertaining readings, one being a look into the very PC world of the future with "Little Red Riding Hood," and the hilarious tale of the American and his passport at a French airport concluded the entertainment.

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RJ Eagar celebrates seventy years

In 1948 Roy Eagar and his wife Eileen (Googi) built a workshop on Broadway South in Stratford. Roy was a cabinet maker and furniture polisher. It was not just furniture that Roy was building - this was the foundations of a successful family owned business that has continued to thrive for 70 years!

In 1954 Roy opened his first store on the site where it still stands today. Over the years the store has been extended four times. In 1984 another furniture

business on the corner of Broadway and Regan Street Stratford was purchased and is now home to RJ Eagar's second hand store.

The family business employed Roy's sons David, John and Michael. In 1975 Michael, an experienced carpenter joined the business after helping to build the new store in Fitzroy in New Plymouth. In 2000 John and his family established the funeral side of the business as a separate entity whilst David and Michael, in partnership, continued to work from the New Plymouth

and Stratford stores.

A major extension was undertaken in the New Plymouth store in 2001 due to the rapid growth of the business, particularly the flooring division. FREE measure, quotes and consultation is a service offered by RJ Eagar with flooring continuing to be a major part of the business today including domestic and commercial installations Taranaki wide.

Window treatments have also continued to be a core part of RJ Eagar's business

with two experienced consultants available to offer advice and FREE measure and quotes on drapery, blinds and shutters for both domestic and commercial properties.

Another major milestone for RJ Eagar in 2014 was the expansion through the wall at the New Plymouth showroom and the opening of the new La-z-boy Gallery. The wide range of La-z-boy furniture also takes pride of place in our Stratford store. Both showrooms boast an extensive range of manchester, accessories,

artwork, furniture and beds.

The third generation of Eagars is continuing to work with Michael and his wife Kathy. Their son Matthew now works in the business as a carpet and vinyl layer. David's son Leon is now a Director after joining the company in 1989 as a floor layer and working at both branches.

The RJ Eagar staff and consultants have years of experience and pride themselves on their professional service and particularly their after sales care which includes FREE

delivery Taranaki wide a service which is unique to RJ Eagar in Taranaki.

To celebrate 70 years of business RJ Eagar (1989) Limited has rebranded with a modern new logo and focus on "Inspiring Interiors". Many staff have worked for the company for over 20 years which is testament to their philosophy of looking after people and customers. Their forward thinking concepts ensures their growth and they remain strong market leaders in the home furnishing industry.

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Just some of the great selection of instore specials at RJ Eagar's showrooms at 541 Devon Street East, New Plymouth and 394 Broadway South, Stratford to celebrate seventy years in business in Taranaki.



Tribute paid to outgoing Fonterra boss

DairyNZ and Federated farmers have paid tribute to Fonterra chairman John Wilson who has announced his resignation citing health issues.

“We are very saddened to hear of John Wilson’s recent health challenge and subsequent resignation as chair of Fonterra,” says DairyNZ chair Jim van der Poel. “The dairy sector and Fonterra has benefited from John’s inspirational leadership skills for over 20 years. At a relatively young age, when others might focus solely on their farming business, John chose to devote a significant amount of time to key leadership roles, firstly as chair of the Fonterra Shareholders’ Council, then as a director of Fonterra and ultimately as chair since 2012”.

“As an elected farmer director, John’s understanding of the Fonterra



Outgoing chairman John Wilson

business and the market environment in which it operates is second to none. His passion and dedication to the sector, however, goes much further than Fonterra.

“John has always been an active participant in industry-good initiatives, including more recently the new Dairy Tomorrow strategy and also the Mycoplasma bovis challenge we are currently

grappling with. John has always made time for these important issues and DairyNZ would like to thank him for his commitment and leadership contributions.

“DairyNZ looks forward to working with John Monaghan, who we welcome to the role, but today is about honouring John Wilson’s tremendous contributions.

“We wish John a speedy

recovery and extend our warmest support to Belinda, their four girls and his wider family – all of whom have supported John so well in his career thus far.”

Federated Farmers say John Wilson can leave feeling proud of the role he’s played in guiding the co-op in a time of volatile international markets and a host of local challenges.

“He’s done a tremendous job and gives 100 per cent,” Feds Dairy chair Chris Lewis says. “He has always been fiercely supportive and proud of his co-op shareholders (farmers) and the work they do.

“Fonterra is based in Auckland but John has been very clear that a big contributor to the fact New Zealand has a thriving economy is because farmers across the nation get up to milk cows every day.”

“From the Feds’



Incoming chairman John Monaghan.

perspective, he has always welcomed us in to discuss co-op and other dairy sector issues.

“John is keen to see the DIRA phased out. He has worked with Federated Farmers to make sure that, in the long term when Fonterra is no longer required to pick up all milk offered, those farms at the end of the valley

and those Fonterra supplying farms changing hands, can still belong to the co-op.”

He says Federated Farmers looks forward to continuing its relationship with Fonterra under new chairperson, John Monaghan. “We have worked with him for many years so expect the transition will be smooth,” Chris says.

Bringing the country to Wellington

A ground-breaking event which brought the country to the nation’s capital has received a sought-after award.

Wellington hosted the Taranaki/Manawatu Regional Final of the FMG

Young Farmer of the Year in February.

The contest was organised by Wellington Young Farmers and has been named the country’s best regional final in 2018.

The club beat six other

NZ Young Farmers regions which were all vying for the accolade.

“We were ecstatic to take out the title,” said Wellington Young Farmers co-chair Sarah Braun.

“Due praise has to go to

former club chair Nicola Barton who put in a mammoth effort organising the event.”

It was the first time a regional final of the FMG Young Farmer of the Year had been held in Wellington.

“Our aim was to showcase modern agriculture to a city audience,” said Sarah. “We were excited to get the opportunity to do this and really proud of how it turned out.”

Eight finalists from across

the sprawling region tackled a series of gruelling modules on Crawford Green in Miramar.

“We had to get really creative with the modules

Continued page 17

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Region still riding wave of water quality gains

The rate and extent of Taranaki's improvements in freshwater ecological health are defying assumptions – even among those working to make our waterways healthier.

Latest monitoring results from the Taranaki Regional Council show trends improving at 49 of the 57 monitored ring-plain sites at which changes can be determined – the most sites ever and surpassing record highs seen in the past two years.

“Statistically, any environmental trend can be expected to flatten out and reach a new equilibrium after a period of change,” says the Council’s Director-Environment Quality, Gary Bedford. “We’re surprised but delighted that we’re not yet seeing this here. We’re still riding the wave, so to speak.”

Ecological health is the Council’s prime measure of freshwater quality and is assessed by examining what sort of tiny creatures are living in waterways. The latest report is based on analyses of samples taken in the 2016-17 year at 59 sites on 26 rivers and streams across the region, and on trends derived from the results of all sampling since 1995.

Sites showing improvements outnumber those showing declines by 6.1 to one, maintaining the continual increases in recent years and in sharp contrast to the 2008 ratio of 2.9 to one.

‘Statistically significant’ improvements are evident at 30 sites, maintaining the strong results of the previous three years and double the number 10 years ago.

The improvements in ecological health bear no relation to trends in nutrient levels.

Most of the improvements



Improvements are continuing to be seen in the health of Taranaki’s rivers, according to the Taranaki Regional Council.

are being recorded in middle to lower catchments of the Taranaki ring plain where intensive farming occurs.

Sites showing the most improvement are the mid reaches of the Kaipokonui Stream, the lower Punehu Stream, the upper and mid Kapoiaia Stream and the lower Mangati Stream.

The one significant negative trend is at the upper Katikara Stream, which has been affected by natural erosion events upstream in the recent past.

The state of ecological health at most sites is not much different from what could be expected for the altitude and distance of each from Egmont National Park.

Mr Bedford says the region is clearly seeing the benefits of the Council’s long-running Riparian Management Programme, under which farmers have fenced thousands of kilometres of stream banks and protected them with millions of native plants. Other factors behind the improvements include major

investments in reducing and cleaning up major point-source discharges, and this is continuing with a move to land disposal of dairy effluent.

“One of the interesting aspects of our findings to date is that improvements in ecological health are largely taking place regardless of the nutrient trends at any particular site,” he says. “This needs to be borne in mind in discussions about environmental interventions and regulations.”

The technique of assessing the ecological health of waterways by looking at their populations of tiny insects and other creatures is based on a scoring system called the Macroinvertebrate Community Index (MCI), which is recognised internationally and which Council scientists helped to develop for New Zealand in the 1980s. It is regarded as giving the best picture of the aquatic health of waterways.

The Council’s other waterway monitoring programmes include a

systematic series of surveys of periphyton (algae) at 21 sites in 10 regional catchments, measuring the extent of algal slime that occurs as thick streambed mats or as long, thread-like filaments.

A new report covering the 2016-2018 period has found little overall change from the previous two years in the amount of thick mats, and an overall reduction in amount of filaments. The biggest improvements were sites on the upper Kapoiaia Stream and on the Patea River downstream of Stratford’s recently upgraded wastewater treatment plant.

The Council also runs monitoring programmes to measure the physical and

chemical state of waterways water quality at popular and summer recreational swimming spots.

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Bringing the country to Wellington

Continued from page 16

due a number of challenges and restrictions we faced,” she said.

“For example, we weren’t allowed to dig posts into the ground.”

“We managed to have a good mix of academic modules, such as fertiliser

testing and analysing pasture samples with current on-farm technology, as well as grunty practical ones to give them a good physical challenge,” said Sarah.

The club was most proud of the challenges finalists had to complete in the popular head-to-head events.

“They required a bit more

planning at our end – for example in one they had to build a planter box using a deconstructed wooden pellet,” said Sarah. “Once they’d completed their box they had to fill it with soil, plant seedlings and set up an irrigation system. It was a real crowd pleaser.”

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Eradicating cattle disease M. bovis in New Zealand may be costly, even impossible, but we must try

In May this year, the New Zealand government decided that it would attempt to eradicate Mycoplasma bovis, a bacterial disease that affects cattle.

A phased eradication means that an additional 126,000

livestock will need to be culled, at an estimated cost of NZ\$886 million.

Here's what we know, what we don't know and what's at stake.

How do we know this is a new incursion?

M. bovis causes mastitis and arthritis in adult cattle and pneumonia in calves. It is found around the world, but New Zealand was one of the last disease-free countries until the detection of infected cows on a dairy farm in July 2017.

We can't be sure that M. bovis didn't arrive in New Zealand before the current outbreak, but the Ministry of Primary Industries has tested for the disease over the years and not found it. This has involved checking animals with symptoms similar to those caused by M. bovis as well as the large-scale test of bulk tank milk in 2007.

In addition, all countries with M. bovis – including Australia, where less than 4% of dairy herds are affected – have had outbreaks of untreatable mastitis and arthritis due to M. bovis. No such outbreaks were recorded in New Zealand until July 2017.

In Australia, the disease was first reported in the 1970s, but it was not until 2006 that it was seen in the main dairying areas of New South Wales and Victoria where it caused outbreaks of mastitis. It is difficult to prove a negative and we certainly don't have

enough data to show it was definitely not in New Zealand before 2015. But the history of the disease in Australia shows that it can be detected even if it is rare.

Furthermore, the evidence so far from the investigation of the outbreak has been that all the infected farms can be traced back to cattle movements. If the disease had been here before, then tracing would likely have identified clusters of farms with no connections.

Is eradication feasible?

We do not currently know how the disease came into New Zealand. The only likely route, via imports of infected cattle, has been ruled out because live cattle imports ceased before 2015. In any case, live cattle imports have only come from Australia and the strain of bacteria in New Zealand is not the Australian one. Semen, embryos and illegal imports of veterinary products such as vaccines remain the most likely source, but all of these are very low risk. Although M. bovis can survive in these products, the chance of them being infected and that infection spreading to cattle is very low.

Without knowing where the disease came from, we cannot prevent it happening again. However, the risk of semen or embryos bringing in disease hasn't changed in

the last 20 years, so if it did indeed arrive via this route, it was simply bad luck.

So even if – after eradication – we did nothing to change the way semen, embryos or vaccine imports are regulated, it is possible that New Zealand would still remain free of M. bovis.

How can we get rid of M. bovis?

Authorities will use a systematic process of testing to identify infected herds. The biggest component will be testing the bulk tank milk of all dairy herds in the country. Tracing from infected herds will help to identify more infected herds and more traces. This is effectively a continuation of the current process with the aim of eliminating the disease.

The key problem with eradication is that currently the whole herd needs to be culled if one animal is infected because infection can only be detected at the herd level. This comes with significant cost and negative impact on affected farmers.

However, culling entire herds doesn't necessarily influence the chances of a successful eradication process. The main issue is that we currently do not know exactly how many infected cattle or infected farms there are. It is going to take time to identify all

the infected farms and it is possible that the number is much higher than the models suggest. This could make eradication impossible.

Tracing animal movements between farms is another key issue, and the lack of accurate recording is hindering our response to the outbreak. For an eradication to be successful, farmers have to get better at keeping track of where animals are moved.

The decision to eradicate the disease is based on science, but it is not a scientific decision alone. Rightly, it is a political call, with the decisions being taken by the government with support from the industry. Eradication may prove to be impossible, but that does not mean we shouldn't try. It just means that, unfortunately, the disease had spread far more widely than our current models suggest.

Richard Laven, Associate Professor of Production Animal Health, Massey University

"The decision to eradicate the disease is based on science, but it is not a scientific decision alone."



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Demand for A2 dairy sires reaches record levels

Farmer demand for A2 dairy bulls for the upcoming mating season is at record levels according to the marketing arm of the largest dairy farmer owned AB company in the world.

Craig Robertson, Genetics Product Manager for World Wide Sires NZ, said the company markets genetics from US farmer owned cooperative Select Sires.

"Select Sires is, by volume of semen sold, the largest AB company in the world with more than 20 million straws sold each year to every dairy nation around the globe.

"Until this year – and Fonterra's announcement encouraging farmers to consider breeding their herds to A2 – we had a moderate and growing demand for elite sires which were A2, in addition to the traits farmers want (fertility, easy calving, high components and moderate size). However, after Fonterra's incentive to change, demand has increased to record levels."

Craig Robertson said the World Wide Sires' A2 team is believed to be one



Craig Robertson.

of the largest in the world with 311 A2 sires across all breeds (but predominantly Holstein Friesian and Jersey) available to New Zealand farmers.

"It means we can cater to whatever farmers want to focus on – bulls strong across all traits or with emphasis on a few; there are simply no trade-offs for going A2."

Making the leap from city to country

Chloe Mackle was scared of the dark and anything that moved – but when she was challenged to try dairy farming, she decided to go for it.

After growing up in North Shore, Auckland, her first day on the job was a massive learning curve. “All I knew was that my milk came in a bottle and my meat in a packet,” says Chloe.

Now she is a farm manager and likes nothing better than working with cows and hanging out with her golden Labrador Nala. “My absolute favourite thing about farming is hanging out with cows. I’m also quite driven by growing as much grass as I can and producing quality milk. Every milk pickup is as exciting as the last.”

Chloe is committed to learning everything she can about the dairy sector. She has been studying part-time with industry training organisation Primary ITO since 2012, and is currently studying for her agribusiness diploma.

Chloe started out farming in Southland, where she lived for six years and



Chloe Mackle.

has been working as a farm manager for a couple of years. She recently moved to a farm just out of Whangarei with 450 cows where she enjoys working closely with the farm owners.

“I love working with good operators and great leaders. I have been fortunate to work for really awesome people,” she says. Mentors have made a real difference in Chloe’s

career. “I find people who are already where I want to be and ask them to take me under their wing. I am driven by the people I hang out with and I surround myself with good farmers. I want to be top of my game.”

Chloe says the dairy sector has a lot of great business people and leaders who thrive off seeing young people progress. “I

recommend beginners in the sector find people who are going in the direction they want to go and ask them to mentor them.”

Another strong recommendation from Chloe is taking part in the Dairy Industry Awards. She won trainee of the year for Southland in 2016 and runner-up manager of the year for Southland in 2018.

“Taking part in the awards, you meet a lot of like-minded people in the sector. It puts you out of your comfort zone and you get to learn more about the inside and outside of the business – it helps consolidate your knowledge.”

Chloe goes to as many DairyNZ events and discussion groups as she can. “I use the DairyNZ

website a lot – it has really useful information.

“I appreciate having the latest information. I want to do things right on the farm – if we all do the right thing it makes a difference. I always try to have my cows happy, healthy and in good nick.”

Chloe’s plan for the future is to own her own herd in the next few years and one day to own her own farm or farms. She wants to be able to offer beginners in the sector the same opportunities she was offered when she started farming.

“I want to reflect something that’s desirable for young people because we need more people in the sector. I’d like to be able to help people and one day to employ people.”

Chloe will make sure she keeps setting new challenges for herself. “I enjoy what I do now and I want to still enjoy it in 20 years.”

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Coastal Rugby sees off the season

The Club finals results notwithstanding, 2018 was a great year for the Coastal Rugby Club. That was the message the Club's president took to the club prizegiving six days after the Premiers, Division 1 and Division 2 teams had lost their finals at TET Stadium in Inglewood. "Ten minutes after the final whistle we were feeling pretty disappointed, but we can look back on what has been a great year," Brent Davies said at the prize giving which was held at Rahotu. Highlights included five teams making it through to the semi finals and three of these having got there at the top of the table. For the second year in a row Coastal had picked up the trophy for best overall club.



Coastal Ross Brown representatives. From left. Peter Grayling, Teague Mullin, Dacoda Harvey-Smith, Tayne Clark, A.J.Lawn, Sean Young.

2018 had seen the introduction of a Women's rugby competition, and the Coastal team had finished the inaugural winners, defeating Clifton in the final. Until then Clifton had gone through the season undefeated and Coastal had had to go to their home turf at Tikorangi to take the title. "The Women's team slipped under the radar as they played most of their games on a Friday," Brent said. Brent paid tribute to the club's teams including the one team yet to win a



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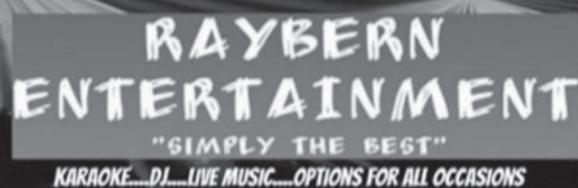
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Coastal Rugby sees off the season



Young supporters at the Taranaki Club Rugby Finals

Taranaki competition. "The Colts is a damn good grade and probably underestimated," he said. "It's the one competition we haven't won as a club, so let's go for it next year." He said the Division 2 had seen everybody off during the year. "We've got some really highly polished players in that team. The Division players played the most attractive rugby in our club and dominated all year." Division 1 coach Alan

Crowley said his team had played some outstanding rugby. This had included the first half of their final against Southern when they went into the break 14-0 ahead. "We ran out of a bit of puff at the end," he said. Brent paid tribute to how the team conducted themselves after the game. "You guys had had a gut wrenching loss, and then you applauded the Prens as they came on to the field." He said the Premiers being defeated after finishing top of the table after the

second round had been a big disappointment. "We were gutted for you. The whole coast was," he said. "The ticker that was shown on the line at times from that Prens team was pretty impressive to watch." Brett Goodin who picked up the club trophy for outstanding sportsmanship was also acknowledged for entering the ranks of the double centurions, having played 200 games for Coastal. He reached this milestone when the Premiers played Tukapa in June.

Goodin had also played 75 games for Taranaki from 2006-12. Ties were presented to the Club's Ross Brown representatives. "We will see you in 10 years time in the seniors team, hopefully," said Brent. The award for most outstanding team off the field went to the Premiers, while the award for most outstanding team went to the one team which won their competition, the Women's team.



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Goodin Ag Division 2 (Coaches Sheldon Keech and Jamie Taylor. Manager Craig McLean). R.J.Bingham Trophy best team player, Simon Adams. Norm & Sybil Anderson Trophy most outstanding player Lance Graves. B.D & K.M.Wright Trophy top try scorer Steve Barron. Stirrer Award Craig Hammerslewy. Steve Gordon Memorial Trophy best supporter Div 2 Kevin and Snapper Young.

FBT Division 1 (Coaches Alan Crowley, Kane



Top Premier try scorer Lisiate Folau.

Barrett, Tom Brophy. T.P.O'Sullivan Trophy best team player Ben Brophy. Tom Goodin Trophy most outstanding player Jamie Fevre. Tommy Barrett Memorial Trophy top try scorer, Heinrick Fourie. Ray Hayward Trophy most

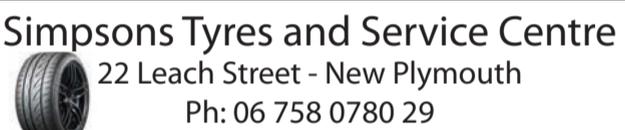
improved Beauden Fleming. Farm Source Premiers (Coaches Aaron Fisher and Ricky Tito. Managers Brian Olliver, Sandy Olliver and Ben Olliver). Michelob Trophy best team player Sam Lawn. Eddie Carey Trophy most outstanding player Alex Kauvalu. Peter

& Maureen Nielson Trophy top try scorer Lisiate Folau.

Women's team (Coach Kelvin Weir. Manager Jimmy Ellis). Most outstanding player Brook Sim. Most dedicated player Jamie Lim. Players' Player Victoria McCullough and Jalana Smith.

Club Trophies. Pat Richardson Rangi Ngaia Trophy most outstanding team. Women's. McCarthy Memorial Trophy top club points scorer Steve Barron. Okato Tavern Trophy most honest player Bryn Chard. Rahunu Junior Team Trophy most promising junior Cody Rothwell. Simon Feaver Trophy most promising senior Beauden Fleming. Coastal Rugby Club outstanding sportsmanship Brett Goodin.

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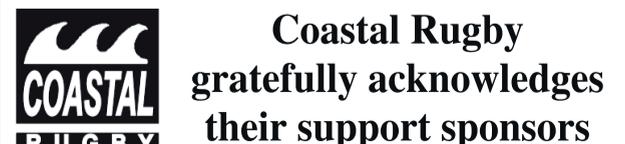
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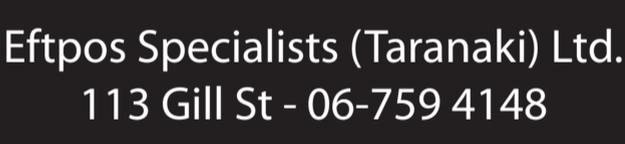
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Coastal Rugby Photos



Brett Goodin who picked up the club trophy for outstanding sportsmanship was also acknowledged for entering the ranks of the double centurions, having played 200 games for Coastal. Congratulations Brett.



Sam Lawn was named Best Team Player for the Farm Source Coastal Premiers.

Home wins for dominant Otakeho

The Taranaki Indoor Bowls Centre Champion Pairs and Triples playoffs were played at the Otakeho Hall on Saturday July 28 and Sunday July 29.

After playoffs the pairs finalists were Don Semple and Lesley Landers from the Otakeho club and Mike How and Thelma Edgar from the

Turuturu club. The Otakeho pair dominated the final and won the game 16-2.

In the triples playoffs three teams had two wins. Don Semple, Raewyn Fredrickson and Jamie Taylor from Otakeho defeated the Cardiff team 12-3 and in the final they defeated Mike How's Turuturu team 15-5.

These two victories gave the Otakeho club all the Champion of Champions titles this year and Don Semple now has 23 Taranaki Centre Titles

Zone three of the Paterson Final was played in the Feilding Civic Centre on July 21-22. Taranaki North Taranaki Manawatu King Country and Wanganui teams participated. Each Centre was represented by their best eight players and fours, singles and pairs were played over four rounds and two days.

Manawatu to sneak through and take out the Zone 3 final and advance to the Welch trophy final in Upper Hutt on September 1-2.

Final results were first. Manawatu 99 games and 489 points. Second. North Taranaki 96 points and 469 points. Third. Wanganui 69 games and 397 points. Fourth Taranaki 49.5 games and 368 points and fifth King Country 46.5 games and 360 points. Best wishes to Manawatu for the Welch trophy play offs.

Ray Finlay
Publicity Officer
Taranaki Indoor Bowls

Praise for Event Centre

The Taranaki Thunder Women's Basketball team held its first home game of the season on Sunday June 10 at the Sandford's Event Centre in Opunake against the Harbour Breeze.

Prior to the event a lot of organisation took place to ensure that Basketball New Zealand's requirements, including health and safety expectations were met. These included the ability to provide live stats during the game. This could be achieved by either connecting an Ethernet cord directly to a modem or

through the wireless network system. The Thunder team purchased an Ethernet cord (30M) and this was connected to the Sandfords Event Centre modem to enable this process to occur. This worked exceptionally well, and even though the internet was slower than New Plymouth, next year when fibre capabilities come to Opunake this should improve. Natasha and Clare, the Event Centre managers set up the cord prior to the event, and it was taped down to ensure a safe working environment.

Clare and Natasha supported in organising the event by setting up extra tables for the bench, chairs, brooms and mops for the floor sweepers, organising the changing rooms for both teams, restocking the ice freezer, booking in times for the opposition team to train, setting up the clock and being on call when issues arose. The cleaner did a great job of getting the floors prepared for the game and ensuring the toilet facilities were clean and tidy. The Event Centre's managers ensured a high quality venue

for the athletes competing.

North Harbour commented on the quality of the venue and were impressed with the town's facilities and the support shown by the local community at the game. They also praised Soul Kitchen on the top quality after match meal the hosts provided for them.

One hundred and seventy two patrons attended the event (92 adults and 80 children). The goal was to provide an affordable family experience for the local community and provide access to a Tier

1 basketball game where they could see elite female athletes compete. This was successfully met. A door charge of \$5 per adult, \$2 per child and \$10 per family (two adults and two children) helped alleviate some of the costs of hosting the team. Raffle tickets were sold and sponsorship from Sinclair Electrical & Refrigeration was also put towards the cost of food to host the Harbour Breeze. After all costs, a small profit (\$50.30) will go towards food and petrol costs for the away game in Christchurch and Dunedin

in the weekend of June 22-4.

Thanks for the financial support of the Trillian Trust for providing \$4000 towards the cost of the entry fee into the WBC for 2018, and to the NZCT for providing funding to cover the cost of the venue hire for the game.

The event was highly successful and the Taranaki Thunder will definitely look to host another game at the Sandfords Event Centre in the future.

Taranaki Thunder Home Game report

Eltham Smallbore Rifle Club results

The Eltham Smallbore Rifle Club hosted the third inter-club for Taranaki on Monday July 9. There was some very good shooting by several Eltham members. Paul Tidswell top scored for the Eltham Club with 97.4 and 98.7 while Clare Bramley was close behind with 98.5 and 97.4. Alan Drake had a good shoot scoring 97.4 and 95.4; Dave McGregor 93.1 and 96.5; Murray Chinery 93.3 and 94.2. Henry Armond had two very consistent 93.1's while Paul Longstaff also shot consistently scoring

92.2 and 92.1; Bob Bramley 92.2 and 92.3. Boston Taylor 90.1 and 93.2; Keely Burnell 91.2 and 88.2.

Congratulations to Hawera for winning the Bridgeman Shield.

While unlucky for some, Friday July 13 proved to be very lucky for Alan Drake who shot 100.7, his first 100 for quite a while. He also shot a 93.3. The second 100 of the evening (on the same detail no less) was shot by Garry Rowlands 100.6 as well as 95.3.

The most consistent shooter of the evening was

Paul Tidswell who managed to shoot 99.5, 99.8, 99.5, 99.6 – the last two shot as a double. Murray Chinery also shot two steady cards of 95.3 and 95.4.

Other results. Clare Bramley 97.3, 96.4 and double 99.5/98.6; Bob Bramley 95.4, 93.3, double 98.3/96.1; Paul Longstaff 94.4, double 97.6/94.2; Brian Hicks 93.4, 88.1; Stephen Hicks 91.0, 91.1; Craig McGill 87.1, 90.2; Eddie Hagenaars 88.1.

Group card shooters are continuing to improve Matt McLeish 99, 100, 100;

Charlie McLeish 97, 100, 98; John McGill 97, 95.

Junior shooters shot their first double cards as well. This is a new skill for them. Double cards are usually shot in finals at competitions so it is a skill that is helpful to have practiced. Keely Burnell did extremely well shooting yet another personal best on her second card of the double 91.1/97.6. Henry Armond 89.1/89.1 as well as a single card 90.0. Boston Taylor shot 88.0/91.0.

Clare Bramley

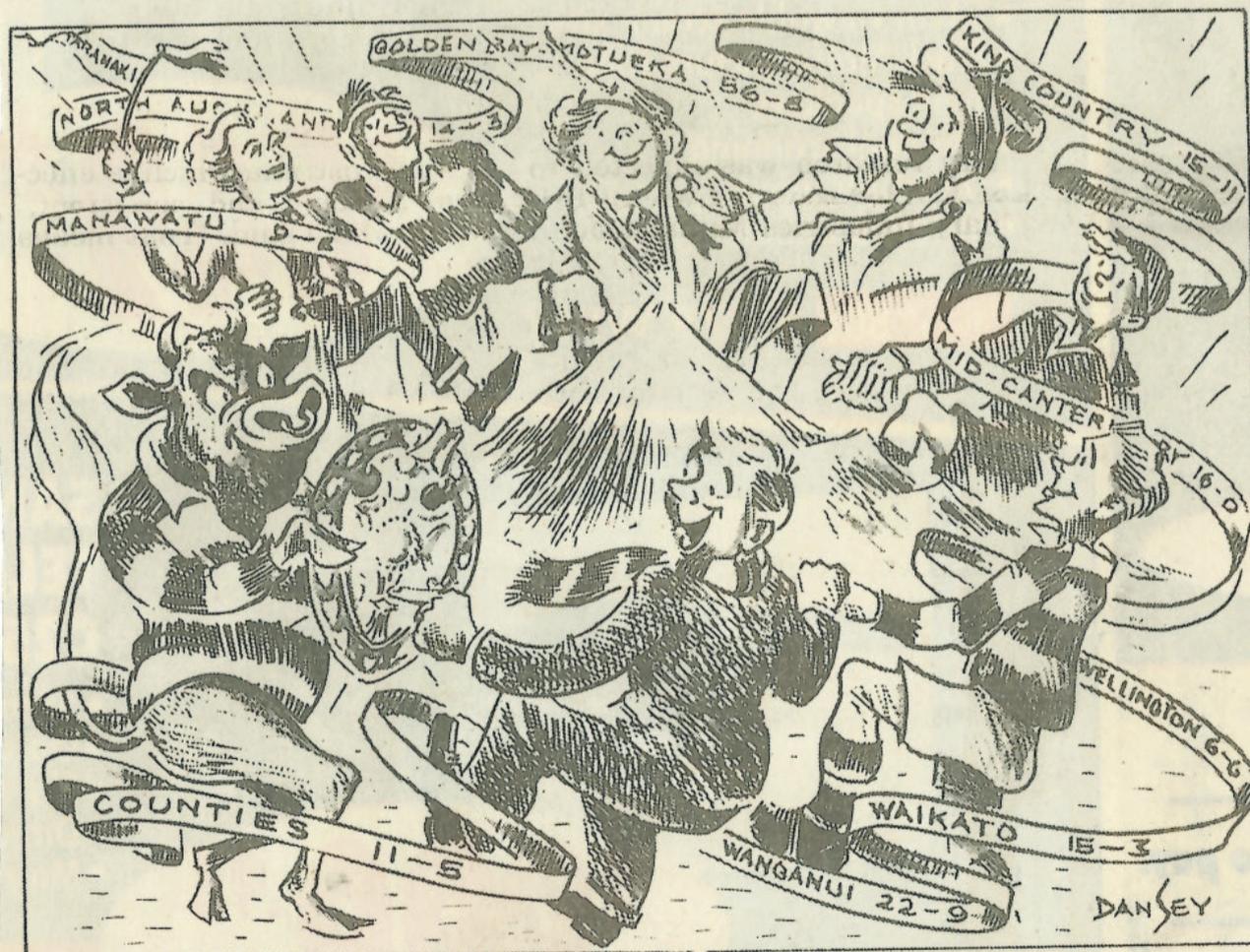
Manaia Golf results

July 21. Saturday Men. Round. Stableford. 1. Jim Nett. Fourth Round Sowman Trophy. 1 Denis Hurcomb. 2. Grant Gibbs. 3. Jim Ngere. 4. Colin Koch.

July 28. Men's Willow

Round. Stableford. 1. Jim Ngere. 2. Greg Elliott. 3. Neil Scown. 4. Colin Koch. Juniors Ambrose. 1. Fairway Ningas. 2. Slow Coach.

Taranaki's love affair with Ranfurly Shield



"Ferdinand, Ferdinand, with your 15 men, You swept the field, held the shield, thank you once again, And now victory's gleam shines on our team, In this land you are grand, Ferdinand." — from Harry Dansey's cartoon in The Daily News at the end of the Fabulous Winter.

Having dispatched Poverty Bay 79-0 last week, Taranaki will put the Log'o'Wood on the line again when they play Whanganui at Hawera on Saturday.

When Taranaki lifted the Ranfurly Shield last year, it was the start of their sixth Shield tenure. Taranaki had previously held the Ranfurly Shield in 1913-14, 1957-9, 1963-5, 1996 and 2011-12.

This cartoon from the Daily News harks back to those great Shield days of the 1960s.

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AGM

Opunake Country Music Club
Sunday August 12 at 3.30pm
Opunake Town Hall

PIHAMA HALL SOCIETY

AGM

Thursday August 9 at the Pihama Hall at 8pm
Everyone welcome
T. Stevenson, Secretary

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Next issue due out August 16.

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PUBLIC NOTICES



OPUNAKE BUSINESS ASSOCIATION

Meeting 1st MONDAY OF EACH MONTH AT 5.30PM

Hughsons & Associates Boardroom at the Opunake Business Centre, 23 Napier St, Opunake (opposite the CoastalCare Medical Centre)



South Taranaki District **creative COMMUNITIES nz**

CREATIVE COMMUNITIES SCHEME Funding Local Arts Activities

Applications for funding assistance for community-based arts activities in South Taranaki beginning after Friday 5 October 2018 are now being called for. Your application will need to meet one or more of the following funding criteria:

- **Broad community involvement** - A project that will create opportunities for local communities to engage with and participate in arts activities.
- **Diversity** - A project that will support the diverse arts and cultural traditions of local communities, enriching and promoting their uniqueness and cultural diversity.
- **Young people** - A project that will enable and encourage young people (under 18 years) to engage with and actively participate in the arts.

Application forms are available from all LibraryPlus Centres, at the Council Contact Centre in Albion Street, Hāwera, from the Creative Communities Scheme Administrator, or on the Council website www.southtaranaki.com under "Funding and Grants Support."

For further information, please contact Kirsty Jamieson, the Creative Communities Scheme Administrator at:

South Taranaki District Council
Private Bag 902, Hāwera 4640
Phone 0800 111 323 or 2780555
Email kirsty.jamieson@stdc.govt.nz

Applications close **Friday 14 September 2018 at 4.30pm** (for projects beginning after Friday 5 October 2018)

CHURCH NOTICES

Opunake & Okato Co-operating Parish CHURCH SERVICES

St Paul's Opunake Co-op & Rahotu Opunake Cooperating Parish St Pauls, Havelock St 9.30am every Sunday and the Rahotu - Wesley - 11am first Sunday of the month Oakura - St James - 10am, 2nd & 4th Sundays Okato - St Pauls - 10am, 1st & 3rd Sundays

Opunake Catholic Church

Sunday 8.30am at Pungarehu (St Martins), 10am at Opunake (Our Lady Star of the Sea) Other areas
Manaia - Sacred Heart - 1st, 3rd Sat at 5pm (2nd, 4th & 5th Sat at Hawera's St Josephs)
Kaponga - St Patricks, Sunday 8.45am All welcome

The Wave

Pentecostal Church 64 Domett St, Opunake
Sunday Services 10.30am
Women's Group 10.30am Tuesday
Men's Group 7pm Wednesday
Youth Group 7pm Friday
Come along or contact Pastor Murray 027 688 7378

St. Barnabas Anglican Church

141 Tasman St, Opunake
Sunday Services 10am
Communion 2nd, 3rd & 4th Sunday
Prayer & Praise 1st Sunday
Every 5th Sunday all 4 churches gather for a Combined Service

Okato Community Church

Meets 6.30pm Sunday at Hempton Hall. Everyone welcome

SITUATIONS VACANT

Salesperson – Opunake

We're looking for an experienced part time permanent salesperson to join the team at our Opunake store.

Ideally you'll have experience in retail sales and also be a team player. You'll need to be confident using a computer, able to pick up new product information quickly and be physically capable as there will be plenty of manual handling tasks. A current clean drivers licence would be an advantage to cover deliveries as well as forklift experience, although training will be provided to the successful applicant.

We are looking for somebody to work around 20-25 hours per week to cover peak hours in the branch daily, along with some Saturdays.

For more information or apply, go to our careers website www.farmlands.co.nz/careers



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OPUNAKE & COASTAL NEWS

What's not to like?



PUBLIC NOTICES

AUGUST ENTERTAINMENT AT THE GOOD HOME, NEW PLYMOUTH

Friday 3rd - DJ BB
 Saturday 4th - Ash & Aidan playing live followed by DJ Ash
 Friday 10th - DJ Hazza
 Saturday 11th - Ash & Aidan playing live followed by DJ Ash
 Friday 17th - DJ Mawai
 Saturday 4th - Hira & Haimoana playing live (Dan from the band Fronthouse and Ash) followed by DJ Ash
 Friday 24th - DJ BB
 Saturday 25th - Day Breakers playing live

All entertainment starts at 10pm

What's On Listings



ONGOING

Jonathan Young: Need to chat with your Local MP Jonathan Young? Jonathan will now hold his meetings at Coastal Care. For more information phone: 06 7591363. Or email newplymouthmp@parliament.govt.nz

Movies at Everybodys Theatre in Opunake: Playing several days and nights each week. Refer timetable in newspaper.

Pregnancy Help Taranaki: Is now in OPUNAKE! Are you pregnant? Do you have a baby or young family? To hear more, like us on facebook www.facebook.com/preghelptaranaki/. Please come and meet us and find out how we may be able to help you.

SUNDAYS

Opunake Country Music Club: Second Sunday of each month at the Opunake Town Hall, 1-4pm. All welcome

MONDAYS

Tainui Day Centre - St Barnabas Church Hall, 141 Tasman Street Opunake: Each Monday 10 am - 12:230 pm. Information call Jenny 7618080 or Glenys 6558025

Opunake Friendship Club: Meeting last Monday of each month in Opunake Town Hall at 1.30pm. All welcome.

Opunake Business Association: Usually meet on the 1st Monday of each month.

TUESDAYS

Club Hotel Pool: Tuesday Nights. New players welcome.

WEDNESDAYS

Lisa Keen Audiology at Coastal Care, Opunake: Wednesdays 9am - 5pm, for an appointment call 027 591 4222 - 0800 555 676

Schnitzel Night: Every Wednesday at the Stony River Hotel, Okato

Club Hotel Texas Holdem Poker: Wednesday and Thursday Nights at the Club Hotel.

Opunake Embroiders Guild: Meet 2nd and 4th Wednesdays of the month, 10.30am-3pm at the Opunake Business Centre, Napier St, Opunake. Just come along or phone Sheryl 06 761 8769.

THURSDAYS

Tai Chi Basics:Thursdays 9am – 10am at Coastal Care Community Room

Club Hotel Texas Holdem Poker: Wednesday and Thursday Nights at the Club Hotel.

Coastal Young Farmers: Meet 2nd Thursday of every month at 7pm at the Okato Bowling Club.

Taranaki Country Music Hall of Fame, Manaia: Running every Thursday night from 7.30pm, 11 Surf Highway, South Road, Manaia.

Egmont Euchre Club: Meets every Thursday 1pm at the Opunake Bowling Club

FRIDAYS

Eltham Business Association Friday Markets: 8am to 1pm, Carpark of Touch Point, High Street, Eltham.

WEEKENDS

The Historic Cape Light & Musuem:Open 11am – 3pm weekends, Bayly Road, Warea.

MONDAYS JULY THROUGH AUGUST

NZ Farmers Livestock Calf Sales at Hawera. Refer advert for details.

FRIDAYS JULY THROUGH AUGUST

NZ Farmers Livestock Calf Sales at Stratford. Refer advert for details

JULY 30 TO AUGUST 24

A Splash of Summer Exhibition: At the Village Gallery, Eltham. Refer advert for details.

MONDAY AUGUST 6

Taranaki Geological Society meeting,: Monday Aug 6, 7.30pm at NPGHS Block O, Rm 6 Speaker: Dr Caroline Holden, a seismologist at GNS, will talk on the Kaikoura Earthquake. All welcome. For further details contact Robert Park 0211038573

THURSDAY AUGUST 9

Pihama Hall Society AGM: At the Pihama Hall 8pm. Refer advert for details.

SUNDAY AUGUST 12

Opunake Country Music Club AGM: Opunake Town Hall at 3.30pm. Refer advert for details.

WEDNESDAY AUGUST 15 TO SUNDAY SEPTEMBER 2

Stony River Goes Wild: Stony River Hotel, Surf Highway 45, Okato. Ph 06 752 4454. Refer advert for details.

FRIDAY AUGUST 17

Karaoke at Butlers Reef, Oakura. Refer advert for details.

FRIDAY AUGUST 17 AND SATURDAY AUGUST 18

Mid Winter Sale at Mach 1 Yanaha, New Plymouth: 10-50% off all apparel and accessories. Leach St, New Plymouth. Refer advert Pg 14 for more details.

THURSDAY AUGUST 21

Okato and District Historical Society AGM: At the Okato Community Hall, Okato. Refer advert for details.



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Get your copy at a newstand near you, today!

- Parera's Bookshop, Broadway, Stratford
- Outside First National, Cnr Victoria and High Streets, Hawera
- Challenge Spotswood Petrol Station, New Plymouth
- The Health Shop, Centre City, New Plymouth
- Westside Grille, Tukapa St, Westown
- The Store, Cnr Tukapa St & Wallath Rd, Westown (By the Locals Café)
- Nth Taranaki Community House, 67 McLean St, Waitara
- Inglewood Book Centre, 31 Rata St, Inglewood



OPUNAKE & COASTAL NEWS

Inside
 Gita slams the coast
 Simon Bridges new leader of National Party
 Penniall Jordan
 Bump Steak / Roast \$15.95

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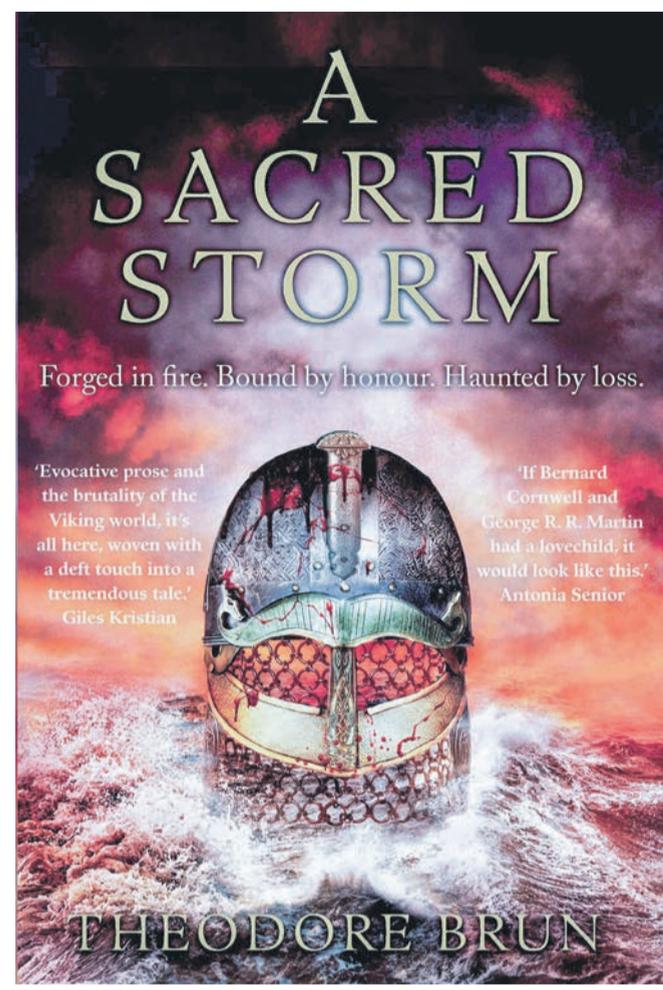
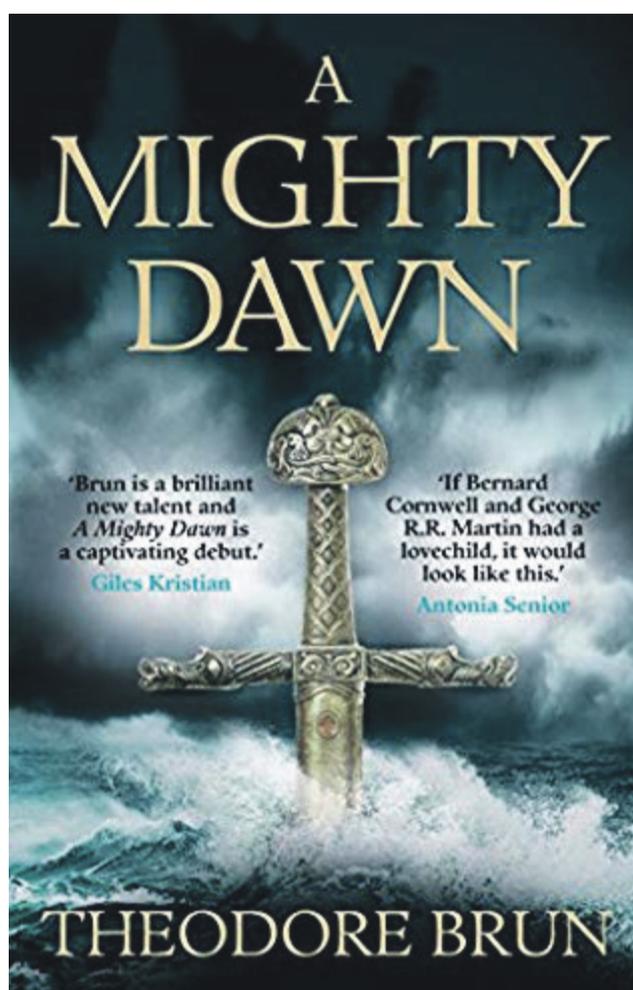
OPUNAKE & COASTAL NEWS

Book recommendations from Opunake LibraryPlus

Theodore Brun captures the attention as an author writing about the early Scandinavian/Viking era and these are big books but a good solid read. The series revolves around Hakan, chosen son of the Lord of the Northern Jutes. A visiting seer predicts he will rise and fall many times and this angers the king who puts her to death. Secrets are everywhere and when Hakan falls in love, those secrets come home to roost and create a disaster no one thought possible. He flees his destiny and sets out to change his future vowing to never speak of his past or his people. Pledging himself to a new king brings a raft of trials, tribulations and double edged successes. Both books are filled with intriguing characters, magic and heroics on and off the

battlefield. There is a lot of death in the pages however given the time period this is to be expected in books of this genre. Prepare to be spellbound from cover to cover and easily immersed in the story which you might not want to leave. The development of the characters is nothing short of superb as Theodore Brun adds layer after layer to them. There are pockets of humour dotted around a young sidekick named Kai who develops into something you never see coming.

Fans of Bernard Cornwell, George R R Martin, Giles Kristien, Justin Hill, Snorri Kristjansson may love these books, but they can be recommended to anyone who simply likes to read a deep pounding saga that grabs you and won't let go.



NZ FARMERS LIVESTOCK

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Fridays at 1pm starting July 27th

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Bryan Goodin - 027 531 8511

We welcome your contributions

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editorial@opunakecoastalnews.co.nz

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“Stony River goes wild” (Wildwochen) 15th August - 2nd September

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E-Town's Splash of Summer

Over the summer months E-Town Youth Centre worked with local youth to create their own speaker system that can be used for their phones or tablet devices. The idea behind this started whilst having a holiday at the beach and we had forgotten to bring the Bluetooth speakers. A ‘Boy Scout’ moment occurred and a primitive speaker system was created out of a cardboard tube, plastic cups and the never fail duct tape.

The youth were keen to take the idea to the next level and they all created a variety of funky speakers that you will see on display in our exhibition. Following on from this they expressed an interest in learning how to tie dye. Each attendee of our April School Holiday program created their own snazzy tie dyed shirt. The youth learnt different tying techniques for garments and how the finished article would look.



Creative activities at the Village Gallery.

Keeping with the Summer theme, 26 youth attended a Sunset and Silhouette Workshop during the July School holidays which was tutored by our beloved Miss Fleur Le Bas.

Through this workshop they learnt the techniques of blending color using light to dark, brush management to create smooth blending, sponge techniques to create clouds and textured sky

as well as composition and placement of the silhouettes.

The Sunset and Silhouette Workshops have been made possible through the generous support of funding received from the STDC Creative Communities Scheme. We are so ever grateful for their continued assistance they give to our E-Town Youth to experience creative art in many shapes and forms.

E Town art will be on display from Monday July 30 till Friday August 24 at The Eltham Village Gallery. The ‘Splash of Summer’ Art Exhibition will finish with a closing ceremony on Friday August 24 at 5pm. Everyone is welcome to attend.

The Eltham Village Gallery



E Town art will be on display from Monday July 30 till Friday August 24 at The Eltham Village Gallery.

A call for environmental champions

Nominations have opened for this year's Taranaki Regional Council Environmental Awards, which recognise efforts to protect and enhance the environment – at any scale from neighbourhood to regional.

“We cast the net wide,” says the Council Chairman, David MacLeod.

“Our winners have ranged from school students to major corporates, from farmers to iwi and hapū-led initiatives, from District Councils to grassroots conservation groups.

“What they have in common is the Taranaki ‘get on and do it’ attitude. It’s a major reason that the region enjoys a generally high-quality environment. People in all walks of life are pulling their weight on behalf of the environment and taking Taranaki forward.”

The awards made in five



The Council has presented 265 environmental awards since the programme began in 1993.

Photo: Dana McMurray

categories: Te taiao me te pākihi – Environmental leadership in business, sponsored by Ngāruahine, Ngāti Ruanui, Te Ātiawa, Taranaki and Ngāti Mutunga, Environmental leadership in dairy farming, sponsored by Fonterra Environmental leadership in land management, sponsored by Dow AgroSciences, Environmental action in the community, sponsored by Methanex, and Environmental action in education, sponsored by Contact Energy.

An online nomination form is available on the Council website, www.trc.govt.nz. People can nominate themselves or their organisation, or another person or organisation.

Nominations close on 15 August and the awards will be presented in late October.

Nelson Street Hawera now one way

Temporary road markings and signage have now been put in place on the northern end of Nelson Street, Hawera, making it a one-way street.

South Taranaki District Council (STDC) roading

manager Vincent Lim, says Nelson Street (between Victoria and Union Streets) has been made one-way as part of the Hawera town centre redevelopment.

“This will provide for

more parking for the new supermarket development and surrounding businesses and parking time limits have also been extended from 60 to 120 minutes. The new layout should also reduce speed and

increase pedestrian safety and provide a “seamless look” between the supermarket carpark and the surrounding area,” he says.

Mr Lim says drivers need to be cautious as the layout

is just temporary and people will not be used to one-way streets in Hawera.

“We have only erected temporary road markings and signage while the supermarket is being built,

but once it is complete will work with the developers to permanently reconfigure the parts of Nelson and Union Streets which will border it,” he says.



Environmental Awards

Some of our 2017 Environmental Award winners

Taranaki has a great environment

Let's celebrate the efforts of the many individuals, community groups, iwi, businesses, farmers, educators, and organisations that are supporting and improving our environment.

Nominations are now open

Categories	Sponsors
Environmental action in education	
Te taiao me te pākihi Environmental leadership in business	
Environmental action in the community	
Environmental leadership in dairy farming	
Environmental leadership in land management	

Information and nomination forms are available at www.trc.govt.nz/environmental-awards

Or contact:
Rusty Ritchie, Communications Manager
Taranaki Regional Council
☎ 0800 736 222
✉ Rusty.Ritchie@trc.govt.nz

**Nominations close 5pm
Wednesday 15 August 2018**



Working with people | caring for Taranaki



Taranaki town experiencing big changes

Inglewood is on the rise. This small Taranaki town is enjoying prosperous times with its house values rising five per cent from this time last year.

New builds are increasing in value too, with the 13 building consents issues in the 2017/2018 financial year averaging a cost of \$420,000 per build, up from \$340,000 in the previous year.

To support this growth and help make the Inglewood lifestyle even more appealing the New Plymouth District Council (NPDC) is investing in the town's parks and community facilities.

"We've already seen how NPDC is committed to developing the Joe Gibbs and PG Nops reserves into beautiful parks as well as other improvements like the Festive Lights and Windsor Walkway. Our population is growing and we're listening to our community, empowering them to decide their own future by giving organisations the security to plan ahead and develop



Caden Dombroski (five months) with staff in the Inglewood Plunket rooms.

for another century.

Jubilee Park is getting a new playground and landscaping with \$85,000 from NPDC, \$83,000 from TET and \$40,000 from NZCT. NPDC is investing a further \$80,000 to improve the park's sports fields. The park is also getting a state-of-the-art \$260,000 skatepark with funding from NPDC and a \$60,000 TSB grant.

One dollar per year ground leases have helped secure homes for the town's Plunket rooms and squash club.

The local Lions Club have been helped with its plans for a mini-putt course in the park by being granted a \$1 ground lease.

Inglewood's soccer and cricket teams are to buy their Karo Park clubrooms off NPDC for \$1 and will pay a \$1 ground lease.

To support the Scouts and Guides, the NPDC are leasing their buildings to the groups for 1 per cent of the value.

A new path and seating in Trimble Park now offers the perfect panorama of the historic town thanks to \$62,500 of funding.



Joshua and Carmen Hermanns (front) enjoy ice-creams with mother Christina and Ellie Wilson at Inglewood's Ciao Bella pizzeria.

at their own pace," says Councillor and local resident Marie Pearce.

NPDC's support for the town includes a \$500,000

spruce up for the Inglewood Town Hall, this was supported by Taranaki Electricity Trust (TET) grants and allows the hall to serve the community



Inglewood properties are increasing in popularity.



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A SPLASH OF SUMMER

Art by youth from E TOWN

Runs July 30 to August 24

Closing event Friday August 24 at 5pm

THE VILLAGE GALLERY | 166 HIGH STREET, ELTHAM
OPEN MONDAY - SATURDAY 10AM - 3PM

Rural communities warned to be on alert

Taranaki's rural communities are being warned to be on alert for illness caused by bacteria carried in the intestines of cattle and other animals which can cause severe gastroenteritis in young children.

Taranaki DHB's Medical Officer of Health, Dr Jonathan Jarman says "Taranaki has high rates of Shiga toxin producing E.coli (STEC), also known as Verotoxin producing E.coli (VTEC). Young children on farms with cattle are at high risk of catching this disease, with nearly half of cases ending up in hospital."

August through to October is the peak season for STEC/

VTEC, with the main symptoms being watery diarrhoea, blood in the diarrhoea, severe stomach pains and vomiting.

Other risk factors include drinking unpasteurised milk or untreated water, eating undercooked or contaminated food, swimming in water where you can't see your feet and being in contact with people who have the infection.

Dr Jarman says "Young children with STEC illness are more likely to get a severe complication called Haemolytic Uraemic Syndrome (HUS) which could damage their kidneys. On average we get a child with this complication once



Photo supplied Gavin Hart

a year in Taranaki.

We've already had one case in April where a very sick child ended up needing further treatment in Auckland."

Dr Jarman says that the main source for these toxin producing bacteria was animal waste, but can also be found in places contaminated with animal waste such as muddy puddles near farm animals or animals drinking troughs, farm clothing and footwear, and in dogs and other farm animals going inside a house.

"Children under five living on or visiting farms with cattle and calves are

most at risk from STEC illness. Anyone showing signs of the STEC infection should seek advice from their doctor or by calling Healthline on 0800 611 116 before taking any medication for this illness as some may even make it worse," he says.

One of the best ways to prevent infection is regular hand washing before eating, after helping out on a farm and after touching animals. Other ways to prevent infection include cooking meat thoroughly to kill any STEC bacteria and boiling untreated water and raw milk before drinking it.

Creative Talent Wanted for Korimako Lane

The South Taranaki District Council (STDC) is seeking expressions of interest to create an artwork for the soon to be developed Korimako Lane in Hawera.

South Taranaki Mayor Ross Dunlop says the commission is open to artists who currently or previously have lived in the South Taranaki District.

"It's exciting and very appropriate to be able to support local artists to contribute to works in our

community spaces," he says.

Korimako Lane has been designed to link the Napier Street carpark with High Street and is part of the overall Hawera Town Centre redevelopment plan. New shop frontages will also be developed which will open onto the lane.

Community development advisor Ella Borrows, says the artwork should reflect the Town's cultural and historical heritage while acknowledging that the Bellbird, in Māori is

Korimako.

"Artists are encouraged to evoke a unique 'sense of place' and to balance the need for a strong visual impact with a site-appropriate approach to design," says Mrs Borrows.

"The artwork can be functional, abstract or multi-dimensional, but must be practical and achievable within a budget of \$4,000 (including installation). As the artwork will be located outdoors it will also need to be durable to the natural weathering elements



An artist's impression of the new laneway of wind, salt and sun," she says. The artwork is to be completed by November 8 and able to be installed by November 23 at the latest.



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AUGUST 2018

Lollies, Popcorn, Ice-creams, Chocolate bars, Coffee & Tea For Sale	No Eft-Pos	Adults \$10, Students 4-16yrs \$8, Under 4 free Senior Citizens \$8. ID required for all R movies
 INCREDIBLES 2 Family Comedy 1hr 58mins PG Helen is called on to lead a campaign to bring Supers back, while Bob navigates the day-to-day heroics of "normal" life at home with Violet, Dash and baby Jack-Jack—whose superpowers are about to be discovered. Sat 4 th Aug 1pm	 HOTEL TRANSYLVANIA 3 Animated, Kids & Family 1hr 34mins PG Mavis surprises Dracula with a family voyage on a luxury cruise. On route, romance blossoms between Dracula and the ship's mysterious captain. Now it's Mavis's turn to play the overprotective parent, keeping her dad and Ericka apart. Sat 11 th Aug 1pm	 SHOW DOGS Comedy, Kids & Family 1hr 30mins PG Max, a macho, solitary Rottweiler police dog is ordered to go undercover as a primed show dog in a prestigious Dog Show, along with his human partner, to avert a disaster from happening. Sat 18 th Aug 1pm
 SKYSCRAPER Action, Drama 1hr 42mins M; Violence & Offensive language Former FBI and U.S. war veteran Will Ford, who now assesses security for skyscrapers. On assignment in China finds the tallest, safest building in the world suddenly ablaze, and he's been framed for it. A wanted man on the run, Will must find those responsible, clear his name and rescue his family. Fri 10 th Aug 7pm Sun 12 th Aug 7pm Wed 15 th Aug 7pm Sat 18 th Aug 7pm	 LIFE OF THE PARTY Comedy 1hr 45mins M; Sexual References When her husband dumps her, dedicated housewife Deanna heads back to college - landing in the same class as her daughter. Plunging headlong into the campus experience, the increasingly outspoken Deanna embraces freedom. Fri 3 rd Aug 7pm	 THE LEISURE SEEKER Action, Drama, Romance 1hr 52mins M; Suicide, Language & Sex scenes A runaway couple go on an unforgettable journey in the faithful old RV they call The Leisure Seeker, travelling from Boston to The Ernest Hemingway Home in Key West. They recapture their passion for life and their love for each other on a road trip that provides revelation and surprise right up to the very end. Sat 4 th Aug 7pm Wed 8 th Aug 7pm Wed 15 th Aug 1pm
 MAMMA MIA! Musical, Comedy 1hr 50mins PG Ten years later, on the Greek island of Kalokairi, Sophie is pregnant while running her mother's villa. Self-conflicted and worried that she can't do it by herself without her mother around, but with Tanya and Rosie's guidance, Sophie will find out more of Donna's past. Fri 17 th Aug 7pm Sun 19 th Aug 7pm	 ADRIFT Drama, True Story 1hr 36mins M; Language As the two avid sailors set out on a trans-oceanic journey, they couldn't anticipate they would be sailing directly into one of the most catastrophic hurricanes in history. After the storm hits, Tami awakens to find Richard injured and their boat in ruins. With no hope for rescue. Sun 5 th Aug 7pm Wed 8 th Aug 1pm Sat 11 th Aug 7pm	

Wed	Fri	Sat	Sun
	3 Life of the Party 7pm	4 Incredibles 2 1pm The Leisure Seeker 7pm	5 **BOUTIQUE** Adrift 7pm
8 Adrift 1pm The Leisure Seeker 7pm	10 Skyscraper 7pm	11 Hotel Transylvania 3 1pm Adrift 7pm	12 Skyscraper 7pm
15 The Leisure Seeker 1pm Skyscraper 7pm	17 Mamma Mia 7pm	18 Show Dogs 1pm Skyscraper 7pm	19 Mamma Mia 7pm

Puke Ariki Exhibition



Puke Ariki has a fascinating exhibition of moving full sized models and fossilised skeletons of the Permian pre dinosaur age, 200 million years ago. A movie called Walking with monsters also screens regularly in the little movie theatre. Definitely worth a look. The exhibition runs till September 9.



Entertainment at The Good Home



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Friday August 3- DJ BB. Saturday August 4 - Ash & Aidan playing live followed by Dj Ash. Friday August 10 - DJ Hazza. Saturday August 11- Ash & Aidan playing live followed by Dj Ash. Friday August 17 - DJ Mawai. Saturday August 18. Hira & Haimona playing live (Dan from the band Fronthouse & Ash) followed by DJ Ash . Friday August 24. DJ BB. Saturday August 25. - Day Breakers playing live

All entertainment starts at 10pm.