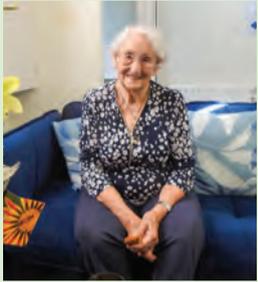




## Inside



Happy hundred Shirley. Page 5



Stratford Speedway's final meeting. p22



Hat trick for Liam. Page 23.



Opunake Players Clue on Stage starts May 9. Page



How do you know if your mental health is OK? Page 29,

Local news, Local people, local businesses, local sport, local arts and events. Delivered free around the mountain every fortnight.



Leaving the cenotaph at Opunake's dawn service.

## Wars sadly not in the past

The war in the Middle East and the conflict in the Ukraine gave this year's commemoration of Anzac Day an added significance with larger than usual attendance at Anzac Day services. The current conflicts were also a reminder that while we were there to remember those who died in past wars, wars were not a thing of the past. This was mentioned in the various speeches. In Opunake, a large crowd

turned out to commemorate ANZAC Day at the cenotaph overlooking Opunake Beach. The procession to the cenotaph from the Town Hall was led by the Stratford Pipe Band, the formal ceremony at dawn beginning with the New Zealand National Anthem in Maori and then in English followed by the Australian National Anthem. The New Zealand, Australian and Turkish flags were then raised.

The always moving Last Post was then played and the three flags lowered. In the World War I Gallipoli campaign 2800 New Zealanders, 8700 Australians and "many more Turkish" perished those gathered were told. Many more have died in conflicts since then. The formal ceremony over as the dawn began to break revealing a pink sunrise, the large crowd again lead by the band returned to the

Opunake Town Hall where there were various speeches. In a letter from the Governor General Dame Cindy Kiro which was read she said anyone who has experienced war has a unique story. She also spoke of its physical and mental impact. A letter from the Prime minister Hon Chris Luxon was also read out by Andy Whitehead from the Egmont Plains Community Board. He referred to how New

Zealand troops committed to the pursuit of peace and freedom conducted themselves with courage, camaraderie and decency. Opunake High School's head pupils then each spoke. The speeches ended with an appeal for understanding and for peace rather than war and those gathered reciting The Lord's Prayer.

## "There is nothing good about war, except its ending."

There is nothing good about war, except its ending, said Carl Bates member of Parliament for Whanganui and guest speaker at the Rawhitiroa Anzac Service. The great grandson of a veteran, Carl said he had visited "numerous halls around the region" noting in each their rolls of honour of those who "bravely, perhaps bullishly" enlisted soon to encounter "the gruesome face of war". Some had lost even 5 or 6 in one family he noted. Rural communities were hit the most he said such that there was a shortage of farm labourers. Indeed, rural people formed a huge percentage of those who enlisted.

divide with over 18,000 farmers and farm labourers enlisting compared with 5543 clerks, 1526 railway workers and fewer than three hundred lawyers and dentists." As we gather today to pay tribute to those brave New Zealanders who gave their lives in service of their country, let us hope and pray that the current conflicts in Ukraine and the Middle East end soon, and that there can indeed be peace again in our time, said Carl as he ended his interesting address. One of those country men who left Rawhitiroa never to return was Harry Wood. His nephew Nelson Every who had access to his uncle's



The Anzac service at Rawhitiroa.

"There was also a social

Continued page 3



# Letters to the Editor

Send your your views to: Letters to the Editor  
23 Napier Street, Opunake.

email: [editorial@opunakecoastalnews.co.nz](mailto:editorial@opunakecoastalnews.co.nz)

You are welcome to use a pseudonym but must supply your name and address to us.

**“Let’s create your business growth strategy together”**

Your only local community accounting firm



Accounting for the future, today

Hawera - Opunake - Patea - 06 278 4169

Opunake Office hours:

Mon, Wed & Thurs: 9am-3pm

*While we welcome free speech, the views expressed in the Letters to the Editor do not necessarily reflect those of the Opunake & Coastal News. Please limit letters to 350 words as we sometimes struggle for space to fit them all in.*

## Hundred day plan - is it working?

After reading the latest article from our Labour Party’s lady list MP Jo Luxton, as this 100 day political plan by this coalition government’s agenda reminds me of three smelly green slippery frogs slipping and sliding all over each other while at the same time floundering around and wondering where to go and what to do next., so my question is who’s really in charge or running this National Government? Maybe it’s still John Key

still having his input into politics, still trying to worm his way into what?

But the really good news is that our former New Plymouth MP Glen Bennett is now back in Parliament sworn in on the 26th of March this year as he has the economic development and the associate energy portfolios, so David MacLeod, Glen Bennett is now back in business once again far more stronger than ever, plus having a huge amount of support, so Mr MacLeod be on your guard

Tom Stephens  
New Plymouth

## Easter Remembrance

Once again it’s real pleasing to see that all four churches in Opunake have given their Easter messages, as still our Lord is being blamed for crime and warfare, which isn’t true at all, as ever since mankind first set foot on this earth all of these unlawful activities began and are still happening, simply because some people in the world of today really don’t believe in our Lord, as they only believe in greed, yet our Lord died on the cross for our sinful ways.

Maybe one Easter all four

churches could organise a full Easter Combined Church Service at the Sinclair Event Centre for the whole community of Opunake, young and old. It seems that Opunake is growing all the time at a fairly rapid pace which it is good to see taking place.

It seems some time since I have revisited Okato and Opunake myself, so bless you all, regardless of religion, culture, gender or age.

Tom Stephens  
New Plymouth

## ADELPHOS

Every gardener needs good soil, seeds and some helpful knowledge. But am I forgetting another vital ingredient if you’re gardening with God? That’s you. As a co-gardener with God or anyone you’re expected to do your share of the work, caring for and nurturing your garden. Without care weeds will abound.

Let’s start with the basics. First there’s the soil or call it plain ole dirt. It’s interesting that God made the first man, Adam, out of the “dust of the ground” (Genesis 2:7 NIV). The name Adam comes from the Hebrew noun adama meaning earth or soil. So in a real sense a caring gardener has a spiritual and organic connection to the earth, God and other people. Because God created all things (Hebrews 11:3).

So it’s no surprise that Jesus, in the gardening-like Parable of The Sower, insightfully uses the soil to represent four different

responses and attitudes people have to receiving the seeds of the Gospel message (From Matthew 13, Mark 4 and Luke 8).

Farmers used to sow seed all over their paddocks and up to the boundaries. But some of the first seeds fall over onto the hardened roadside path. Then birds pluck the Gospel’s message away, meaning it’s easily stolen by the devil from people with hardened hearts. Secondly, there’s the stony-hearted response: This seed falls on rocky places with barely any soil. It quickly germinates but soon dies because it can’t establish roots and dries up. These people joyfully receive the gospel but soon fall away when rocky times, trouble and persecution comes because of the socially unpopular message of the Gospel (Matthew 13:21). The third seed is the thorny-hearted response to God’s Word. People hear Jesus’ message but are

## Gardening with God

too busy to follow it and become overwhelmed by all the thorny problems and concerns of life. The fourth seed falls on good soil. This seed represents people who spiritually understand and wholeheartedly receive Jesus’ message of salvation; they obey God’s Word through their actions and lifestyle. Their garden yields a plentiful crop. The fruitfulness of their lives is visible to all.

Gardening with God will be a lot more successful if you read the instructions on

the seed packet. The seed packet is the Bible. Most Kiwis own one. But the seeds of God’s Word will only produce a bountiful crop when sown in the good soil of a receptive mind and heart: Someone who truly desires to be a co-gardener with God.

Adelphos

P.S. You’ll certainly have some gardening problems with the weather and weeds. But your co-gardener is there 24/7 to help.

## Deadlines for copy

We find we are working very late on a Tuesday night to put the paper together for it to be at the printers first thing Wednesday morning.

Our deadline for copy is Monday 10am.

This gives us an opportunity to proofread the copy.

We continue to receive a lot of material on Tuesday and are struggling to process it all as well as put together the paper.

If you have trouble meeting this deadline can you let us know.

This deadline does not apply to the Cops and Fire Service columns where incidents can occur on the Monday and Tuesday.

We do appreciate your contributions, so thank you in advance for your co-operation.

Next issue May 16 2024

**powerworx**

**POWER SUPPLY**  
*Rural & Residential*

**Design, upgrade and repair overhead and underground power supplies**

- Powerco Approved Contractor
- Network connections
- Powerline maintenance
- Vegetation control around powerlines
- Fault repair
- Specialists in rural power servicing and installation
- High voltage installation
- Street lighting design and installation
- Underground utility detection

**0800 877 746**  
E [powerworx@robertech.co.nz](mailto:powerworx@robertech.co.nz)

POWERCO approved contractor

Telarc: Approved  
Telarc: Registered  
Telarc: Registered

Health & Safety ISO 45001  
Environment ISO 14001  
Quality ISO 9001

# OPUNAKE & COASTAL NEWS

Registered office: 23 Napier Street, PO Box 74, Opunake

Phone: Office (06) 761-7016, A/h (06) 761-8206

For advertising, email: [ads@opunakecoastalnews.co.nz](mailto:ads@opunakecoastalnews.co.nz)

For editorial, email: [editorial@opunakecoastalnews.co.nz](mailto:editorial@opunakecoastalnews.co.nz)

For accounts, email: [accounts@opunakecoastalnews.co.nz](mailto:accounts@opunakecoastalnews.co.nz)

[www.opunakecoastalnews.co.nz](http://www.opunakecoastalnews.co.nz)

Editor: Bernice McKellar

Journalists/Sales: Rolland McKellar, Bryan Kirk

Advertising/Production: Vanessa Smith

Production/IT: Shane Butler

Delivery: Thursday, fortnightly

Registered as a newspaper.

Member of the Community Newspapers Association of New Zealand



The Opunake and Coastal News is distributed free to every home and business within the rural area bounded in the north by the New Plymouth city border, extending east to Egmont Village, and around to the edge of Stratford, south to the Hawera city border and inland to Kaponga and through Eltham.

## RENTAL VEHICLES



• CHARTER BUSES

• VANS

• TOUR BUSES

**ALUMINIUM SCAFFOLDING FOR HIRE**

\$35 per day, \$50 weekend.

More than 6 days \$30 per day.

**WATERBLASTER FOR HIRE**

Petrol 3000 psi 15L/minC

Cost: Half day \$90, Full day \$120, Weekend \$130. Friday after 3pm return Monday 9am.

Bond for waterblaster and scaffolding \$50.

For more information contact Tracey or Linda at

## PICKERING MOTORS

11 TENNYSON ST OPUNAKE Ph 06 761 8363

0800 22 11 20 Email: [pickering.motorsltd@gmail.com](mailto:pickering.motorsltd@gmail.com)

## gibsonplumbing LTD.

**CERTIFIED**

**Plumbing, Gasfitting and Drain Laying**

**Plus! Roofing, Wood Fires and other Heating Solutions**

06 761 8757 027 445 7164

[gibson.plumbing@xtra.co.nz](mailto:gibson.plumbing@xtra.co.nz)

# “There is nothing good about war, except its ending”

Continued from page 1

letters whilst he was overseas and has written a book based on his experiences then gave a very interesting talk about the uncle who grew up in Rawhitiroa – one of the names on the crosses.

Born in Eltham in 1917, a photo of Harry is in a school photo in the Rawhitiroa Hall nearby. After leaving Stratford High School in 1933 he worked on his parent’s farm in Rawhitiroa for three years then, wanting his independence and seeking adventure, went to Sydney. Several months later WWII erupted and Harry signed up in the Merchant Navy. Though not a fighting unit the Merchant Navy was involved in transporting food, machinery and military equipment which made them

a target. One of the ships Harry was in was torpedoed. He survived though two crew members lost their life. Keen on learning Harry went on to study navigation and after two years he decided – to his mother’s consternation – to become a fighter pilot. He was not however accepted for pilot training and, disillusioned, returned to the Merchant navy. Shortly after, the ship he was in was torpedoed just south of Madagascar. This time he was not so lucky and was among 26 who perished (24 survived).

Several days later, the German U-boat that had fired the deadly torpedo was itself torpedoed with the loss of all lives.

It was a moving story and certainly brought to life one of the people memorialised

in the white crosses. Next Alan Beck played The Last Post on his bugle. Again, a moving tribute to those who perished. He’d stood in at very short notice to replace someone who was sick and again, the performance added poignancy to the day. (a bit of competition from a car alarm lightened the mood!). The hour long service was wrapped up by Padre Lindsay Mairdonauld who, referencing the way the world is at the moment and the uncertainty of tomorrow, encouraged all to show concern for one another and go in the strength of the holy spirit.

*\*For a fuller account of Harry Wood’s life read Nelson Every’s book entitled Uncle Harry which is available at the Eltham*



Carl Bates, Member of Parliament for Whanganui after laying a wreath at the Rawhitiroa Anzac Day service.

Library and also at the New Plymouth library. It can also be purchased for \$40 from the Eltham Historical

Society. in Bridge Street, Eltham.

I thoroughly recommend it. Editor

RIGHT:

Harry Wood.



## Historic cemetery backdrop for ANZAC service



People gathered at the Lizzie Bell Cemetery on ANZAC Day.

The Lizzie Bell cemetery has become synonymous with Pihama, and has hosted the Pihama ANZAC Day ceremony for about 20 years. Before then the annual ceremony was held at the local school on the Surf Highway. When the Pihama School was closed early this century

the cenotaph which bears the names of those who fell in two world wars was transferred from there to the cemetery.

The Lizzie Bell Cemetery bears the name of the barque which was wrecked off Oeo in 1901, taking the lives of 12 of her crew. Those who died

that night are buried here. Among other memorials to that tragic event 123 years ago, the most recent addition has been the dray which carried the bodies ashore, lovingly restored and placed at the east end of the cemetery last year.

It is therefore perhaps ap-

propriate that the Lizzie Bell Cemetery with its poignant backdrop be the venue for an evening ANZAC service.

There was a good-sized turnout for the 5.30pm service. This was the last one for the day in South Taranaki, and the forecast rain stayed away until the service was drawing to a close.

“There’s not many events like ANZAC Day which come back year after year and keep little communities together,” said Pihama farmer Paul Bourke. The Pihama service always draws a good turnout of local people as well as people from further afield who have a connection to Pihama. The numbers attending were about the same as in previous years, although there were probably more kids there this time round, said Paul.

For piper Andy Davy and

his brother Bruce who accompanied him as drummer it was the last ANZAC service of the year, having appeared at Otakeho the previous evening, and at the dawn service in Manaia that morning.

Among the wreaths was one laid by mayor Phil Nixon and district councillor Bryan Roach on behalf of the South Taranaki District Council. Whanganui MP Carl Bates who was attending his last ANZAC service for the day also laid a wreath.

There were songs and readings. The Ode was recited. Opunake RSA padre the Rev Ian Sargent spoke about the destruction of Coventry Cathedral in World War II and how what has happened since then has created a model for reconciliation and forgiveness.

The English city of Coventry had suffered a sustained

attack from German bombers on November 14-15, in which an estimated 568 people had been killed and much of the city’s centre, including the cathedral had been destroyed. So great was the destruction that a new word Coventrate, meaning to utterly destroy entered the English language.

Undaunted, Richard Howard from Coventry Cathedral created the Cross of Nails made of nails from the bombed cathedral. In the years since the Cross of Nails has become a symbol of reconciliation. Other crosses have been made, and after the war one was sent to the Kaiser Wilhelm Memorial Church in Germany which had been destroyed by allied bombers. There is a Cross of Nails in the Cathedral at New Plymouth.

After the service it was on to a tea and refreshments at the Pihama Hall.

**HAWERA KITCHENS**  
THE KITCHEN BROTHERS

50 UNION ST HAWERA  
06 278 7044  
info@hawerakitchens.co.nz  
www.hawerakitchens.co.nz

REGISTERED MASTER JOINER

**JSL**  
Juffermans Surveyors Ltd

South Taranaki offices are at:

Allen Juffermans  
Surveyor  
Juffermans Surveyors Ltd

Te W’anake The Foundry,  
High Street, HAWERA  
06 278 4135

Prospero Place  
STRATFORD  
06 765 4122

32 Ridgeway Street, WHANGANUI  
06 345 0333

www.jsl.nz | info@jsl.nz

# Manaia commemorates ANZAC Day

For the second year in a row the Manaia ANZAC Day dawn parade was led by a 1973 ex Canadian army Scorpion tank, accompanied by the skirl of the pipes and the beat of the drum from brothers Andy and Bruce Davy. Andy is no stranger to ANZAC commemorations in Manaia, having been to the Manaia Parade for 66 of the last 68 years. He had been a piper for the Auroa Highland Pipe Band, and he

continued to play as a lone piper for commemorations along the Taranaki coast after the Auroa band wound up. At last year's ANZAC Day he was joined by his brother Bruce as drummer. Bruce had been an active member of the Auroa band for 25 years and been drum sergeant before shifting to the Wairarapa where he ran a business in Greytown and lived in Carterton. He



ANZAC Day at the Manaia Band Rotunda.

Reader, Paige Taylor and Caris Bradford made a presentation on behalf of Opunake High School. "The road may be long, winding and challenging, but it's because of the sacrifice that was made by the ANZAC soldiers that we are able to tread this road," said Caleb. The Rev Phil Woodmas noted that it is now 106 years since the end of World War I which was "supposed to be the war that ends all wars," and 72 years since the end of World War II. "The trouble is the human race doesn't seem to have learned anything from history."

He quoted the words of Jesus that "greater love has no man than that he lay down his life for his friends."

He said this was what Jesus had done, and this was an appropriate scripture for ANZAC Day.

"Do you leave here remembering those who sacrificed their lives for your freedom?" he said.

The Ode was read in Te Reo by Denis McLean, and in English by John Graham.

John Hooker of Nga Ruahine gave a karakia and said this was a time to remember those who served and are serving overseas, and to remember also the battles that took closer to home.

shifted back to Opunake two years ago.

This year as well as the Manaia service, the brothers had played at the Otakeho service the previous evening, and at the Pihama service later that day.

The Canadian Scorpion tank had made its first appearance at the Manaia parade last year. On that occasion Phil Sandford told the Opunake and Coastal News that he had picked it up on a trip to Christchurch. It was used mainly as a reconnaissance tank with a speed of up to 80kph.

The Manaia RSA had used

the Manaia District War Memorial Hall for ANZAC commemorations until 2016 when the hall failed to meet earthquake strengthening standards. In more recent years they have used the Manaia Bowling Club. A recently installed sign at the entrance to the club includes the RSA logo.

The parade made its way from the Bowling Club to the band rotunda where Manaia RSA president Barry Smith welcomed everybody. He noted the presence of young people at the service and said it was 75 years ago that he had spoken at an ANZAC

Day service as head prefect of Okaiawa School.

Among the wreaths laid by various groups was one by Manaia RSA life members John Graham and Aileen Joyce.

South Taranaki District councillor Bryan Roach laid a wreath on behalf of the Council and read a message from Prime minister Chris Luxon.

Harpa Olliver and Luca Harvie of Auroa School gave a presentation speaking about the human cost of the Gallipoli landing back in 1915.

Caleb Neil, Jackson

# Riverlea WI attend ANZAC service at Kaponga

Riverlea President Lynette Gargan and members supported the Kaponga RSA on Anzac Day by making floral tributes and taking care of the catering arrangements for the luncheon provided after the Parade and Service of Remembrance at Kaponga War Memorial Hall. After the Parade, Kaponga RSA President, Alistair Abbott welcomed everyone to the service especially the Queen Alexandra Mounted Rifles personnel. The service was conducted by Rev. Paul Bowers-Mason. Guest speaker, Mr Ross Dunlop gave a very interesting address. After the singing of God Save the King at the

end of the service everyone moved out to the Memorial Gates for the laying of wreaths, the Lament, Last Post and Reveille and the final Benediction.

Riverlea members and helpers served the delicious luncheon they had prepared earlier.

Leonie West  
Secretary Riverlea WI

Right. ANZAC service at Kaponga.



**Simple But Significant**

a simple cremation & burials

Helping Taranaki families with a range of simple, professional funeral services. With affordable caskets, urns & jewellery.

0800 236 236 233 Carrington St New Plymouth

www.asimplecremation.co.nz

You can rely on us for your energy needs

www.rockgastaranaki.co.nz

Transform your home - all your hot water, space heating and cooking needs from your trusted local Rockgas supplier.

Count on us - reliable delivery of 45kg LPG cylinders to your home, business, or farm where ever you live.

Locally operated and proud to be part of your community

rockgas TARANAKI

Call Rockgas Taranaki 0800 LPG 2 YOU or 06 757 9264

Don't leave them Wondering... Plan Ahead Today

SOUTH TARANAKI FUNERAL SERVICES

Ph: 06 2788 088

Funeral Directors MEMBERS

**TBL**  
TARANAKI BUILDING LTD

Local Builder  
Shaun Stanley Ph. 0278 186 385

MB  
MASTER BUILDERS

**TBL**  
TARANAKI BUILDING LTD

SUPPLIES  
OPEN HOURS  
THURS-SAT 9AM - 1PM  
181B TASMAN STREET OPUNAKE

# 100-year-old marches to beat of her own drum



Shirley Houston.

Shirley Houston who has just turned a hundred says her longevity can be put down to one thing. "My secret is I've always kept busy and always kept doing things," she says.

When she was 68 she decided off her own bat to start a seniors marching team in Hamilton and even roped in husband Allan as coach.

She grew up in South Taranaki, but until two years ago she was living in Monavale near Cambridge with her son Craig. When Craig shifted to Stratford to be closer to his family, Shirley moved into Eltham Care Rest Home.

The oldest of three daughters, she was born in Hawera and lived there until she was seven years old when the family shifted to Eltham.

Her father Len Stokes was a World War 1 veteran. One of his wartime comrades was Eltham County engineer and told him the county was getting its first motorised grader. Would Len like to drive it?

Shirley attended Eltham Primary School until she was 12 when her family shifted

back to Hawera. Her father's wartime comrade had gone from being county engineer at Eltham to being county engineer at Hawera, and Len went with him as grader driver.

Childhood memories include visits to a sister of her father's, a widow who had a farm at Taungatara near Opunake. She had a manager who she later married, and they later shifted to Opunake where they ran a billiard saloon.

After attending Hawera High School Shirley's first job was working at a shoe store in Hawera.

"Mum and Dad had a country house in Tokaora where I learned to dance as a teenager. I loved dancing ever so much, and I used to bike into town with my party frock on," she recalls.

During World War II everyone was "manpowered" into essential industries, so Shirley ended up working on farms around Hawera.

She met "a Whanganui boy" named Allan Houston who was in the air force. They got engaged on VE Day and were married in 1946. They were to have three sons and

were married for 73 years until Allan passed away four years ago.

Speaking on Friday last week Shirley says it was "75 years tomorrow" that her father Len passed away.

She remembers him as "a lovely man" who never talked about his war experiences.

"He was in the trenches for four years and didn't get a scratch. Then he gets cancer at 54. My mum, Inge passed away seven weeks before she was a hundred, so I've passed her," she said.

Shirley's husband Allan was a plumber by trade. They lived in Whanganui for seven years and then shifted back to Hawera, and later to New Plymouth where they lived for 13 years.

By this time their sons who had left home and shifted to Hamilton told their father they could get him a job at Winstones so Allan and Shirley made the shift.

Shirley worked in retail until she was 58.

When she was 68 her sister who lived in Tauranga told her that she had joined a senior marching team. The

in her husband Allan who had been active in highland pipe bands to act as coach. He had earlier been drum major of the City of New Plymouth Band.

"It's still going after 32 years," says Shirley.

Another interest was playing in an "oldies" band

which played at the rest homes in Waikato and the Bay of Plenty. She played the drums until she was 93.

Shirley has three grandchildren and five great grandchildren.

**SCHURR IRELAND**  
CHARTERED ACCOUNTANTS

---

**NEW PLYMOUTH**      **ELTHAM**  
p. 06 759 0105      p. 06 764 8305

---

[www.schurrireland.co.nz](http://www.schurrireland.co.nz)

**DOOREYS DOORS**  
TARANAKI GARAGE DOOR INSTALLATION

**OUR SERVICES**

- ✓ Timber doors
- ✓ Roller doors
- ✓ Sectional doors
- ✓ Garage door repairs
- ✓ Merlin motor supply & installation

CONTACT JARED BARRON      027 208 6113  
sales@dooreysdoors.com      www.dooreysdoors.com

**OPUNAKE LAWYERS**  
**Thomson O'Neil & Co.**

*Our Opunake Office is attended by:*

**Robert England on Wednesday & Fridays**  
for buying and selling houses, farms & businesses; Trusts, Wills and Estates.

**Mark Utting on Tuesdays**  
for buying and selling houses, farms & businesses; Trusts, Wills, Estates and refinancing matters.

**FOR ALL YOUR LEGAL REQUIREMENTS**  
**30 TASMAN ST, OPUNAKE**  
**PH: 761 8823**

**Flowers R Us**

158 High Street,      Raewyn Clifton  
Hawera      Ph: 06 215 5041

**FLORIST & GIFTS**

67 Breakwater Rd (up Norma's Way) • NEW PLYMOUTH • PHONE 06 751 5065  
FAX: 06 751 5085 • WWW.NEWTONGORDGE.CO.NZ

**ALL DOMESTIC & COMMERCIAL JOINERY**

**Newton Gordge JOINERY**

• Kitchens • Stairways • Vanities • Lounge Units • Bench Tops • And More

### HOW ARE YOU GETTING ON WITH YOUR AB SOLUTIONS?

We're here to help!

Design & Fabrication

**Coastal Welders**  
027 255 8677  
06 752 8138  
Email us at [coastalwelders@xtra.co.nz](mailto:coastalwelders@xtra.co.nz)  
WAREA



WINDOWS AND DOORS

CREATORS OF THE ORIGINAL RANCHSLIDER

**Fisher Taranaki**

50 Rimu Street, Strandon, New Plymouth

06 758 5068

[fisherwindows.co.nz](http://fisherwindows.co.nz)

Powered by



## OPUNAKE & COASTAL NEWS

CAN HELP YOUR ADVERTISING REACH YOUR TARGET AUDIENCE

FOR ADVERTISING THAT WORKS

OPUNAKE & COASTAL NEWS

# Digger spends weekend in a hole



Cranes came to the rescue after a digger helping lay new wastewater pipes got stuck.

Last week two cranes were extricating a glitch that was holding up the laying of new Opunake wastewater pipes. On the Monday a small group of onlookers were on hand to see a digger being lifted that had got stuck in a trench while the

South Taranaki District Council were carrying out preventative maintenance on wastewater pipes near the intersection of Dorset and Tennyson streets. South Taranaki District Council project engineer Tim Moffitt said the digger

had been pulled forward on to its side while moving a trench shield on the previous Friday. The Council were in the process of replacing 225mm pipes with 300mm PVC pipes. Tim said they had been running cameras along

the line and footage had shown a number of dips and cracks. In situations like this, one option is sometimes to place a plastic liner along the line, but this time there were too many dips and cracks, so it was decided to replace the pipes instead, said Tim.

## Homicide investigation

Police have been carrying out a homicide investigation at the former Ngahuru Rest Home site in Hawera, which is now an accommodation complex.

Police were called to a disorder incident in Gladstone Street in Hawera at around 10pm on April 22. A 46-year-old man has been arrested and charged with the murder of Whatitiri Whakaruru (26), and is due to appear before the High Court at New Plymouth on May 17.



Police have been carrying out a homicide investigation in Hawera.

## POWERLINE FAULTS AND SERVICING

From a fuse or broken insulator replaced to a complete powerline rebuild

Call: **TOP OF THE LINE ELECTRICITY SERVICES**

Greg Lewis: 027 453 0326

**Powerline Servicing Specialists**

Free line inspections  
Free advice | Free quotes



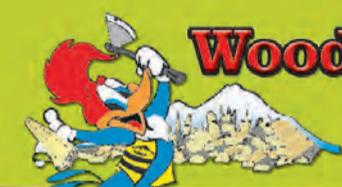
COME AND SEE WHAT THE FUSS IS ABOUT!

With Winter approaching it's time for some comfort food - stews, slow cooked meats, corned beef ...

*Our sausages are made in-store! Get in quick as they sell out fast!*

• Quality fresh cuts of Beef/Lamb/Free Range Pork/Chicken

OPEN TUESDAY - SUNDAY 10am-6pm  
1139 South Rd (behind the bottle store)  
Ph 06 7521157 Email: [info@oakurameatco.nz](mailto:info@oakurameatco.nz)



**Woodward's FIREWOOD**

Animal Bedding For Stand Off Pads  
Calf and Goat Sheds  
Wintering Barns

- Untreated ground up waste wood —
- Raw material stockpiled then ground to order —
- Pick up or delivered to your farm —
- 9m<sup>3</sup> truck loads —
- 65m<sup>3</sup> truck loads —

**06 755 2047**  
124 De Havilland Drive, Bell Block • [office@woodwardsfirewood.co.nz](mailto:office@woodwardsfirewood.co.nz)  
[www.woodwardsfirewood.co.nz](http://www.woodwardsfirewood.co.nz)

# Major boost for Opunake to New Plymouth bus service

Bus links on the iconic Surf Highway are being improved by Taranaki Regional Council with a major boost to the Opunake to New Plymouth route from 1 May.

Commuters and shoppers heading from the coastal Taranaki township to New Plymouth on the Southlink Coastal service are now able to use the service every day from Monday

to Friday while a drop-off and pick-up has been added for students heading to Spotswood College. The bus will make stops along the way in Rāhotu, Pungarehu, Okato and Ōākura.

The timetable has also been revamped to allow those heading to New Plymouth from coastal Taranaki more time for shopping or an appointment in the

mornings and afternoons. Those catching the bus to New Plymouth at 11.30am or from Opunake at 1.30pm are eligible to use their Gold Cards.

Chair Charlotte Littlewood says there has been strong community feedback asking for more buses from and to Opunake and other coastal towns. Moving to a Monday to Friday timetable provides an invaluable

service for those without access to transport, those wanting a more sustainable travel alternative.

“We’re thrilled to be able to increase our bus services from and to Opunake. We’ve listened to what people want and providing a daily service, Monday to Friday, means schoolchildren and those heading up State Highway 45 for work will now be

able to use the bus,” Mrs Littlewood says.

“We hope the service will be well used by those looking for a sustainable alternative to the car. Hopping on the bus is cheap and easy and means commuters don’t have to worry about parking or paying for petrol and we’d love to welcome you on board.”

The Southlink Coastal service will pick up boarders

from Francis Douglas Memorial College for the first time as well as from New Plymouth Girls’ High School, Sacred Heart Girls’ College and New Plymouth Boys’ High School on Fridays and there is the choice of two drop-off points in Opunake: Dreamtime or Napier Street A one-way trip on the Southlink Coastal bus costs \$5.

## Condition for sports grant

A grant to help Opunake High School students to buy sportswear has come with a caveat. On April 17, the Taranaki Coastal Community Board voted to grant \$2000 from the board’s discretionary fund to assist in buying embroidered bags and shirts for school sports teams. Aarun Langton, who is the South Taranaki representative on the board declared a conflict of interest and did not take part in the vote.

The High School had applied for \$3000.

During the board’s discussion, the question was raised whether the uniforms would be retained by the school or pass on to the individual team members.

Board chair Andy



Opunake High School sports women Beth Cook, Paige Taylor and Arna Bright were selected for the Tournament team at Basketball Nationals last year.

Whitehead said a grant could be made that would be conditional on the uniforms remaining the property of Opunake High School.

Board member Liz Sinclair asked when the trip was going to take place where the uniforms would be used. When told that it

was May-June she said that this suggested deferring the matter wouldn’t be an option.

Andy Whitehead it would still be possible to award the money retrospectively. He said he would be happy to move that \$2000 be granted on the condition that the uniforms remain

the property and not be given to individuals.

Board member Monica Willson said she would second the motion. It was important that student teams look good when representing the school overseas, she said.

## Mental health problems could be holding young people back from driving

Young people with a mood disorder are less likely to get their driver’s license when they become eligible and are more likely to crash if they do start driving, according to US research. The team looked at driver’s license rates and driving outcomes

among a group of 1879 youths with a mood disorder and about 85,000 without a mood disorder, all around the age they became eligible to drive. The researchers say young people were 30% less likely to get a driver’s license if they had a mood

disorder, and those with mood disorders who did get a license had a higher likelihood of crashing within the first two years than their peers.

JAMA Network Open

### Now Monday to Friday

Improved timetable  
2x Daily

BOOKINGS ESSENTIAL

for NPBHS, NPGHS, FDMC & SHGC boarders

# Southlink

Coastal service

## ŌPUNAKE - NEW PLYMOUTH

Effective 1 May 2024

Ōpunake to New Plymouth (Mon-Fri)		AM	PM
Ōpunake	Bus stop, Napier St	6.55	1.30
Rāhotu	Plunket Rooms	7.08	1.43
Pungarehu	Opposite Town Hall	7.13	1.48
Okato	Carthew St. (opp. Sinclair’s)	7.25	2.00
Ōākura	Ōākura Hall	7.35	2.10
New Plymouth	Spotswood College*	7.50	2.25
New Plymouth	Liardet Street	7.57	2.32
New Plymouth	Egmont Street	8.00	2.55

New Plymouth to Ōpunake		AM	PM	Friday only	PM	
New Plymouth	Egmont Street	11.30	5.05	New Plymouth	FDMC	4.25
New Plymouth	Liardet Street	11.33	5.08	New Plymouth	NPGHS	4.40
New Plymouth	Spotswood College*	11.40	5.18	New Plymouth	SHGC	4.45
Ōākura	Ōākura Hall	11.50	5.20	New Plymouth	NPBHS	4.55
Okato	Sinclair Electrical, Carthew St.	12.00	5.30	New Plymouth	Egmont Street	5.05
Pungarehu	Town Hall	12.10	5.40	New Plymouth	Liardet Street	5.08
Rāhotu	Four Square	12.15	5.45	New Plymouth	Spotswood College (pick-up only)	5.18
Ōpunake	Dreamtime	12.28	5.58	Ōākura	Ōākura Hall	5.20
Ōpunake	Bus stop, Napier St	12.30	6.00	Okato	Sinclair Electrical, Carthew St.	5.30
				Pungarehu	Town Hall	5.40
				Rāhotu	Four Square	5.45
				Ōpunake	Dreamtime	5.58
				Ōpunake	Bus stop, Napier St	6.00

**KEY**

- Bus stops
- Opunake to NP return
- i-Site Puke Ariki

Southlink Coastal service is operated by Pickering Motors Ltd with support from Taranaki Regional Council

BUS BETTER WITH

SCAN TO DOWNLOAD transit APP

# Courage and conviction

Someone shared a view of politics with me when I was a young MP.

This person, a wise old politician, told me that politics is simple. You tell the public what you want to do, and then you do it.

Whilst there is a lot of truth in that, it is not as simple as it sounds. To fulfil your promises, you need courage and conviction. It takes courage to stick your neck out and make promises, and then you need conviction to follow through on them. The



**BARBARA KURIGER MP**  
TARANAKI-KING COUNTRY

previous government lacked both of these qualities, which eventually cost them.

Yet the current government has done it twice in the few short months since coming to power. The first was the 100-day Plan—a legislative programme destined to deliver 49 key policy points that we as a country desperately needed and voted for.

That's been done, dusted, and delivered within deadline.

The second is the 36-point Action Plan recently announced by our prime minister. It's a clear, concise,

and, importantly, measurable plan the National Party has for New Zealand—a firm commitment we are prepared to commit to paper.

The farming community has particularly taken notice that the plan includes at least four measures intended to benefit farmers directly:

1. I n t r o d u c e legislation to amend the RMA to clarify the application of the National Policy Statement on Freshwater
2. M a n a g e m e n t

in relation to individual consents for freshwater and to extend marine farm consent.

3. I n t r o d u c e legislation to suspend the requirement on councils to identify and adopt new Significant Natural Areas.

4. Finalise policy to keep agriculture out of the ETS.

With such legislative intentions, the Government is restoring recognition of the rural sector and its importance to the economy

and community. Moreover, we have the courage to commit those promises in writing—giving farmers a virtual list of tick boxes to track our progress and our promises.

We have already ticked off one box by having the courage to tell you what we want to do. And I have absolutely no doubt we have the conviction (and capability) to do it!

*Barbara Kuriger, MP for Taranaki-King Country.*

# We need real cost of living support here in Taranaki

National's approach means families receive less money and have to wait longer for childcare support. Meanwhile, under Labour's plan, parents would already be benefiting from an extension to 20 hours of free early childhood education, saving families with two-year-olds up to \$130 per week.

For some in Taranaki,



**GLEN BENNETT**  
LABOUR LIST MP

covering the upfront cost of childcare is challenging. National's policy, which requires families to claim back expenses, means some parents will miss out. This process is especially burdensome for busy parents who must collect invoices from childcare centres and claim back the money themselves from IRD.

Labour has called for

an urgent inquiry into the soaring profits of supermarkets and the rising cost of food. It's essential to support everyday people, which should be the focus of politics.

National's actions on the cost of living don't align with their promises. Instead of initiatives like maintaining free prescriptions and continuing half-price public

transport, they've allocated \$3 billion to landlords and introduced a new drivers' tax while refusing to fully fund the school lunch program. School lunches not only ensure children have full tummies and better focus in class but also save families an average of \$33 per week per child.

Before the election, National claimed their promises

were affordable and would help with the cost of living. However, experts have warned that their tax cut plans could fuel inflation, leading to further price hikes. Both Labour and National pledged to address the cost of living during the campaign. It's time for National to deliver on that promise.

*Glen Bennett  
Labour List MP*

# Leading respiratory health organisation calls for ban of all engineered stone products

The Asthma and Respiratory Foundation NZ is calling for a ban on engineered stone to better protect respiratory health for all workers throughout the country.

This echoes calls from Royal Australasian College of Physicians (RACP) and the Thoracic Society of Australia and New Zealand (TSANZ).

In New Zealand, between 750 and 900 people die from work-related diseases each year. These are in addition to the 5000-6000 hospital admissions each year due to work-related ill-health.

Over the past few years, there has been increasing concern about the use of silica-containing artificial stone - which is used to make bench tops for kitchens and

bathrooms. When silica dust is inhaled, it can cause permanent damage to the lungs and silicosis (a respiratory illness) can develop. Silicosis causes scarring of the lung tissue which makes it hard to breathe. It can severely reduce quality of life, and - in extreme cases - it can be fatal.

There is no cure for silicosis. There are multiple alternatives and, as trusted and independent leaders in the respiratory health sector, we do not want to see workers' lung health deemed of lower importance than consumers' aesthetic preferences. It can take up to 10 years after exposure for symptoms of silicosis to appear, meaning that people who

work with silica-containing substances usually don't realise that damage is being done to their lungs while they are working with it. Banning engineered stone will not eliminate silicosis but it will protect those involved in very high-risk work from further exposure. In December 2023, the Australian Government announced a ban on the material. We are calling for New Zealand to ban engineered stone to protect the respiratory health for workers.

work from further exposure. In December 2023, the Australian Government announced a ban on the material. We are calling for New Zealand to ban engineered stone to protect the respiratory health for workers.

# Did building blocks of life form in the cracks of volcanoes?

Volcanoes could hold the clues to how the first building blocks of life may have formed into complex chemical mixtures, according to international researchers, who found in laboratory experiments that heat flows moving through cracks in rocks can purify molecules that are relevant to

the chemical origins of life. The team used specially built chambers with minuscule cracks to isolate and purify specific molecules necessary to building life. Similar cracks can be found in the Earth's crust and are thought to have been abundant on Earth before life formed, according to the team.

# Polyester pollution disrupting life on seafloor

New Zealand and international researchers have found that tiny plastic fibres from polyester materials are messing with the way organic matter is usually broken down on the seafloor. The effects of these microplastics differed depending on the make-up of marine

sediments but were always disruptive. The authors of the study say that polyester microfibre pollution is causing profound ecological harm by interfering with natural cycling processes in coastal ecosystems that are important for supporting life on Earth.

## Your Taranaki MPs are here to help you.

**Barbara Kuriger MP** for Taranaki-King Country

barbara.kurigermp@parliament.govt.nz  
barbarakuriger.national.org.nz/



**David MacLeod MP** for New Plymouth

david.macleodmp@parliament.govt.nz  
www.national.org.nz/davidmacleod



**Carl Bates MP** for Whanganui

Whanganui • South Taranaki • Stratford  
carl.batesmp@parliament.govt.nz • www.national.org.nz/carlbates



# Private John Joseph Bourke remembered at Eltham Anzac Day Service

The story of Private John Joseph Bourke who is remembered on the Eltham School Memorial Gates was read out at the Eltham Anzac Day Service



PTE. J. J. BOURKE, of Eltham. Killed in action.

## John Joseph Bourke.

After his initial training he sailed for England in May, arriving on the 27th of July.

He was posted to France on the 20th of August but sadly, Private John J Burke was killed in the second day of the Battle of Flers Courcelette (corsell-ett) – part of the Battle of the Somme - on September 16 1916.

“Oh how he must have thought of his home just across the Irish sea...,” said great niece Catherine Horan who takes up the story from here:

A field enquiry heard evidence from fellow soldiers who stated that he had been seriously wounded, “He seemed to be hit in the abdomen and was bleeding from other wounds as well.”

The enquiry concluded that: ‘Pte Bourke was hit again after being lifted from



The Eltham Anzac Day service at the Eltham Cemetery Eltham RSA Padre Lindsay Maindonald with Eltham RSA President Llew Eyon.

Commemorating Anzac Day, Eltham Civic Service outside the Eltham Primary School Memorial gates.

the trench, being unable to move, he was either buried or blown to pieces.’

When my mother was a child she remembers her grandmother crying when his army pension was paid every month.

“In 1991 we cried when we visited the area where he had died, thinking of them both and of every other heartbroken mother who lost a son in WW1.

“A photo found its way to us from New Zealand, showing John as a small boy with his sister Kate,

brother Michael and their grandfather Mike Bourke – spelled Burke in Kerry.

It is a wonderful photo taken around 1885 or so. It appears the photo was taken specially to be sent to old Mike Bourke’s relations already in New Zealand.

He had five brothers: Michael, Redmond and Tom in New Zealand; Flor, my mother’s father who remained in the home place

in Ballymacpierce and Paddy in the USA.

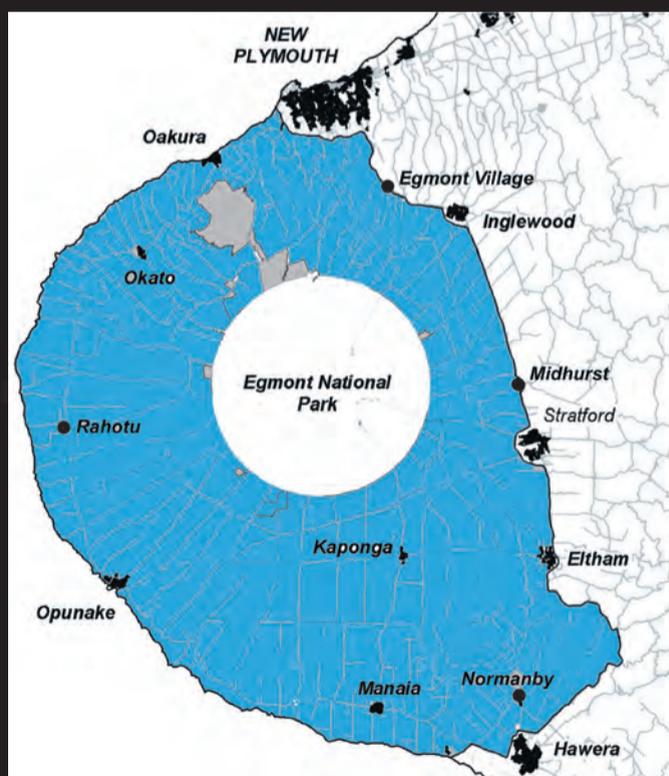
As was the case in many Irish families, while John fought on the British side in WW1, his brother Paddy was actively involved in the Republican struggle against British rule in Ireland some years later.

We know he was six feet tall, had a fair complexion, dark brown hair, blue-grey eyes and had a scar

on his felt shin. John never married. However, he is remembered by present family generations in Kerry, New Zealand and the USA.”

John Joseph Bourke is also remembered on the memorial to New Zealand soldiers at Caterpillar Valley Cemetery, Longueval near Albert, France.

**WANT TO DO BUSINESS IN OUR AREA? TALK TO US**



Opunake and Coastal News is distributed free to every home and business within the rural area, bounded in the north by the New Plymouth city border, extending east to Egmont Village, and around to the edge of Stratford, south to the Hawera city border and inland to Kaponga and through Eltham.

We are an independent newspaper based in Opunake, which is targeting both the towns and rural communities and we aim to have news coverage within all the areas of our distribution.

We want to be involved with your business call today and discuss your marketing options with the team.

COVERING THE COAST

Promote your business or event in our area call us on (06) 761-7016



• 23 Napier St, Opunake • Ph/Fax 761-7016 • email: ads@opunakecoastalnews.co.nz

Despite only being founded in 2021, Murphy & Landrigan Chartered Accountants continue to undergo a remarkable time of growth. We have continued to build on the recognition we received as one of Xero New Zealand's fastest-growing public practice accounting firms in 2022 and 2023 - an achievement which speaks to our clients' trust in our ability to navigate complex finances, optimize tax efficiencies, and provide valuable SME business advice.



But what truly sets us apart is our commitment to transparency. With a fixed fee model, we ensure that you have a direct line of communication to our whole team, knowing that you won't be billed for our additional time – be it a quick phone call or an in-depth tax planning session.

But what does the fixed fee look like to our clients? At the beginning of each financial year, we provide them with a quote for what we will charge for their accounting services. This covers GST, PAYE and annual financial statements (including an end of year meeting). We divide this cost over twelve months - no more getting your tax bill and accounting fees at the same time.

The results of this model have been hugely beneficial, as we now hear more from our clients than we ever have. We dive deep to get to know the people behind the businesses, enabling us to provide tailored solutions that align with long-term goals. As we continue to grow and evolve, we are excited about the future and the opportunities it presents for making an even greater impact on our clients' financial well-being.

M&L's clientele spans the nation, with a significant presence in the farming sector. Notably, over 30% of our clients come from outside Taranaki, generating substantial revenue that we bring into the community. This highlights our reach beyond our immediate region, and our ability to connect with clients - regardless of geographical distances.



Contact Deb and the M&L team to chat further: deb.burmeister@murphylandrigan.co.nz 06 758 0085

# Water use across New Plymouth district takes a dip despite hot summer

New Plymouth District residential properties were less thirsty than usual during summer with a five per cent drop in water use for the first three months of the year, NPDC can confirm.

Three months of water restrictions ended on 31 March and when compared to the same period last year, the amount of water saved would have filled nearly 73 Olympic swimming pools (182,000m3)

Ōkato area was the standout with water use down 15 per cent (7,465m3) from last summer.

NPDC Three Waters Manager Mark Hall says there are various reasons for the drop in water use during the driest time of the year.

“We’ve had the Wai Warrior messages go out to remind people about being careful with their water use during the time of year when



Waiwhakaiho River is the source of the New Plymouth water supply.

it’s in highest demand. There’s also the effect of weather from year to year, and the growing influence of our leak detection programme through water meter installation.

“Between public education, infrastructure maintenance and the

occasional spell of rain, we’ve all managed save a significant amount of water across the district during summer,” he says.

The average weekly water use by households during summer is between 10 and 20 percent higher than the yearly weekly average.

New Plymouth was down six per cent (3,003,000m3 vs 3,185,733m3), while Inglewood was up 2.5 per cent (160,000m3 vs 156,600m3), and Ōākura was up six per cent (86,100m3 vs 81,600m3).

## Extreme sea levels during heat waves becoming more frequent

New international research has found that 40% of the world’s coastlines saw a significant increase in simultaneous heatwaves

and extreme sea level rise, especially in tropical regions such as the Pacific Islands. Under a high emissions scenario, the authors say

that on average, global coastlines could experience 38 days of simultaneous heatwaves and extreme sea levels each year between

2025 and 2049, compared with just 7 days per year between 1989 and 2013.



Carlin Hamill with parents Katrina Brophy and Greg Hamill.

# A doctorate for Carlin

Carlin James Hamill recently graduated with a Doctor of Philosophy in Biological Sciences from the University of Waikato. Carlin has been offered a three-year post-doctoral position at the University of St Andrews, Scotland.

He is the son of Katrina Brophy and Greg Hamill, and grandson of Simon and the late June Brophy and Lynette and Lyndsey Hamill. He attended Rahotu Primary School from ages 5-9.

## FOR SALE BRAND NEW LUXURY | 36A BULLER ST



3 bedrooms, 1 living area, 2 bathrooms, 2 cars, 1 garage, 192m<sup>2</sup> floor area



Here is your chance to own a stunning brand new lock up and leave town house in the heart of New Plymouth.



FOR PHOTOS, VIDEO AND 3D TOUR, SCAN HERE

PLUS a \$10,000 FREEDOM Furniture voucher for the successful purchaser.

Call me for more details or to arrange a viewing time.



# YOUR COMMUNITY, YOUR VOICE, YOUR FUNDING PRIORITIES

# TRANSFORMING PHILANTHROPY

Participatory philanthropy is set to expand across the region with more communities deciding how funding is allocated.



“Participatory philanthropy” – Placing affected communities at the center of grant-making by giving them the power to decide who and what to fund.

## TE AHO POUTIAKI

TE AHO POUTIAKI is a Toi Foundation funding initiative focused on leadership development, cultural preservation, and community empowerment, trialled last year in South Taranaki with great impact and success. Not only because of the funding distributed across the community, but a 10-strong group of taiohi (youth) worked in partnership with Toi Foundation, learning important governance, professionalism, leadership, community engagement and communication skills throughout a 12-month period.

*Te Aho Poutiaki, the name gifted to this programme means – the guardians of the threads that connect us all, linking us to the land and our tūpuna (ancestors).*

## PARTICIPATORY PHILANTHROPY EXPLAINED

A community-led approach to grant-making and social impact that; actively involves the community in the decision-making processes on how resources are allocated and utilised, is responsive to the needs of that community, nurtures and develops the potential of taiohi, addresses inequity in accessing funding, and promotes inclusive, equitable, and sustainable approaches to social change.

- EMPOWERMENT + LEADERSHIP
- COLLABORATION + PARTNERSHIP
- TRANSPARENCY + ACCOUNTABILITY
- ADAPTABILITY + SUSTAINABILITY

## TE AHO POUTIAKI IN ACTION

**PĀTEA COMMUNITY, SOUTH TARANAKI**  
2 FUNDING ROUNDS

10 YOUNG DECISION-MAKERS 45 APPLICATIONS RECEIVED \$80,000 GRANTED (13 GRANTS)

A 10-strong group of taiohi, ranging from 15 to 21 years of age, was established in Pātea to distribute funding into the community. All taiohi involved had a connection to the area and an innate knowledge of the needs of their community.

**PROGRAMME VALUES**

**WHĀNAUNGATANGA**  
Unity and belonging

**RANGATIRATANGA**  
Leadership

**MANAAKITANGA**  
Respect and kindness

**MATATIKA**  
Being accountable

**PROGRAMME OUTCOMES**

An independent review of the programme in action in Pātea, identified Te Aho Poutiaki as having a significantly positive impact on the community, particularly for youth. It was community driven, responsive, and had a strong cultural foundation.

- Youth empowerment
- Fostering identity and belonging
- Diversity
- Trust
- Leadership and governance
- Community engagement, communications skills & collaboration
- Cultural preservation and sustainability
- Succession planning & pathways

“Community at the core’ is paramount for Te Aho Poutiaki and inherent in the values that it perpetuates.” (PARTICIPANT)

“The initiative stands as a beacon of hope, fostering leadership and cultural preservation.” (PARTICIPANT)

“This experience has taught me the power of community-driven initiatives and the importance of preserving cultural heritage. These lessons are invaluable and can be applied to other aspects of life.” (PARTICIPANT)

“Te Aho Poutiaki is building our future leaders.” (PARTICIPANT)

**NEXT STEPS**

Toi Foundation continues to explore and learn the benefits of placing underserved communities at the centre of grant-making. As we focus our efforts and support on areas of greatest need, we’re collaborating, empowering and celebrating the positive changes and long-term impact this approach is achieving for Taranaki.

[TOIFOUNDATION.ORG.NZ](https://TOIFOUNDATION.ORG.NZ)

With a view to sustain and extend participatory philanthropy across our rohe, Toi Foundation have committed to continue Te Aho Poutiaki in Pātea, and also grow the initiative, bringing Ōpunake and Mania communities into the fold. Keep an eye out for when the funding rounds open in July this year.

**FOUNDATION**  
A THRIVING, INCLUSIVE & EQUITABLE TARANAKI

# Igniting a passion for Taranaki to attract International Students

The once blossoming industry of international education is continuing to recover, with Te Puna Umaga Venture Taranaki, the regional development agency, hosting two separate delegations in March and April.

Prior to the pandemic, Taranaki was home to over 1,000 international students, however these numbers dropped to under 500 in 2022 due to impacts from lockdowns.

The economic impact of this is significant. In 2018, international students contributed \$50 million to the Taranaki economy and supported around 330 jobs. While the sector has been slowly recovering, there is optimism that the region is regaining momentum.

The first delegation included eight high-school teachers from Japan, a staff member from Air NZ, and two staff from Education New Zealand (ENZ). The teachers were from the Kansai and Kantō regions, and Taranaki was the second stop of a tour which included Auckland, Whanganui, and Palmerston North. The delegation sought to understand New Zealand's High School education system for girls, with a focus on gender

equality, diversity and inclusion, as well as inquiry-based learning and Science, Technology, Engineering and Mathematics (STEM) subjects.

"Teachers from Japan have quite a bit of influence on students", says Sean Markham, Talent Advisor at Te Puna Umaga Venture Taranaki. "Unlike students from other countries who only rely on advice from international education agents, Japanese students tend to have strong relationships with their teachers, who also lead their international programmes, so it's great to have them here to showcase the region."

These visits to New Zealand, known as "famils", are a key avenue for teachers and agents to familiarise themselves with a region and create (or build on) relationships with educational providers. It's not all about what happens in the classroom either - it's vital that the lifestyle an international student will have while studying in Taranaki is showcased too.

Activities often highlight cultural experiences and local sightseeing.

A second delegation, which included three agents representing Brazil, German, French, Philippines,

Vietnamese, and Thailand markets, were in Taranaki for two full days. Their schedule included cultural and tourism visits to the Govett-Brewster Art Gallery, Puke Ariki museum, the coastal walkway, windwand, Te Rewa Rewa bridge, Back Beach, Fitzroy beach, and a picnic up Maunga Taranaki. In terms of education familiarisation, they received a tour of Pacific International Hotel Management School (PIHMS), WITT

Te Pūkenga, Lingua, and New Plymouth Girls' High School.

"We always enjoy showcasing our school and believe that spending time here is the best way to truly understand who we are and what we do", says Jacqui Brown, Principal at New Plymouth Girls' High School. "Visits from those who support students with their adventure to New Zealand is the first step."

"At New Plymouth Girls'

High School one of our values is Whanaungatanga/ Relationships. Every visit is an opportunity to build or strengthen relationships and share our place in a globally connected world. We enjoy the rich diversity of thought, experience, and ideas that come from having students from around the world learning together at our school. Students have the opportunity to develop their understanding of themselves and each other

and recognise that we share more similarities than differences."

"International students bring a wealth of benefits to the region", continues Markham. "This includes economic benefits, but more importantly, they help create global citizens for our domestic students by bringing cross-cultural learning into our classrooms and lecture theatres."



Students and teachers play ti rakau (traditional Maori game).

## Gardening with Palmers Gardening Centre



Garlic is easy to grow and good value as a few bulbs give a good harvest. At Palmers, we stock Printanor and Elephant garlic. Printanor is a medium-sized garlic bulb with white skin and mid-strong flavour. Elephant is larger with a milder, sweeter flavour - perfect for roasting.

Tradition says that you

plant garlic on the shortest day and harvest on the longest day. However, you can plant as early as April and into September. Find a sunny position with free draining, loose soil. Add lots of compost as garlic is hungry. Separate the bulb into cloves and use the biggest and best. Plant them 15cm apart with the

pointy end facing upward. Plant at double the size of the seed - around 5cm should be about right. Little water will be required over winter but keep on top of weeds. Once your garlic has sprouted, lay a thin layer of mulch to keep the soil moist and cool. In spring give the plants a good feed. Liquid fertiliser, blood and bone

## It's time to plant garlic



Garlic - time to plant!

and sheep pellets are all good options and make sure your soil doesn't dry out. Garlic can be planted in a container - anything bigger than a bucket is good. Harvest when the tops of the garlic start to die back - December to January. Dig them up with a fork and use fresh, or leave to dry out which takes 3 - 4 days. Put a few bulbs aside for next year's planting and start the cycle all over again.

**TOP QUALITY BRANDS**

**WALKER Masport**

**Cub Cadet HONDA**

**KÄRCHER | STIGA**

**We Sell and Service a wide variety of brands & pick up and deliver Taranaki wide**

**STIHL SHOP** STIHL SHOP HAWERA  
Cnr Glover Rd & Union St  
Hāwera

**Palmers knows plants**

At Palmers, you'll find a Garden Centre full of passionate gardeners who are ready to share the joy of good living with you. We are all about creating beautiful spaces, at our place and at yours. We're locally owned and operated, packed with quality products and expert advice for your home and garden.

**CAFÉ BOTANNIX**

The ideal setting to stop in for a delicious meal, made in-house with seasonal garden produce. Our tranquil garden setting and covered outdoor courtyard is the perfect place to relax after meandering through the garden centre.

**Palmers**

Cnr Katere and Devon Rd, Fitzroy, New Plymouth.  
Ph: 06 758 7455. Open 7 days from 8.30am.

# Cardiff and Dow families meet



The Cardiff Octogenarians and Liverpooldian cousin sitting in front with the senior Dow family behind them surrounded by most of the 80 folk who attended the Cardiff and Dow Cousins Gathering- some meeting for the first time, in Okato.

Members of the Cardiff and Dow families had a huge family reunion at Okato recently with over 80 people. It was quite a get together.

It is 100 years since teenage brothers Arthur and Thomas Cardiff from Liverpool arrived aboard the SS Dorset in Auckland, followed by a 24-hour train journey to Eltham and then to Kaponga to a new life with their mother's Aunt Emma and Uncle Dick Williams.

Dick Williams was the butcher in Kaponga. At the time the New Zealand Government had a scheme whereby if two years' accommodation and employment could be guaranteed one could migrate for free to New Zealand.

Tom took a farm job with a Mr Mumby at Rowan and Arthur became a butcher's apprentice, and after 18 months transferred to Tusons in Devon Street New Plymouth. Arthur later started the first English style delicatessen in New Plymouth, which was

bad timing just before the Second World War.

Tom joined the NZ Air Force and later became the barber and tobacconist in Patea.

Allan Dow born in West Lothian between Glasgow and Edinburgh was a radar operator during the Second World War. He had been on a supply ship to New Zealand and decided he wanted to live here if he ever got the chance, which he did in 1950, gaining a dairy herd-testing contract in Coastal Taranaki.

He joined the Overseas Club, where he was soon a valued soccer (football) player, and a regular attendee at the local dances where he met schoolteacher Joy Cardiff.

In 1952 Allan and his brother Bill bought a herd of cows and drove them from Okato to Monty Honeyfield's farm on the corner of Hurworth and Carrington Roads.

As an ex-sheep farm there wasn't a harvesting gang, and neither was there one for the Hamill farm 2 kms

away on Frankley Rd. which they amalgamated with. On New Years Day 1953 Allan Dow married Joy Cardiff who is of Irish and Scottish descent, and employed Joy's brother Richard to milk and drive the harvesting tractor for Bill to make the ensilage with the Hamills. Richard and Margaret married four years later.

In 1958 Allan took his family of five, to his home village in Scotland where Liz was born. A few years later they were in South Australia, where Robbie was born before the family settled in Warkworth in Northland, where the children finished their schooling. Sadly Robbie died in a motorbike crash the evening he received his Qantas Pilots Wings in Sydney

However, this was not on Arthur's granddaughter Elizabeth Dow's radar in 2023 when as the only one of her six siblings not born in New Plymouth she wanted to gather her family together to get to know each other, and not at a funeral. Liz lives in Brisbane, Queensland. As earlier family gatherings had

been held in New Plymouth, she contacted family still living in Taranaki. Messages were sent, date arranged around school holidays, venue decided. Maps photos and displays of the many talents these cousins have inherited; artists -beautiful paintings, carvings, hand stitching plus engineering, nursing and teaching certificates were the visible talents displayed. Not so visible the talents of pilots, civil, aircraft, refrigeration and electrical engineers; builders, accountants, lawyers, teachers and pastors

among this talented family. But no full time farmers, butchers or barbers.

Eventually 20 April 2024 dawned very wet. But 78 including 14 children family members braved the rain, arriving from as far away as Liverpool England, Thailand, Sydney, Brisbane and Houhora, Auckland and Motueka, bringing contributions of food, including replicas of Nana's biscuits to the former Putt and Roebucks Service Station building on Cumming Street, Okato, hosted by Meg and Richard

Cardiff, whose daughter Suzanne made and iced a beautiful cake with Celtic emblems on each corner representing Ireland, Scotland, Wales and Celtic knot around a 3 D Maunga.

The meal and welcome piped in by our local Steve Cochrane. Much background assistance was given by Okato locals. Firstly, Karen and Graham Chard for their advice, equipment and delicious pumpkin soup. And several other families for providing B and B accommodation. Thank you all.

**Delivered free around the Mountain every fortnight.**  
**Ph: 06 761 7016**



Depicting the emblems pertaining to these ancestors' origins placed at the corners, the shamrock; the thistle; the daffodil and a Celtic knot surrounding a standing Mt Taranaki near which this family was raised.



# Opunakē High School

## Te Kura Tuarua o Opunakē

**CONTACT DETAILS**

P: 06 761 8723  
 Tasman Street, Opunakē 4616  
 PO Box 4, Opunakē 4645  
 www.opunake.school.nz  
 admin@opunake.school.nz

GROWING GOOD PEOPLE FOR A RAPIDLY CHANGING WORLD | HE WAIHANGATANGA O TE TANGATA PAI I ROTO I TĒNEI AO HURIHURI

### Principals' Address

**Nā tō rourou, nā taku rourou ka ora ai te iwi**

*With your food basket and my food basket the people will thrive*

This term has demonstrated what a taonga (treasure) the Opunakē community really is. The support we have had for our Gala, Golf Tournament, and Bingo night has been absolutely humbling. Not to mention the incredibly kind donation of a top quality skate ramp from the Aldridge whanau. Our students are in the safest and most supportive of hands with such a caring community behind them.

We have had some significant achievements in the areas of arts and drama this term, disciplines that we are continuing to grow at the kura.

Gene Wyniard, Ashton Hendrix, Ella Scott, Autumn White, and Natasha Heke-Foote, got to trip the light fantastic at the Sheila Winn festival and do Opunakē High School proud with their exerts from King Lear. Thank you to our in house celebrity, Jared Hill, for organising this opportunity for our akonga.

The artist Hori Hohepa has worked wonders with Year 11 and 12 art students, Toby Couper-Kelly, Roimata Kahui Tumai, Preteze Karipa, Rita-Rose Nuku, Maddison So'oula, Rukoriri Waiwiri, Nai-E'sha Whakarau-McPherson & Hailee-Jayde Harris, and the Te Pou Te Ao Whare are not only visually stunning but spiritually inspiring. This mural can be seen on the tennis courts.

We farewelled Victoria Forsyth and wish her and Simon all the aroha in the world for their new journey as a whanau. And we would like to welcome Maddison Trousselot who is coming to us from Te Pae Pae o Aotea, and we look forward to her working with our young artists as our new Art Teacher.

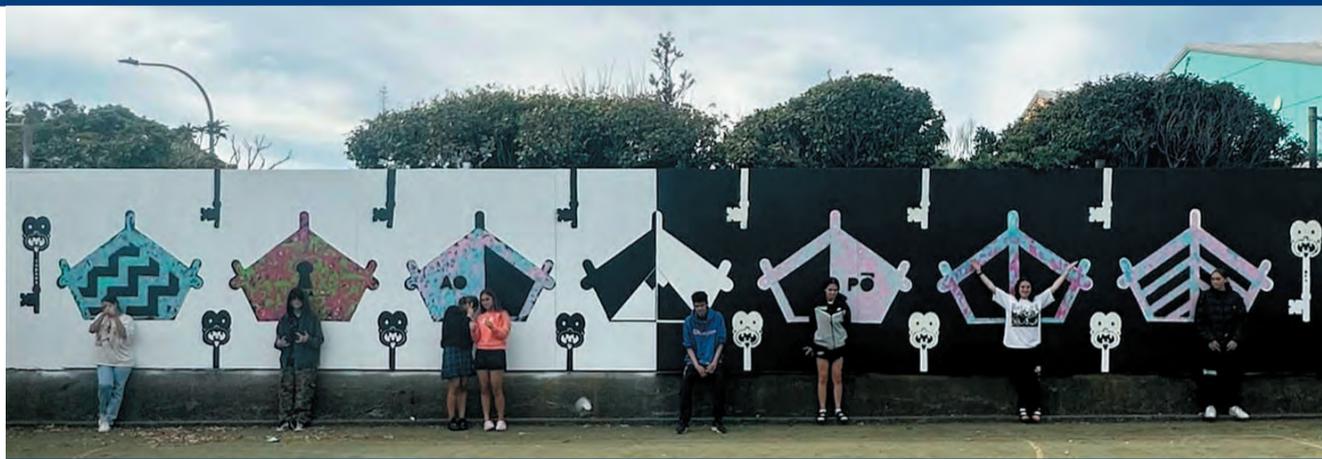
It is not only the Arts however, that we continue to grow at OHS. The Agriculture department has had some significant investment as part of our strategic plan to broaden Huarahi Wha Hua (Pathways) for our students. To this end we are looking to develop an Agriculture Academy that will lead to an exposure of career pathways within subject content over a three year period and beyond. The vision is for this to become a self sustaining programme which will ultimately work more closely with the farming community. The focus currently is aligned to Agriculture in the main, where students engage in a more hands on approach to their learning of the subject content. With Matua David Jane, our passionate, driven, and knowledgeable teacher in charge of Agriculture, the sky is the limit for this department.

I would also like to celebrate the gregarious Will Plunkett who has been selected to travel to the UK as part of the Blue Light EDGE programme.

Finally, a thank you to our Prefects who were ambassadors for our kura at both Opunakē and Manaia for the dawn service on ANZAC day. They represented OHS with mana and dignity to commemorate those who gave their lives to give us our freedoms. 'We will remember them.'

Ngā mihi nui

**Andrea Hooper Carr**  
 Principal



## HOMAI HAUMARU - GIVE ME SHELTER

At the conclusion of Term 2, a select group of Opunakē High students were given the opportunity to work with artist Hori Hohepa on a special project over the final week of the term.

Below is Hori's korero on this project:

Homai haumaru is a kaupapa which looks at youth suicide within Aotearoa. Te Nako o te kaupapa is to create more self awareness around this topic. Through critical thinking and hohonu whakaaro the students involved will develop a concept for both a Mural and a exhibition piece. My hope for the rangatahi when developing these ideas they are also developing coping mechanisms and tools to use when dark thoughts do arise .

The mural is a resource – for the kura and something I hope all students, teachers, parents and whānau can learn from. It was entirely made by the students with a little direction from me .

**TE AO – TE PO**

The mural's background is half-white/half-black, this represents Te Ao (the light) and Te Po (dark). During our concept building we spoke of the dark not being a space that is negative but more of a place of growth , I continued to let the students know that everyone on this earth has bad days or might feel like they are in Te Po but to remember that Te Ao or the light is just a step away "like walking out of a shadow"

This whakaaro also relates to the worlds we live in - te ao Maori and te ao Pakeha / Taiuiwi - and how they live side by side , even when you are not able to see those worlds they are there and they are real, so are these feelings you have and they need to be acknowledged and worked through .

**THE WHARE**

Our whareniui on our marae are what protect our people, they are places of shelter or haumaru. The houses are a representation of each student , their job was to build the foundation of each whare by using a word repeated within, for example "aroha" or "whānau" spray painted over and over again layered in different colours. Like building a house you need to start with a foundation or tuāpapa this is what keeps the whare strong. The whare also represent the seven marae and pa that surround the rohe .

The whare are also a representation of Te Whare Tapa Whā. This concept by leading Māori health advocate Sir Masons Durie was developed based on his whakaaro on wellbeing during mid-80's. The model describes health and wellbeing as a whareniui/meeting house with four walls. These walls represent taha wairua/spiritual wellbeing, taha hinengaro/mental and emotional wellbeing, taha tinana/physical wellbeing and taha whānau/ family and social wellbeing. Our connection with the whenua/land forms the foundation. When all these things are in balance, we thrive. When one or more of these is out of balance our wellbeing is impacted.

**KEY-ORA**

The keys on the mural, we refer to as the keys to life or "Key-ora" – these unlock the whare. The keys also represent eight taranaki iwi. Which some of the students whakapapa to.



At the conclusion of the week, the students involved with this mural were gifted with a printed and framed representation of their own personal key. For each student, images of the words they had used in painting the mural relating to their own ora - for example "joy" repeated over and over again - were overlaid on the key shape. This was a tangible piece for the students to take home to remind themselves of this experience.

## THE BOY IN BLUE

Blue Light is a registered charity that works in partnership with police to deliver an extensive range of youth programmes and activities. South Taranaki Blue Light is one of 69 branches throughout New Zealand who were given the opportunity to nominate a young person from their district for an international youth leadership experience in the United Kingdom.

Will Plunkett of Opunakē High School was nominated, following his completion of the EDGE programme which South Taranaki Blue Light has been delivering in Opunake since 2019. EDGE stands for Educate - Develop - Grow - Empower and is delivered once a week over a term, with participants engaging in both physical and classroom activities.

"Will really impressed us with his maturity, good humour and ability to put leadership skills into action. He finds the positive in every learning experience, encourages his peers and is willing to take on additional responsibility," says South Taranaki Blue Light Coordinator Leanne Richards.

The 12-day trip to the UK being organised by New Zealand Blue Light has come available following the visit of 13 young people from Police Scotland's Youth Volunteer programme to Aotearoa last year. Will is one of only six young people from New Zealand (aged 13-15 years) who have been selected for this opportunity.

The trip includes travel to the UK to experience the history of London including visits to local Police Cadet groups, travel to Scotland where they will stay at the Police College while getting to see some of the highlights of Scotland, meeting and attending local Police Scotland Youth Volunteers groups and attending the world famous Military Tattoo at Edinburgh Castle.

South Taranaki Blue Light, sponsored by Toi Foundation, is covering the majority of the cost for this trip, but as part of developing his leadership skills and responsibility, Will is required to fundraise towards the costs too.



PHONES AWAY

FOR THE DAY

+ ATTITUDE  
 ATTENDANCE  
 ATTENTION  
 = ACHIEVEMENT

# Nga mihi nei

It takes a village to raise a child. We thank each and every one of you for supporting Ōpunakē High School to grow good people for a rapidly changing world.

Japan Sports & Cultural Tour - a special thanks to Geoff Watt and Aarun Langton. We would like to thank and acknowledge the support of the following for our Japan Golf Fundraiser which was an outstanding success: Piki Sinclair, Michael Griggs, Stephanie Langton, Mitchell Langton, Daniel Crowley, Tim Hurley, Stanley Whanau - Coastal Rugby club, Sinclair Whanau, NZ Farmers Livestock, Barrett Whanau, Sinclair Electrical, NZ Basketball, Taranaki Airs, Jimmy Gopperth, E & N Bourke, A Piercy, Robbie Patterson, Taranaki RFU, Whangamata Golf Club, D & D Webb, Carole & John Lynskey, Chiefs Rugby, Nutrinza, Kinatai Engineering, Revital, David McLeod, Zac Lewis, Trolove Whanau, Davis Whanau, Silver Fern, Yarrows, Ryan Fox, Mary Whanau, James Langton, New Plymouth Golf Club, House of Travel, Hurricanes Rugby, Auckland Rugby Union, Chaddy's Charters, Mark Robinson, Mark Walker, Te Akau Stud, Woburn Jarm, Leopard Creek Golf Club, Moeahu Whanau, TBL Taranaki Building, Carrfields, McDonald's Real Estate, Platinum Homes, Carley, Mill Albert Rock Farm, Murray Weir, Simon Reid, Niko Sinclair, Woburn Farm and May Whanau.

Home & School Gala - special thanks to Home and school committee; Sebrina Poole, Jo Morgan, Amali Larsen, Chloe Danz, Annmarie Siciliano, Donnelle Maree, Kayla Hitch, Jessie Freer, Julie Smith, Rachel Short, Tricia MacKenzie, Rick Proctor and Becky Gibson.

Thanks also to: Soul Kitchen, Turn Heads, Thora Flowers, Gibson Plumbing, ED Services, Sinclairs Food People, Sugar Juice, Four Square Ōpunakē, Harris & Taylor Accountants, Karams, Yarrows, Bunnings, Coastal Pharmacy, McDonald Real Estate, Wonder Distributors, Four Square Manaia, Environmental Products, Andersens Pies, Taranaki Vets, Riverlea Contracting, Rabobank, Everybody's Theatre, Shoe Clinic New Plymouth, Wonder Minerals, Farm Source Ōpunakē, ANZCO Foods, Claire Gargan, Naomi Feek, Chloe Danz, Stratford New World, Pak n Save Hawera, The Warehouse Hawera, Country Connections, Sinclairs Electrical, Arty Tarts, Ōpunakē Golf Club, Manaia Golf Club, Coastal Vets, Citizen Leather, Tegal Chicken, Elite Farm Solutions, Coastal Pharmacy, Mitre 10 Mega, Stadium Bar and Bistro, Seaweed 45, Symes Whanau, Jamiee Siciliano and Gibson Whanau.

# Realignment of streams could result in prosecution

Individuals who carry out illegal earthworks to realign or reclaim waterways may face prosecution and potentially a hefty fine,

Taranaki Regional Council says.

The warning was made after Judge Dickey in the New Plymouth District Court ordered dairy farmer Denis Goodwin to pay a fine of \$42,000 after he previously admitted carrying out illegal earthworks on his Komene Road, Ōkato, farm.

Goodwin admitted three charges of breaching the Resource Management Act 1991 by discharging sediment (a contaminant) into the water, disturbing and reclaiming the beds of rivers and diverting and



and reclaim streams and other waterways on or near their properties can risk causing huge environmental damage to freshwater and biodiversity.

“Our message is clear – we will not tolerate this kind of illegal activity and those who deliberately undertake work to realign waterways may face prosecution.

“The fine handed down by the Court reflects the seriousness of this type of damaging action which can affect both the quality of freshwater and the biodiversity around streams and tributaries.”

Mr McLay said it was disappointing the farmer had told officers that he had not contacted the Council beforehand, because of his concerns this would delay the works on his farm he was going to undertake with his own equipment.

“We are proud of our reputation for openness and strong communication with farmers and the farming community. Our teams are there to help farmers so please call before you carry out any major work.

“It’s much better to have a chat beforehand and find out what’s permitted and what’s not permitted than having to face enforcement action and a possible fine.”

The TRC has issued a warning after an Okato farmer was fined for carrying out illegal earthworks on his farm.

damming water.

An investigation was launched in September 2022 after the Council received a complaint from the public about work being carried out on the Waikirikiri Stream and a tributary of that stream. Taranaki Iwi were also very concerned about the works.

Council officers found that a 420-metre drainage channel directed the stream around the farm and a 23m earth dam had been constructed within the stream to redirect the water along that channel. The

flow from the tributary had also been redirected into the channel. This diversion led to 320m of the stream and 245m of the tributary being drained.

The drainage channel has been made with near vertical banks which resulted in significant erosion, sediment from the earthworks also entered the water and there was a danger to public safety where this channel was cut very close to Komene Road.

Unauthorised stream works can be detrimental to the health of waterways,

causing loss of habitat, poor fish passage, changes in the river flow and sediment discharges.

The Council issued an abatement notice for Goodwin to take remedial action. All of the works including the removal of the dam, the filling in of the drainage channel and the work to reinstate the tributary was completed by 1 May 2023.

Council Director-Resource Management Fred McLay says individuals taking it upon themselves to realign

**JUST TYRES**  
 DIRECT TYRE IMPORTERS  
 NEW TYRES - NEAR NEW TYRES - PUNCTURE REPAIRS - FITTING & BALANCING - 4x4 - LIGHT TRUCK & CAR TYRES  
**SILAGE TYRES**  
**FREE DELIVERY**  
 (Conditions apply)  
 20 Smart Rd, NP | 06 769 5344  
 36 Glover Rd, Hawera | 06 278 3053  
 justtyres@xtra.co.nz

**NZ FARMERS LIVESTOCK**

For all your  
**Livestock requirements**  
**Servicing the Coast**

Contact  
**Bryan Goodin - 027 531 8511**  
**Sheldon Keech - 027 222 7920**

**FARM ENVIRONMENTAL ADMIN SERVICES**



**Lynelle Kuriger**  
**027 3378899**

FULL NUTRIENT MANAGEMENT  
 COMPLIANCE SERVICES

## Rural advocacy hub for fielddays

Fielddays, New Zealand’s premier agricultural event, has announced the establishment of a dedicated Fielddays Rural Advocacy Hub in partnership with Federated Farmers.

The Advocacy Hub will

bring together the various rural organisations which are advocating for farmers and championing their interests as one team, under one roof, for the first time.

It will also serve as a central platform for discussions, announcements and initiatives to amplify the voices and concerns of the country’s farmers and rural communities.

With almost a dozen exhibitors in its inaugural year, there will be strong representation for farmers and diversity of

representation.

The Rural Advocacy Hub will be a must-visit new addition to Fielddays, where farmers are encouraged to come and discuss the issues affecting the future of farming in New Zealand.

New Zealand National Fielddays Society Chief Executive Peter Nation says it’s great to be able to work alongside Federated Farmers to deliver a dedicated advocacy space like this.

“This new Hub delivers on Fielddays purpose of advancing agriculture

through both education and collaboration,” Nation says.

“We know it’s incredibly tough out there this year. It’s never been more important for farmers to be heard and to have advocates amplifying their voice.

“Federated Farmers are New Zealand’s leading rural advocacy organisation, so they were a natural fit for us to partner with to bring the Hub to life.

“Fielddays provides the opportunity for connection and collaboration, and this Hub will live those values”.

**SERIOUS LIFESTYLE SUPERIOR LIVING**



**BOOMER 25C LOADER WITH 4 IN 1 BUCKET | 25HP**

**\$22,990 + gst** Terms and conditions apply

**Transag CENTRE** 16 Glover road Hawera 06 278 5119

**NEW HOLLAND**

**HIRE THE LORD OF THE TREE RINGS**



**TARANAKI'S LARGEST MOBILE LOG SPLITTER!**

Splits more than 50 cu/m in 8 hours just about anywhere on your farm.

Lifts and splits massive rounds straight onto your trailer.

\$200 per hour + GST including operator.

**FOR MORE INFO, CALL JOE GOODIN**  
**TEL: 027 688 5372**

# AgriZeroNZ investment in BioLumic to shine light on low emissions pasture solution

AgriZeroNZ, the joint venture fast-tracking emissions reduction tools for farmers, is investing up to \$5 million (USD \$3million) in BioLumic, an agriculture biotech company utilising ultraviolet (UV) light to develop a low emissions farm pasture with increased productivity gains.

Founded in New Zealand, BioLumic is internationally acclaimed for its unique and proprietary UV light treatments which are applied to seeds to regulate their genetic expression and unlock their natural genetic potential. These treatments have been found to significantly improve plant performance across 12 crops including corn, soybeans and rice - driving double digit yield gains, improved quality and enhanced immunity to pathogens.

AgriZeroNZ funding will enable BioLumic to apply its technology to ryegrass, the most common forage pasture on New Zealand farms, with a goal to increase fat content and subsequently reduce methane emissions from animals that consume it.

AgriZeroNZ chief executive Wayne McNeen says this could deliver a simple solution to reduce emissions on New Zealand's predominantly pasture-based farms, to help meet the global customer demands for emissions reduction, protect trade agreements, and achieve New Zealand's climate goals.



Wayne McNeen.

"Pasture is the foundation of the business for Kiwi farmers, so a pasture solution to curb methane and boost productivity will be an important option in their toolkit to reduce emissions.

"BioLumic's work is an exciting prospect to help secure the future of farming in New Zealand with the very thing that makes our agricultural sector unique and drives our competitive edge today - high quality grass.

"They have achieved promising results on ryegrass to date. We're looking forward to seeing how it progresses," McNeen said.

Animals with high-fat diets have lower methane emissions, such as grain-fed cattle in more intensive barn

farming operations overseas. Studies have found that a 1 per cent increase in lipids (fat) content of feed will reduce methane emissions by ~5 per cent. BioLumic is targeting a 2-3 per cent increase in the lipids content of ryegrass to drive methane reduction by over 12 per cent.

Based in Palmerston North and with offices in the United States, BioLumic was founded in 2013 by Dr. Jason Wargent, the company's chief science officer and a Professor in Plant Biology at Massey University.

Funding from AgriZeroNZ was part of BioLumic's capital raise to enable application of its suite of products to address major sources of greenhouse gas

emissions. "We've developed light recipes from billions of potential options that, with a precise application, can significantly increase plant performance across a range of crop varieties and growing conditions," Dr Wargent said.

"We're confident we can achieve similar results in ryegrass with a focus on reduced methane, and we're really pleased to be working with AgriZeroNZ to develop this important solution for New Zealand to put farmers at the forefront of low emissions pasture farming."

Dr Wargent said the company is targeting wide scale use from 2027, with reduced regulatory barriers expected from the light treatment approach which

will support a faster speed to market.

This is the sixth major investment by AgriZeroNZ to accelerate the development of emissions reduction tools and technologies for Kiwi farmers, having committed over \$22 million to date.

Other investments include funding for a methane inhibiting bolus, novel probiotics, New Zealand research for a methane vaccine and inhibitor, and construction of a greenhouse

gas testing facility.

McNeen said the JV is aiming to have two to three emissions reduction tools in widespread use by 2030.

"There is a very real and very disruptive risk to our dairy and meat sectors from the need to reduce emissions but there is also a very real opportunity to stay among the most efficient producers of dairy products and meat in the world if we can get the right tools to farmers," McNeen said.

**Walco**  
FERTILISER SPREADERS  
CAUSMAG SPREADERS  
WEED-WIPERS  
**AITCHISON**  
CAUSMAG SPREADER ONLY

**Transag CENTRE**  
Farm machinery since 1986  
16 GLOVER ROAD, HAWERA  
PHONE: 06 278 5119

CASE IH NEW HOLLAND  
KUHN KRONE THE POWER OF GREEN



**For all your Livestock Cartage needs.**

Trucking North Island Wide

Give the team a call today  
0800 707 404 – option 3



# Premiers start season with win

Week 1 vs Tukapa at Saunders Park. After seven weeks of preseason we travelled to New Plymouth for the first game of the 2024 season up against one of our main rivals Tukapa to contest the Craig Eaton trophy, a trophy that has eluded us in the previous five seasons.

Craig was a great guy, club man and player for Taranaki and for Tukapa, and it was a huge honour to be contesting the trophy in his memory. Craig's wife Leanne and her three daughters were present at the match and always are very generous in their hospitality towards our team, we thank them for that.

After a nervous day, finally kickoff rolled around at 2.45pm after the colts gave us a huge lift with their gutsy 7-3 win on field 1 as curtain raiser.

We played with the strong wind in the first half and were quickly into our stride with plenty of interplay between forwards and backs, awarded a penalty in the fourth minute to give us a 3-0 lead after Jackson Sinclair kicked from 40 metres in very trying conditions.

In the 10th minute new loose forward Olly Lawson came up with two bone crunching tackles to turn the ball over and after some slick

work from Logan to Ben Dufficy, who showed his blistering pace to race away and dot down 12 metres to the left of the posts. Jackson again on point with the boot to give us a 10-0 lead.

The next 20 minutes was a hard watch. There was plenty of endeavour from both sides but after a couple of nasty showers mistakes ruined the day.

In the 32nd minute with a good scrum position on the 22 we spun the ball right, Liam Mathews debuting attacked the line hard and was hit, high shot right on the chin and was left dazed. Liam had to be replaced unfortunately and the Tukapa captain was given a yellow card but can count himself lucky it wasn't of a different colour and more consistent to what we see in Super and International fixtures.

A couple of minutes later we attacked their right edge and after some smooth skills from another debutant Hone Mathieson, he put Kobe Sinclair in the corner to give us a 15-0 halftime lead.

Coastal knew the job ahead of them in the second half facing the stiff wind, and we ripped into our work.

Unfortunately Kobe Sinclair was sin-binned for slapping the ball down and

a few minutes later Tukapa scored to make the score a worrying 15-7 with 30 to play.

With a few subs on and the boys showing a heap of grit and determination we tightened up and worked hard after some great breaks by Dufficy, Mathieson and Kusi Drauna causing havoc with every touch, showing speed determination and skill evading many defenders. We had a series of penalties before star lock Luca Cassidy barged over next to the posts to give us a 22-7 lead and better breathing space with 20 to play.

With 10 to play Coastal constructed our best play of the day after a great line out steal and another break. Ben Dufficy put Cullum Tito in space and after bumping the Tukapa fullback to crash over in the corner to make it 27-7 and the game in the bag.

From the kickoff Kusi once again made a huge break and after a few quick rucks we earned a penalty right next to the posts which Jackson gladly put between the uprights to top off a great day for him.

In the 80th minute Tukapa got a well worked late try to make the final score 30-12, a five point bonus win to the

Coast.

For us Hone Mathieson collected one point and tough lock Luka Cassidy got 2 and our player of the day was Olly Lawson, a well deserved 3 points.

It was tough to single out anyone as it was a great first hit out and the whole squad deserved a mention. It is very exciting for the season ahead with the talent we had available.

Of the new boys Samuel was huge in his first start for us and is an exciting prospect for a big boy who's still only 19 years old.

Lawson was outstanding and worked himself into the ground at 7 and will come into his own when Beau Pari returns to the starting 15 and he can play his preferred position of no 8. He has great skills and work ethic.

Ben Dufficy is also an excitement machine, the NSW under 20 rep has blistering speed and skills, a real complement to our backs.

Liam Matthews has great pace and will enjoy better weather conditions to show his and our exciting backline off along with Chiefs under-20 back and NZ under-18 Maori rep Hone Mathieson to complement our new players.

Also back is Abe Mataitini, back from Wellington where

he attended uni and played prem rugby there.

Ra Naniseni is returning from three seasons off. The big Ruben Wiki look-alike is in peak physical condition and we look forward to his first game back when work commitments allow.

Chris Gawler is captaining the side again this season, a prop who we rate highly on and off the field, and with Logan as vice-captain they set high standards and teach the young fellas well on and off the field.

Also Mark Davis has returned to help Trent. This is a huge plus for Coastal Rugby. What a legend of the club he was, and his knowledge and man management will make our backs a dangerous unit this season.

For those wondering about the old heads of Jeremy Newell and Rick McKenna, both were playing Div 1 on Saturday and will jump at the chance to return to the playing squad when the time comes around.

Thanks to all our members, supporters and sponsors, without you guys and girls we wouldn't be able to do what we do, we love having you on the sidelines and look forward to a chat and a refreshment in the clubrooms after the game.

Remember the members

draw which will happen after speeches at our home six games. A lucky member will be drawn to win some great Coastal merchandise on the members spin a wheel. It will go every week, but you must be present to win.

If you have any friends who would like to join it's not too late.

Your Farmsource Coastal Premier Squad for 2024: \* denotes first start for the premiers. Hookers. Ropata Taylor, Matthew Picard. Props. Chris Gawler (captain), Ben Brophy, Harry Foreman, Mark Martin. Locks / loose forwards. Luka Cassidy, Beau Pari, Ra Naniseni, Olly Lawson \*, Samuel Drought \*, Scott Quinnell, Abe Mataitini, Beni Kalin. Halfbacks. Daniel Crowley, Kurt Hofmans, Logan Crowley (vice-captain). First 5/ Midfield. Cullum Tito, Ben Dufficy\*, Jackson Sinclair, Dane Hofmans. Outside backs. Harley Seymour-Loveridge, Liam Mathews \*, Kobe Sinclair, Hone Mathieson \*, Kusi Drauna, Rick McKenna. Coaches. Trent Olliver and Mark Davis. Managers. Brendan Harvie, Jeremy Gopperth, Tim Hurley. Physio. Grace Crowley. Hydro. Harpa Olliver

## Colts defeat Tukapa

On a windy showery day Coastal Colts travelled to town to play Tukapa in the opening game of the season. The first half proved to be daunting task for both teams struggling to catch or hold on to the ball. The boys played into a strong wind in the first half which was difficult but should be proud they went to half time down 3-0.

With the wind at their backs the boys started to get their

mojo going with Dacoda Harvey Smith having a few strong runs with one leading to the only try in the match to Logan Smith.

The front row of Phoenix, Brayden and Caius were really strong at scrum time, and they were backed up by workhouse Patrick Bradley, and Troy Vincent and Jack Cleland in the loose. The backs were led well by half Kurt Hofmans

working tirelessly around the paddock. The one stand out for the boys was their outstanding defence. So, there are a few things to work on over the next few games, tackle height, as we got pinged a lot for too high, and work on our handling. The boys came away with a 7-3 victory. Player of the Day was Kurt Hofmans 3 points, Patrick Bradley 2 and 1 point Troy Vincent.



Jeremy Newell scores against Spotswood.



# Corkill SYSTEMS LTD

5 TASMAN ST, OPUNAKE

FREEPHONE: 0800 107 006 PH: 06 761 7531 - FAX 06 761 7336

## Silent Diesel and Industrial Tractor Mount Generators For Dairy Sheds, Houses, Pump Sheds and Commercial Sites

### Tractor Mounts Features:

- Supplied with weather proof cover
- Dials facing cab (one man operation)
- Heavy Duty Driveshaft
- Heavy Duty Construction
- 1000RPM Direct PTO Driven (no gearbox or belts)
- Backup and Repair Service for all Generators



### Sizes to suit all situations

A full range of cabling and outlet options to suit your personal requirements



Check out our new website  
[www.corkillsystems.co.nz](http://www.corkillsystems.co.nz)



# UNIFIED AND AMPLIFIED FORCE - COASTAL RUGBY 2023



**Max Pennington's**  
**AutoCity**  
86 Molesworth Street, New Plymouth, Ph 06 769 5371  
39 Regent Street, Hawera, Ph 06 278 2010 (0800 3 AUTOCITY)

**Proud to sponsor  
Coastal Rugby**



**Proud to be supporting  
COASTAL RUGBY**

**ANZCO**  
FOODS

**BRUCE THOMPSON**  
FREEPHONE 0800 654 779  
MOBILE 027 4455 258

**BDO**

06 759 9034

**PenningtonConsultancy**

ACCOUNTING AND TAX

Call us on 06 281 1565 or 027 4542 284  
62B Carthew St, Okato

0800 100 123

**ravensdown**

Smarter farming for  
a better New Zealand

**CHALLENGE RahoTu**  
5800 South Rd, RahoTu  
Ph 06 763 8848

**MineralBoost**  
ACCURACY COUNTS

027 558 9004

**the rent shop**

Kelvin Weir: 027 248 1798

**NZ FARMERS LIVESTOCK**

For all your Livestock requirements

**Bryan Goodin - 027 531 8511**  
**Sheldon Keech - 027 222 7920**



## Narrow loss for Div 1 in season opener



**Jacob Whittle.**

The first game at Tukapa was played in atrocious conditions. We started with the wind in our face and pretty soon paid the price for being so late to assemble and have a decent training. We were two tries down in the first ten minutes before we had rubbed the sleep from our eyes. We started to get a little structure after that

wakeup call and played as a team. Rick McKenna dialled back the years and scored a great individual try down the sideline and veteran Simon Adams scored just before the half so we went to the break confident at 12-12, and with the wind in the second half. The other veteran Gazza Goodin scored after 15 minutes and at 19-12 it

was looking good. Lack of conditioning and a matching lack of discipline saw Tukapa let off the hook on numerous occasions and they converted this to points with the next two tries. Wiley 'ol Gazza got his second try to sneak us into a 26-24 lead with not long to go. Fittingly ill-discipline in front of our posts gave

them a pretty tough kick to win the match which Eli Kneepkens expertly did. A gutting 27-26 loss.

A lack of cohesion due to late assembly, ill discipline and lack of conditioning cost us the points but there were some good signs and expect some redemption in the next few weeks.

## Big win for Div 1

The round two game was against Spotswood at RahoTu. There was a bit of talk pre-season about Spotswood struggling with numbers, but they turned up in week one and rolled Inglewood, so we weren't about to take them lightly.

It was pretty damp at the home ground but with no wind it was an improvement in conditions from the first game and the number one field is in mint condition. We started far better than last week and there was decent intent from the outset. We controlled territory and

possession early, and in fact for the whole game, so we were always on top.

Quick thinking but slowing body Rick McKenna kicked off scoring after 15 minutes with a cheeky blindside try. We could have had another shortly after but that was blown, but the other "experienced" half of the 9/10 combo Gazza scored a nice try from a snipe at the ruck a bit after the 20-minute mark and the writing was on the wall. With man of the match Jacob Whittle and his slightly more experienced partner Simon Adams,

and lifters dominating the lineouts, and our forwards getting the better of their scrum it was pretty tough going for them. Ben Brophy scored the try of the match after half the team handled from a movement started 80m out, and we added a few more before half time. Scott Anderson was nailing kicks from every angle, and we were up by 30-odd at the break.

The second half started rather ominously for Spotswood as Newelly ran through the middle to score and start proceedings, and from there it was pretty

regular. Young gun Dane Hoffman scored a great individual try which was a highlight along with hooker Sione breaking up the middle, stepping a few and putting in a deft kick to nearly score. 62-0 was the final score. A tough day at the office for Spotswood but they played with great spirit.

Overall a far better performance with the most pleasing aspect being good discipline. Huge thanks to the Colts boys (who had a bye) who filled in and acquitted themselves extremely well.

Greg O'Byrne 027 598 3000

**Property Brokers**



**YOUR BROADBAND SPECIALISTS**

**GO LOCAL - SWITCH NOW**

0800 123 774 | www.primo.nz



# UNIFIED AND AMPLIFIED FORCE - COASTAL RUGBY 2023



**SETTLERS HONEY LIMITED**

459 HEADS ROAD, CASTLECLIFF,  
WHANGANUI  
PH 06 929 5763



Supporting Taranaki farmers and proud to be in the scrum with Coastal Rugby!



Grant Gibson 027 528 8511  
admnewzealand.co.nz



**Peter Moffitt Consulting Ltd**  
DAIRY FARM CONSULTANT

Phone: 06 751 1265  
Mobile: 027 242 1812

**SANDFORDS**  
RURAL CARRIERS

Proud to support Coastal Rugby

**COASTAL AGRI SERVICES**  
Our Promise... "PEACE OF MIND"

97 TASMAN ST, OPUNAKE | PH 06 761 7079

**CRAIGS**  
INVESTMENT PARTNERS

1st Floor, 9 Young St, NP  
newplymouth@craigsip.com **06 759 0015**

**ECOLAB**

Proud sponsors of Coastal Rugby  
CHRIS STANDING - 021 791 246

**SINCLAIR**  
ELECTRICAL &  
REFRIGERATION

sinclairelect@xtra.co.nz

Opunake 761 8084 Okato 752 4084  
Kaponga 764 6084 Manaia 274 8084

**BRIAN HILL**  
BD HILL BUILDING  
0274 442 703

86 Molesworth Street, New Plymouth, Ph 06 769 5371  
39 Regent Street, Hawera, Ph 06 278 2010 (0800 3 AUTOCITY)

Proud to sponsor  
Coastal Rugby

Supporting the Coast for over 56 years  
Proud sponsors of the Coastal Division 1

FBT for your fertiliser that is Spreadmark Certified using GPS mapping  
Opunake 761 7341 - Okato 752 4124



QUALITY AGRICULTURE ON TIME

phone: 06 76 38765  
www.goodinag.co.nz

Proud Sponsors of  
- The Coastal Rugby Club Farm



**GoodinAg**

## Premiers score seven tries against Spotswood

Farmsource Coastal Premiers vs Spotswood United was our first home game for the 2024 season.

The day dawned very wet and we were a little worried about playing a team we didn't know a lot about apart from the fact that they would be big boys.

By the time kickoff rolled around conditions were slippery underfoot but we were still trying to play a high tempo game, as the Settlers Honey Div 1 team had shown us in the curtain raiser, it was still capable of, a great win for Div 1 scoring some great tries.

Spotswood had the ball early playing towards Rahotu Road but after some good line speed by our backs we turned the ball over after 5-6 phases. We went wide to the right and speed star Kobe Sinclair dotted down in the corner after all backs being involved to get us off to a perfect start, converted by his elder sibling Jackson wideout 7-0.

Straight from the kickoff

after a barging run by Luka Cassidy we shifted it left, and after a clean break by fullback Hone Mathieson he unloaded to Kusi Druana, making his first of many huge runs. We spilled the ball with the line open after a couple more passes.

Spotswood were ripping into the rucks and their set piece was solid, but at the 17th minute mark after a dropped ball we had a scrum on our 22 metre line. After the forwards carted the ball it came back to Cullum Tito who put a lovely chip through which was obviously well communicated, as Ben Dufficy swooped on it and toeing through the race was on between Tito and Druana, with Callum winning the race to score next to the posts, Jackson converting to make it 14-0.

In the 25th minute after a lot of side to side play with some good continuity between all players we were awarded a scrum 15 out. After a solid scrum and some good hand to hand passing

Daniel Crowley crashed over wide out to give us a comfortable lead 19-0.

At 30 minutes Spotswood had a good period of the game and were building nicely but after a missed directed cross kick it was well fielded by Kobe who got around the winger and showed blistering pace to race 75 metres in a great individual effort to make it 24-0.

In the 35th minute no 7 Olley Lawson was binned for a reckless tackle - just poor technique with no malice, a fair call by ref Will Johnson.

We had a couple of enterprising moves with Hone Mathieson making a clean break before the ball ended in Luka's hands, who put up an attacking bomb in a surprise to all present, but chased like a demon. He couldn't quite regather and after a clearing punt from Spotswood Hone made an excellent 50/20 kick, showing his class to give us an attacking line out which unfortunately we couldn't secure.

Right on halftime Spotswood 12 latched onto a poorly directed pass to race 50 metres to score under the posts to score a well-deserved try after the enterprise shown in the first 40 to make it 24-7 at halftime.

In the second half it was a scrappy start by both teams, but after a good line out move Kusi scored after another ball chipped through to give us a 29-7 lead in the 55th minute.

With 10 to play after a series of mistakes by both teams Coastal outflanked Spotswood and Ben Dufficy

went in for his second to make it 36-7, capping off a good game again for him. He's an exciting player like all of the nine backs used, and we are all waiting for a dry track so they can show our full range of ability.

On full time after a great corner kick by Jackson, Ropata Taylor carried on a good day for the lineouts. Luka took another throw and after a couple rucks the big Ruben Wiki lookalike Ra Naniseni crashed over to make it a fulltime score of 43-7, seven tries to one.

For the Coast all the backs played well, for the forwards the line out was good but scrum and ruck clean outs were average at times.

All in all the second half didn't match the first half but credit must go to Spotswood who were very willing on defence and played the full 80 minutes and our boys knew they had a game after some sore bodies in the changing sheds. Their club should be complimented for fielding two full squads after only a month ago looking like one team was hard to field, and with more time together they will cause a few teams a headache.

Will Johnson and his officiating team did a great job and made the game as open as it could be.

Congrats to Alan and Sue Crowley for winning the first home game club members draw of the season.

Mention also should go to Michael Lawn and Janet Fleming our chair person who got the late call up to supply the after match meal when the club chef was sick, and did a sterling job in true Coastal fashion.



Ben Burmeister Div 1. Photos by Spinna Photography.

**Simpsons Tyres and Service Centre**  
22 Leach Street - New Plymouth  
Ph: 06 758 0780 29

**PICKERING MOTORS**  
PH: 06 761 8363 - Tennyson St - Opunake  
GO COASTAL!



# UNIFIED AND AMPLIFIED FORCE - COASTAL RUGBY 2023



Proud to sponsor  
Coastal Rugby

86 Molesworth Street, New Plymouth, Ph 06 769 5371  
39 Regent Street, Hawera, Ph 06 278 2010 (0800 3 AUTOCITY)



Proud sponsors of Coastal Rugby

5 Tasman Street Opunake, Taranaki  
PHONE 06 761 7531 - 0800 107006



PROUD TO BE SUPPORTING  
COASTAL RUGBY WOMEN



Coastal  
Veterinary Services  
Ph 06 761 8105



www.coastalmeats.co.nz  
Phone: 06 752 4280  
027 752 4280



NEW PLYMOUTH | INGLEWOOD  
STRATFORD | HAWERA



Rusty: 027 280 0743



67 Breakwater Rd,  
Motorua  
Phone 06 751 5065

NEWTON GORDGE  
JOINERY



Contact Phill  
027 236 7129



**PIONEER**  
BRAND · PRODUCTS

South Taranaki Pioneer  
Area Manager:  
Kim Sharpe 027 528 0012

North Taranaki Pioneer  
Area Manager:  
Alan Bunning 027 206 0147



Tim Hurley 027 414 6756  
Daniel Crowley 027 215 3609



57 TUKAPA ST,  
NEW PLYMOUTH  
06 753 7929  
SUPPORTING  
COASTAL RUGBY



Jared McBride  
06 752 4558 or  
027 4775 701  
GO COASTAL!

## 125 YRS OPUNAKE RUGBY

**1.00PM COLTS VS SOUTHERN**  
**1.00PM DIV 1 VS SOUTHERN**  
**2.45PM PREMIER MEN VS SOUTHERN**  
**~5.30PM JERSEY AUCTION**

**MATCH DAY SPONSORS:**  
COASTAL AGRI, CAMPBELL CONTRACTING &  
COASTAL VETS

Local news, local people,  
local businesses, local  
sport, local arts and  
events.  
Delivered free around  
the mountain every  
fortnight.



editorial@opunakecoastalnews.co.nz  
ads@opunakecoastalnews.co.nz  
accounts@opunakecoastalnews.co.nz  
Phone: 06 761 7016  
23 Napier St, Opunake  
**OPUNAKE & COASTAL  
NEWS**



# COASTAL RUGBY 2024

<b>13 APRIL</b> TUKAPA VS MEN <small>SANDERS PARK</small>	<b>20 APRIL</b> MEN VS SPOTSWOOD <small>RAHOTU DOMAIN</small>	<b>27 APRIL</b> INGLEWOOD VS MEN <small>TET STADIUM</small> SOUTHERN VS WOMEN <small>HICKS PARK</small>	<b>4 MAY</b> MEN VS SOUTHERN <small>OPUNAKE</small> TUKAPA VS WOMEN <small>HICKS PARK</small> <b>125 YRS OPUNAKE</b>	<b>11 MAY</b> MEN VS NPOB WOMEN VS CLIFTON <b>SPONSORS &amp; MEMBERS DAY</b>
<b>18 MAY</b> STRATFORD/ELTHAM VS MEN <small>VICTORIA PARK</small> WOMEN - BYE	<b>25 MAY</b> MEN VS CLIFTON <small>RAHOTU DOMAIN</small> INGLEWOOD VS WOMEN <small>TET STADIUM</small>	<b>1 JUNE</b> MEN VS TUKAPA <small>RAHOTU DOMAIN</small> WOMEN VS SOUTHERN <small>RAHOTU DOMAIN</small> <b>CLUB DAY</b>	<b>SUN 2 JUNE</b> RACE DAY <small>RAHOTU DOMAIN</small> 	
<b>8 JUNE</b> SPOTSWOOD VS MEN <small>YARBOWS STADIUM</small> WOMEN - BYE	<b>15 JUNE</b> MEN VS INGLEWOOD <small>OKATO DOMAIN</small> WOMEN VS TUKAPA <small>JOLL PARK</small> <b>OKATO FIXTURE</b>	<b>22 JUNE</b> SOUTHERN VS MEN <small>HICKS PARK</small> CLIFTON VS WOMEN <small>TIKORANGI</small>	<b>29 JUNE</b> NPOB VS MEN <small>VOGEL TOWN PARK</small> WOMEN VS INGLEWOOD <small>JOLL PARK</small>	<b>FRI 19 JULY</b> PRIZEGIVING <small>TBC</small> 

SEMI-FINALS 6 JULY FINALS 13 JULY

**BTW COMPANY**  
SURVEYING | ENGINEERING | PLANNING & ENVIRONMENT  
179 Courtney Street, NP | 0800 BTW Survey (0800 289 787)

**COASTAL**  
COPY·PRINT·DESIGN *Printers*  
Phone: 06 761 8037 Email: cavco@xtra.co.nz

# Final meeting of the season



**Terry Ngaia (#14) and Kylee Symes slap side rails during Superstock racing on Saturday night.**

*Images courtesy of Matt Julian at Contact High Photography.*

After raining out two weeks ago, the final event of the season was held at MG Taranaki Stratford Speedway on Saturday night (April 27) with the Lloyd Gernhoefer Contracting Season Finale. With several trophies up for grabs, including stirrers memorials in both the Stockcar and Superstock classes along with a Demolition Derby, there was plenty of on track action to keep the crowd entertained.

The Stockcar class had a big night with three memorial trophies on the line as well as the 60th anniversary cup. Tyler Walker won the first race of the night and then placed second in the next one to win the Allan Hancock Memorial by two points from Brad Podjursky while Ricky Paul finished third overall. Steven Read recorded two third places in races three and four to win the Michael Walker Memorial ahead of Kylee Symes and Ricky Paul who was again third. Karl Giddy was judged to be the best stirrer in the class and won the Warren Lowry Stirrers Memorial. The points from all four races were combined to find the winner of the 60th cup which was Steven Read, so an excellent night of racing for him.

A nice sized field of eighteen Superstocks raced for the John and Gary Adamson Memorials. After three fast races, Adam Joblin won the John Adamson Memorial by a five point margin from Logan Sharpe. Wayne Moss was third. Joblin recorded two fourth places and a third on his way to victory lane. Richard

Hart won the Gary Adamson Memorial for the best stirrer for his antics on the track throughout the night.

Twelve Streetstocks were on hand to contest the Olsen Memorial. Dylan Smith was the star driver of the night and won two races and finished second in the other to easily win the event. Regular front runner

Jared Pryce was second while Shaun Hall finished one point behind Pryce to stand on the third step of the podium.

Adult and Youth Ministocks completed the regular racing with wins in the Adult class going to Loyd Clarke (two), Bronson Pierce and Lukah Phillips while drivers to carry the

checked flag in the Youth division were Lucas Hurley (two), Tim Corrigan and Liam Cronin-Prouse.

The evening's racing concluded with the Roofing Industries Demolition Derby to ensure the season ended with a bang. Talor Nicol survived to be the last car mobile and won the bulk of the prize money along with

bragging rights. Cory Dixon and Nathan Bright won the stirrers prizes while Marcus O'Hanlon-Taputoro won the award for the best presented car.

Speedway has now finished for the season, the new season will start in October.

*Jarrold MacBeth*



**Superstocks run three wide through turn one while racing for the Adamson Memorials on Saturday night.**

# “Fantastic night of fighting” ends on high

Opunake boxer Liam Kupe has carried on his winning way, making it three wins from three.

After his wins at Cambridge and at the Stratford Rumble last year, Liam from Barbwire Boxing, who was fighting on the main card at the Barbwire Fight Club defeated independent boxer Matt Galloway by a technical knockout (TKO) after ref Blair Reed stopped the fight in the first round.

“I thought he was going to go a bit longer than that,” Liam said after the fight. “I tried to assert dominance with the jab at the start and it worked.”

In a scene typical of the friendly atmosphere between fighters on the night, the two could be seen chatting amiably after the fight.

Liam and Terry Simpson who was providing side line commentary during the evening both said Matt deserved respect for taking part.

“I was expecting a bit more in the last fight,” said Terry. “It would have been nice to have seen more rounds, but I think the ref did the right thing because he (Galloway) was taking too much damage, but you’ve got to give respect for him getting into the ring.”



There was a sellout crowd at the boxing.

this fight the best fight of the night.

“Bobby had a very strong opponent in a very good fight,” commented Terry Simpson.

Leilani Leatherby of Barbwire Boxing defeated Sarah Mischefski of Olympus Gym.

“Leilani did exactly what I thought she would,” said Terry. “She has a really nice guard and was very accurate

with her punches.”

In the first fight of the evening Renee Wiki-Lee (Ronin Gym) was awarded a unanimous decision over Sandra Gargan of Barbwire Boxing.

“It was a very good performance by Renee,” said Terry. “She was hungry for it so she got it. I expected a bit more of Sandra. It was not a bad performance. She was pretty accurate with her

punches but probably could have used her range a bit better.”

James Asi (Olympus) won a technical knockout against Waisea Batisaresare (Barbwire Boxing) after the ref stopped the fight in the third round.

The closest fight appeared to be the one between Stephanie Rose (Olympus) and Zoe Bewley (Ronin Gym), with commentators saying at the end of the fight

that it would be a tough one to call, and the online voters appearing to agree, awarding Stephanie a win by a tight margin.

James (Batman) Langton of Barbwire Boxing said he was pleased with how the night went.

“Any time it’s a sellout I’m very happy,” he said. “The online voting was outstanding. Congratulations to Liam who trains very hard. I’m not surprised he

won at all. Thanks to the Opunake community for their support and all the sponsors were outstanding. Overall, it was just a fantastic event. Opunake is such an amazing town to come out and support these events. Congratulations to every fighter who climbed through the ropes. The hardest thing anyone can do in their lives is to climb through the ropes.”

Among the crowd enjoying the evening’s entertainment were Cody Fitzgibbon and Brittany Sutton of San Diego in the United States. They are touring New Zealand and had been to Opunake in January and later decided to make a return visit. That morning they had gone out surfing where they met Chris Heatherington and his partner Amy. Chris who practices at Hawera Hospital has been the doctor for the last three Barbwire Boxing events and told them the fight night was coming up and got tickets for them.

Brittany said they try to go out and enjoy “more local and less touristy things.”

Cody who says he periodically goes to boxing events back home in the United States said it was a “fantastic night of fighting.”



James (Batman) Langton of Barbwire Boxing with main card winner Liam Kupe.

There was a full house at the Sinclair Electrical and Refrigeration Event Centre on April 20 with a ring set up in the bar and lounge area. After each fight the results of the online votes were announced, as well as the verdict of the match judges.

There were six fights, with boxers from the Barbwire Boxing Gym in Opunake having mixed fortunes against fighters from New Plymouth, Wellington and Hamilton. Liam won the main card, but Bobby Katene lost out to Finefeuiaki (Wills) Moala of the Olympus Gym by a TKO in the main under card. Online voters voted



American visitors Brittany Sutton and Cody Fitzgibbon enjoying the evening’s entertainment.



Waisea Batisaresare (right) takes on James Asi.



Leilani Leatherby (right) sizes up Sarah Mischefski.

# Mooving on Methane

Te Puna Umanga Venture Taranaki, the regional development agency, is hosting an industry-first event to discuss the science, research, and emerging technologies that could support Aotearoa New Zealand's efforts to reduce methane emissions from dairy farms.

As a leading dairying region, Taranaki has a vested interest in the way the world views New Zealand's dairy farming, the products it produces and the impact it has, or could have, on our competitive advantage, exports, value-add, tech savviness, the New Zealand story, and the returns to our entrepreneurs, enterprises and farming communities.

Global customers are increasingly committing to more ambitious environmental standards which means that, in turn, our farming practices and the products we produce are coming under more scrutiny.

In response to these demands, Fonterra, for example, announced last year that the co-operative is targeting a 30%



## Efforts are being made to reduce methane emissions

intensity reduction in on-farm emissions by 2030. Fonterra cited the need to respond to "growing sustainability ambitions from our customers and financial institutions, along with increasing market access, legal and reporting obligations."

Agriculture accounts for 53.2% of New Zealand's greenhouse gas emissions (GHG), with methane accounting for 43.1% of that. Methane emissions from dairy farming alone account for 22.4%--.

"There is huge opportunity for the country to demonstrate global leadership in the adoption and development

of methane-reducing innovations," says Anne Probert, Director of Strategic and Sector Partnerships at Venture Taranaki.

"By doing so it provides an opportunity for not only improving our GHG emission profile but distinguishing ourselves in the marketplace. It makes sense that we should support and ensure that our farmers remain the best in the world and at the forefront of competitiveness, production, and technology."

The inaugural event will showcase the latest investments and technological developments in methane reduction and their timeline to market.

"It also presents an

opportunity for hard questions to be explored," explains Probert.

Questions such as is there a silver bullet solution? What are the most realistic, near-term solutions? What does the pathway of near, medium and long term (by 2050) roadmap look like? What are the barriers to technology realisation, commercial viability and availability? What could accelerate solutions? And, what are the risks if Aotearoa New Zealand gets left behind or doesn't grasp the opportunity?

"We have a proactive farming community, and a region which is very future-focused", continues Probert.

"The event is an opportunity

to get key players in the same room, have a fast-paced solution-focused discussion, and catalyse the pathway forward."

Taranaki, as a powerhouse not only in dairy farming but in dairy food processing (processing approximately 20% of Fonterra's dairy production in New Zealand), is well-placed to spearhead the discussion.

The region is already home to a unique project that aims to create New Zealand's first net zero carbon emissions dairy farm in Whareroa, near Hāwera in South Taranaki. The project is a partnership between Nestle, Fonterra and Dairy Trust Taranaki, and will contribute to Nestle's goal to "achieve net zero emissions by 2050, including reducing our emissions by 20% by 2025 and 50% by 2030"---. Various solutions are being tested and trailed until 2027, with all aspects of farm operations being examined.

A visit to the pilot farm is on offer as an additional extra for event attendees.

The 'Mooving on Methane' event will explore a range of solutions and technologies, with speakers covering innovations like seaweed-based cattle feed, breeding programmes, vaccine

research and probiotics. New Zealand is leading the way in some of these research areas, with AgriZeroNZ (a world-first public-private partnership owned by the New Zealand government and major agribusiness companies) a key driver in the sector, as well as the New Zealand Agricultural Greenhouse Gas Research Centre (NZARGC).

The event is timely, coinciding with the release of the Climate Change Commission's draft advice, within which methane plays a key part, and the intent of the Government to have the country's domestic methane targets reviewed.. New Zealand also recently announced contributions to the MethaneSAT space mission, where a state-of-the-art satellite, designed to detect global methane emissions, will be researched and tested.

'Mooving on Methane' is aimed at farmers, rural advisers, dairy companies, agencies, private companies, entrepreneurs and technology specialists, Government, Iwi, and community. The event will be held at the Devon Hotel, New Plymouth, on Tuesday, May 28 from 8am-5pm.

**Mooving on Methane**  
OUR OPPORTUNITY FOR TECHNOLOGY, CLIMATE AND TRADE  
Tuesday 28 May 2024  
The Devon Hotel, New Plymouth  
To buy tickets please visit [www.eventbrite.co.nz](http://www.eventbrite.co.nz) and search "Mooving on Methane"  
venture TARANAKI

**THE CRAFTY FOX**  
POTTERY, ART, NZ BOOKS, CLOTHING, JEWELLERY, POUNAMU SOUVENIRS  
CO-OP  
Mon: 9.30am - 1pm  
Tues - Sun: 9.30am - 4pm  
021 02742413  
Ground floor - The Village Mews, Oakura (opposite the hall)

**MOTHER'S DAY**  
Sunday May 12th  
**LOTS OF SLIPPERS FOR MUM**  
SOMETHING IN STORE FOR EVERYONE  
FREE GIFT WRAPPING  
**Country Connections**  
80 TASMAN ST, OPUNAKE  
FIND US ON FACEBOOK OR PH 06 761 8171

**Collagen Pure**  
Adashiko Pure is a super supplement that replenishes and boosts natural collagen production  
Repairs and strengthens from the inside out to promote well-being and healthy ageing  
ADASHIKO  
Collagen Pure  
Multidimensional support for healthy elasticity and anti-aging throughout the body. Repairs and strengthens from the inside out to promote well-being and healthy ageing.  
100% Pure Peptide Collagen Powder  
Dietary Supplement | 150g | 30 day supply  
**THE HEALTH SHOP | 06 7587553**  
Centre City Shopping Centre, New Plymouth

**Garden Edge is having a Closing Down sale.**  
After 14 years its time for a change.  
**Store wide 30 - 60% off.**  
Starts Thursday 9th May in time for Mothers day.  
Special Terms & conditions apply.  
**gardenedge**  
52 Fantham St, Hawera | 06 278 8148

# The interesting history of Mother's Day

**The oldest Mother's days**  
 'Mother's Day' as we know it is a modern invention, but the idea of honouring mums is an old one. The ancient Greeks, Romans and Celts all held celebrations and festivals for their mother goddesses. These took place in Spring, when baby

animals were born and plants began growing after the long winters.

**Creating a modern holiday**

Our present-day Mother's Day was the idea of American Anna Jarvis. Her mother, Ann Reeves Jarvis,

was a peace activist who cared for wounded soldiers during the American Civil War. During that time, she created Mother's Day Work Clubs to help address public health issues, like poor sanitation.

Anna was very proud of her mother's accomplishments. When her mum passed in 1905, Anna began campaigning to create a national holiday to recognise all mums and their important contributions to society.

Anna's passion soon paid off. By 1911, all states in America held some sort of Mother's Day celebration. Then in 1914, the second Sunday in May was officially proclaimed a national observance by then president Woodrow Wilson.

**Has Mother's Day become too commercial?**

Anna Jarvis was thrilled at how quickly Mother's Day was adopted in America and other countries, such as France, Norway and the Netherlands. During the early years of the holiday, people spent the day visiting their mother, attending church or writing a letter home to their mum.

By the early 1920s, greeting card companies began selling pre-made Mother's

Day cards. Florists and lolly companies also joined in, helping make these popular gifts to give to mums.

Jarvis was not happy about what she saw as the commercialisation of this special day. Anna even went so far as to protest against Mother's Day itself!

**Mums around the world**

Despite Anna's wishes, Mother's Day is now celebrated in many countries around the world.

New Zealand follows the American tradition of holding Mother's Day on the second Sunday in May. This date is also shared with our Australian neighbours,

as well as Canada, parts of Africa, the Caribbean and many European countries. Other nations celebrate mums during International Women's Day in March or as part of festivals honouring religious figures held throughout the year.



**WINTER IS COMING!**  
 Treat your Mum this Mothers Day

with a Mountain House voucher of any value for lunch or dinner or accommodation to enjoy any time

OPEN FROM 9am WEDNESDAY TO 9pm SUNDAY

*Ngati Ruanui*

STRATFORD MOUNTAIN HOUSE  
 998 Pembroke Rd, Taranaki  
 Ph 06 765 6100

mountainhouse@ruanui.co.nz | www.stratfordmountainhouse.co.nz

**Lunch, Brunch or Dinner**  
 The Good Home has you covered!  
 Book now!



21 Ariki Street, New Plymouth

www.thegoodhomenp.co.nz  
 bookings@thegoodhome.co.nz 06 758 4740



**CENTRE CITY MOTHER'S DAY**

**Celebrate the special women in your life.**

Make your mum feel on top of the world with something special from Centre City this Mother's Day.

Give your mum a gift that's as special as she is. Centre City has plenty of great gift ideas. You'll find the right gift to show Mum how much she means to you, including fragrance, fashion, cosmetics, shoes, accessories, skincare, beauty treatments, skin consultations, flower workshops, and more.



# MediaWorks Tradies Day Gallops into New Plymouth Raceway

Saddle up for a thrilling day at New Plymouth Raceway on Saturday, May 11th, for MediaWorks Tradies Day! We have 8 races on the card - But that's not all! The day is

packed with activities to suit every taste and age group. From the beloved Love Racing Pony Scurry Series to the highly anticipated return of the Undie 200m,

where participants will need to bring their A-game and their own undergarments for a dash to the finish line. And let's not forget the newest addition to the lineup - the Costume Race! Costumes will be provided, ensuring a riot of color and creativity as participants vie for victory in their quirky attire. Every participant wins a prize, ensuring a day of camaraderie and competition. Entries on the day from 11.30am between

the two stands.

Gates open at 11:30 am with general admission tickets priced at just \$5, and children under 18 get in for free. Food trucks are onsite all day to satisfy those taste buds.

And when the races are done, the fun doesn't stop! stick around after the final race to party with us and enjoy live music from the sensational "SuperFly" band.

## Help us to make the Opunake Beach Carnival even better



Who will put their hand up to bring their enthusiasm and new ideas to make next years Beach Carnival even better? Are you in? Come along to the special meeting next Tuesday at the Sinclair Electrical and Refrigeration Event Centre.

The next issue of the Opunake & Coastal News is May 16. Call us to be part of it.

**GOLFZONE**  
GET IN THE ZONE

## Taranaki 2 Ball Best Ball

36 Holes over 2 days

### Kaitake Golf Club

Saturday & Sunday

18<sup>th</sup> & 19<sup>th</sup> May 2024

Entry Fee: \$ 50.00 per player

Format:

Overall Gross Men's Pairings  
Overall Gross Ladies Pairings  
Net Men's and Ladies Divisions  
Two's and Nearest the pins

Tee times available 9.00am to 10.30 am

Off two tees

Seeded 2<sup>nd</sup> day tee times

Prize Giving 4.00pm

\$500 to beat course record (Conditions apply)

HOLE IN ONE PRIZE

To Enter Phone Denise at Kaitake Golf Club 06 7527665  
or Email: kaitakegolf@xtra.co.nz

## Autumn Chrysanthemum & Flower Show

Saturday May 4, 12pm to 4pm

Sunday May 5, 10am to 3pm

Hawera Community Centre,  
Albion Street

Displays with goods for sale ..  
plants, seeds, seedlings, crafts.

Refreshments available

Admission \$3 - Children free

Society Sales Table

Entries & Enquiries

Ph Heather

06 754 7966 or

021 046 4401



mediaworks.

**Tradies Day**

AT THE RACES

Saturday 11th May

**New Plymouth Raceway**

**General Admission \$5**

Gate opens 11.30am

*Make sure you catch all the excitement happening on the track*

**Pony Scurry**

**Undie 200m**

**"Costume Race"**

**Food Trucks**

[www.newplymouthraceway.co.nz](http://www.newplymouthraceway.co.nz)

## Opunake Beach Carnival

### Special Meeting

Planning for Carnival 2025  
Bring your enthusiasm and ideas to  
make our carnival even better

Tuesday 7th May

from 5pm

Sinclair Electrical & Refrigeration

Event Centre

Nibbles provided



## Carl's Community Connect

Come and meet with Whanganui MP Carl Bates. Hear what's going on in the electorate, and share your views with Carl.

**Monday 6 May**

12pm to 12.45pm  
Manaia Library Plus,  
22 South Road,  
Manaia

1pm to 1.45pm  
Kaponga Library Plus,  
42 Victoria Street,  
Kaponga





# 'Clue: On Stage'. Suspicious Suspects.

Who is the murderer in Opunake Players 'Clue: On Stage'? Here are some more suspects.

Name: David Rohe  
Character: Mr Boddy and Police  
Theatre Pre Players:



Opunakē Players present

# CLUE ON STAGE

May 9-12th & 15-17th

Tickets on sale April 11th  
At Sinclair Electrical 06 7618084




David Rohe, Ellura Danz, Diane Baldie, Daniel Harvey. Dead ringers of a murderer.

Various performances for Stratford On Stage, Cue Theatre Inglewood, New Plymouth Little Theatre and New Plymouth Repertory Opunake Players: First time for Opunake Players. Clue Enjoyment Factor: It's a lot of fun. The guys are great. Other: Moved from Cambodia to New Zealand in 2003..

Name: Ellaura Danz  
Character: Singing Telegram  
Theatre Pre Players: Speech and Drama lessons with Mrs Peacock. Opunake Players: Christmas Productions, Me'n'Gus, Great Face For Radio. Clue Enjoyment Factor: It's really funny. Other: Plays at Half for Te Kiri Women's Hockey. Has been known to score goals.

ask)  
Opunake Players: Jersey Girls, Last Dance, Spellbound, Christmas Shows. Clue Enjoyment Factor: Great friendship, great team, great show. Other: Has lived in 28 houses. 14 in UK, 14 in New Zealand.

Clue Enjoyment Factor: Fun and sort of different. Get to see people I don't usually see. Other: Has been snowboarding in Japan (not Mount Fuji).

'Clue: On Stage' plays at the Lakeside Playhouse Opunake Note a slight change of dates. May 9-12 (Thursday, Friday, Saturday, Sunday) and 15-17, (Wednesday, Thursday, Friday.) Ticket \$30 from Sinclair Electrical. Pay by cash or online

Name: Diane Baldie  
Character: Cook  
Theatre Pre Players: Young Farmers in the UK. (Don't

Name: Daniel Harvey  
Character: Motorist and Cop  
Theatre Pre Players: Drama lessons at New Plymouth Boys High Opunake Players: First for Players (New blood.)



## OPUNAKE LIONS CLUB

# Pink Ribbon High Afternoon Tea

1.30pm  
Sunday 26th May  
Tickets \$30  
Ph 06 761 8392

At Stanley's,  
4789 South Rd,  
Oaonui

[pinkribbonbreakfast.co.nz](http://pinkribbonbreakfast.co.nz)

[@pinkribbonNZ](https://www.facebook.com/pinkribbonNZ)





## Sacred Heart Girls' College Manawa Tapu

### Enrolments for 2025

Sacred Heart Girls' College is a Catholic Integrated school for students from Years 7 – 13, which celebrates the charism gifted to us by our founding order, the Sisters of Our Lady of the Missions.

To be considered for enrolment and entry to the boarding hostel, Elizabeth House, and as a day student, in 2025, applications must be submitted by the end of Term 2, 5 July 2024.

Our Priority in Enrolment Procedure can be found on our website ([www.shgcnp.school.nz](http://www.shgcnp.school.nz)) and will be rigorously applied in discerning enrolment.

If you have any enrolment queries, please address them to the Executive Assistant, Denise Stachurski; ph 758 5023 ext 704 or Email: [dst@shgcnp.school.nz](mailto:dst@shgcnp.school.nz)

### Open Afternoon 2024

We will be holding an Open Afternoon on Tuesday 14 May 2024, 1.45 - 3pm for anyone interested in visiting our college and hostel. Students will greet you at the entrance.

**MIND MATTERS**

How do you know if your mental health is okay? What might be the goals you adopt if you decide to go to counselling? What are the things that interest a therapist when they work with you? The same answer may be given to all these questions. There are ten things to think about, and you can rate yourself. You may like to discuss these items with those who know you well and whom you trust. Today, **MIND MATTERS** provides you with a checklist – things to think about when you want to find out about yourself.



**DR. ROBERT SHAW**

Being well attached to someone gives you confidence as you make your way in the world. A devoted relationship of at least five years duration is a good indicator of your ability to establish a secure attachment. A growing number of shorter, poor relationships is not such a good sign.

**2. Self constancy.** You feel that you are engaged at home, at work and everywhere. You are always you. Problems here show up when you cannot describe what kind of child you were, or you struggle to say what it is going to be like for you in five years' time. Another aspect of self constancy is the inability to relate to your own body. Some people cut their body with razor blades – they act as if their body is not a part of themselves. Others do not see the point of healthy eating and proper exercise – they do not show self-care.

**3. Sense of agency and autonomy.** You feel you can make up your mind and do things. You are strong enough to do most things you set out to achieve. Furthermore, you know how to function at work and at home. What you do is aligned to your beliefs. The idea of "agency" includes how you look after yourself – rationally, you identify

what you need and make things happen so you are okay. You act because of your own desire, not because you are too weak to oppose people who want things from you.

**4. Reliable and realistic self-esteem (healthy narcissism).** Overall, you have adequate good feelings about yourself, you have your good points, and you feel you are stable. "I am fine", you say honestly. You benefit from new experiences, including your interactions with other people. You are becoming a mature human being, you age well, and you are pleased about it. If you have low self-esteem you might make excessive efforts to please people, be inward looking, or you might often compare yourself to others, or perhaps you do not feel any sense of purpose or goals. With good self-esteem you do not want everything to be perfect, but nor are you going to settle for just anything.

**5. Resilience, flexibility, affect (emotional) regulation.** You can cope with what life throws at you, handle your emotions, accept changes and move on. You have not been damaged by traumatic events, either when you were a child (neglect, violence, abuse) or as an adult (assaults, earthquakes, car accidents). Your "defences" (the way you protect yourself) are mature. Immature defences: you yell at people, you storm off. Mature defences: you take a step back, think (see 6 below) and remain calm, you use humour to ease the moment.

**6. You think about yourself and other people.** This is your "reflective function". You have the ability to think about your own thoughts, feelings and

behaviour. Furthermore, you can take a mental step back and consider how you appear to others, and ask yourself what are your real motives or concerns. You think about your moral values, and perhaps about spirituality. If you have read this article to this point, it is very likely you have reflective function. If you are taken over by your emotions, you have insufficient reflective function.

**7. You are comfortable in groups and on your own.** You have "communality and individuality." You work well with workmates, groups or teams, but you are also okay by yourself. People can energize you (your extroverted side), but you can also energize yourself (your introverted side). You are close to your lover or companion, like touch, but also keep a proper distance between yourself and strangers. Different cultures approach these things differently, so you should take that into account when you think about yourself. Western cultures are excessively concerned with the self. Indigenous and Eastern cultures are more community oriented.

**8. Vitality. You are building a life worth living.** You live in a balanced way – you have a grasp of reality and the practical world, but you also dream about, or hope for, better things. You try to protect yourself, but not to the extent that you cut yourself off from engagement with others who may, or may not, bring you joy. Furthermore, you are prepared to take a chance, to engage with the

unknown. People might see you as outgoing. People without vitality feel "dead inside," the defence they use is: "nothing matters, why bother?"

**9. Acceptance, forgiveness, gratitude.** You accept yourself and your circumstances, forgive other people, and forgive yourself. This cultivates a feeling of gratitude for your being a living person. When you "move on" and feel gratitude, you open yourself up to happiness and fulfilment. There are practices that can help you let go of negativity, heal emotional wounds, and create a positive outlook on life. The alternative is to be stuck, outraged, and to let these things grind on your mind. Eventually, this will impact on your body.

**10. Love, work, and play.** You need to engage with these three things. This in some way entails all the nine categories above. You need to benefit from love and show love, you need to have meaningful work, and you

need to contribute your work or time to the community in some way. You need to have rough and tumble play. These things are vital throughout your life. They should be in balance, planned for or spontaneous. Achieving a life-work-balance can often challenge men who feel the pressure of work and women who are committed to children. Not achieving the love-work-play balance destroys relationships.

We have considered the ten categories of mental health. This list is based on the work of a famous psychotherapist. She is Nancy McWilliams and you can hear her speak about her list at

<https://youtu.be/Tv6yNJcZh10?si=WsL4NJThNRfMDLJa>.

If you feel you did not do so well with some items on the list, the good news is that they are all things you can work on and expect to make progress.

*Dr Robert Shaw  
Registered Psychotherapist*

**Have a window or door that needs repair or maintenance?**

Our experienced team of window & door specialists can help

Local Family Business servicing Taranaki Area

**exceed** Call free anytime 0800 25 25 00  
we fix windows & doors [www.exceed.co.nz](http://www.exceed.co.nz)

Some of the regular services we currently have running are:

**TAYLOR DENTAL PRACTICE**  
Every Thursday and 2nd Friday

**LISA KEEN AUDIOLOGY**  
Every Wednesday

**NZ POST**  
Monday to Friday, 8.30am to 5pm

**COASTAL PRINTERS**  
Monday to Friday, 8.30am to 5pm

**TARANAKI CHIROPRACTIC**  
Every Wednesday

**COUNSELLORS**  
Gwenyth Richards 06 278 6399  
Leonie Landsheer 027 559 0982  
Alex Jones 021 0816 3248  
Manuka Matthews 027 239 5896  
Steph Vaitupu 021 090 79597

**MATTHEWS OPTOMETRISTS**  
Twice monthly on a Thursday

**TARANAKI PODIATRY**  
Every 2nd Wednesday of the month

**BUDGET ADVICE**  
Wednesday fortnightly

**HIP**  
Every Tuesday

**DID YOU KNOW?**  
CoastalCare offers for hire private, well-appointed room's for meetings, training opportunities and social gatherings.

Permanently residing in the building are:

**CoastalCare Haumaru ki Tai**  
Health and Community Centre  
Haumaru ki runga, Hauora ki raro

NZ POST, OPUNAKE PHARMACY, OPUNAKE MEDICAL CENTRE, ST. JOHN AMBULANCE, PLUNKET, TDHB SERVICES, COASTAL PRINTERS, FOODBANK

For a full list of services & happenings here

**Find us on Facebook**

or visit us at [www.coastalcare.co.nz](http://www.coastalcare.co.nz)  
CONTACT ARETHA LEMON  
Facility Manager on 06 761 8488

**EVERYBODY'S THEATRE OPUNAKE**

72 Tasman Street, Opunake | [www.everybodystheatre.co.nz](http://www.everybodystheatre.co.nz)

<b>Challengers</b> 2hr 11mins   M Thu 02 May 7PM	<b>The Fall Guy</b> 2hr 6mins   M Fri 03 May 7PM   Sat 11 May 7PM
<b>Robot Dreams</b> 1hr 43mins   G Sat 04 May 1PM   Sat 11 May 1PM	<b>Golda</b> 1hr 40mins   M Sat 04 May 7PM
<b>Back to Black</b> 2hr 2mins   R13 Sun 05 May 1PM   Sun 05 May 7PM   Thu 09 May 7PM	<b>Civil War</b> 1hr 49mins   R16 Fri 10 May 7PM
<b>Waitress: The Musical</b> 2hr 24mins   M Sun 12 May 1PM   Thu 16 May 7PM	<b>The Mountain</b> 1hr 29mins   PG Sun 12 May 7PM

 <b>Challengers</b> Offensive language, sexual references & nudity   2hr 11mins   Rated: M <b>Thu 02 May 7PM</b>	 <b>The Fall Guy</b> Violence, offensive language & drug references   2hr 6mins   Rated: M <b>Fri 03 May 7PM</b>
---	---

What's On Listings

ONGOING

**Movies at Everybodys Theatre in Opunake:** Playing several days and nights each week. Refer timetable in newspaper.

**MONDAYS: The Barnabas Centre - St Barnabas Church Hall, 141 Tasman Street Opunake:** Each Monday 10 am - 12:30 pm. Information call Jenny 7618080 or Glenys 6558025

TUESDAYS

**Opunake Walking Group:** Every Tuesday 10am. Meet outside Club Hotel on Havelock St. Phone Margaret 027 477 5600 for more info if needed, or just turn up.

**Pungarehu Golf Club Twilight:** Tee-off between 4.30 & 6.30pm.

**Opunake District RSA:** Meet 1st Tuesday of every month at 5.30pm at the Opunake Fire Station. Financial Members are welcome to attend.

WEDNESDAYS

**Coastal Young Farmers:** Meet 2nd Wednesday of every month at 7pm at Butlers Reef Bar & Cafe, Oakura.

**Lisa Keen Audiology at Coastal Care, Opunake:** Wednesdays 9am - 5pm, for an appointment call 027 591 4222 - 0800 555 676

**Okato & District Historical Society open every Wednesday:** At the Okato Community Trust Hall, 47 Cumming St, Okato. phone Meg on 06 752 4566.

**Opunake Embroiders Guild:** Meet 2nd and 4th Wednesdays of the month, 10.30am-3pm at the Opunake Business Centre, Napier St, Opunake. Just come along or phone Sheryl 06 761 8769.

**Okato Market:** In Hempton Hall, Okato 4pm to 5.30pm.

**Free singing experience with Taranaki Harmony Chorus:** Meet every Wednesday at Inglewood Mamaku Centre, 7-9.30 pm Phone Helen 021 296 0700.

THURSDAYS

**Egmont Euchre Club:** Every Thursday 1pm at the Opunake Bowling Club. Inquiries, 06 761 8337 or 06 761 8607.

**Taranaki Country Music Hall of Fame, Manaia:** Running every Thursday night from 7.30pm, 11 Surf Highway, South Road, Manaia.

FRIDAYS

**Eltham Business Association Friday Markets:** 9:30am to 1pm, Carpark of Touch Point, High Street, Eltham.

**Singer Songwriters, New Plymouth:** Last Friday of the month at Little Theatre, 29 Aubrey St, NP from 7-11pm.

AT THE CLUB HOTEL THIS WEEK:

**Monday:** Burger special \$15, Happy Hours 3pm- 6pm; **Tuesday:** Pork ribs \$20, Pool Tournament 7pm; **Wednesday:** Pizza night 2 for \$24, Poker night \$30 buy in; **Thursday:**

Steak night for \$20, Poker Night \$27 buy in; **Friday:** Pensioners lunch \$15, Lamb Shank \$20; **Saturday:** Chicken Schnitzel \$20; **Sunday:** Roast night \$20 Complimentary dessert for dine in customers.

MAY 4-5

**Autumn Chrysanthemum & Flower Show:** At Hawera Community Centre. See ad for details.

MAY 7

**Opunake Beach Carnival Special Meeting:** At Sinclair Electrical & Refrigeration Event Centre, 5pm.

MAY 9-12 & 15-17

**Clue on Stage:** A Production by Opunake Players.

MAY 13

**Opunake & District Business Association Meeting:** At Opunake Business Centre, 5.30pm.

MAY 14

**Sacred Heart Girls College Open Day:** At the School, New Plymouth. 1.45-3pm.

MAY 16-17

**Budgeting Workshops for Farmers:** At Stratford and New Plymouth. See ad for details.

MAY 18

**Kiwiana Ball:** At the Warea Hall.

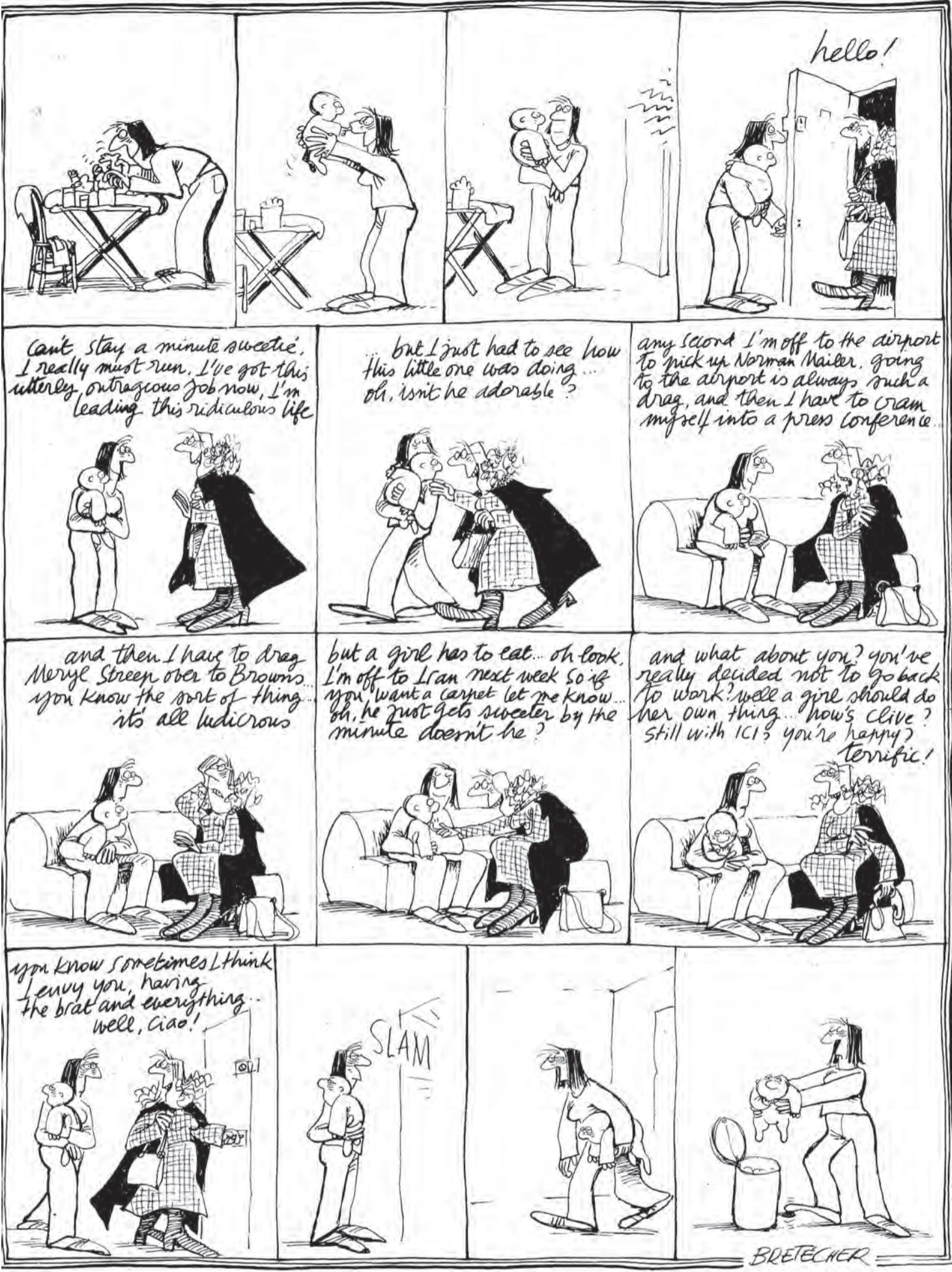
MAY 18 & 19

**Taranaki 2 Ball Best Ball Golfing:** At Kaitake Golf Club. See ad for details.

MAY 26

**Opunake Lions Club Pink Ribbon Afternoon Tea:** 4789 South Road, Oaonui, 1.30pm.

A woman's work



# Value Farm Sheds

CLEARSPAN OPTIONS AVAILABLE!

Value Farm Buildings are constructed from quality materials that last at prices you can afford. Visit our website for full specs.

**VALUE Building Supplies** Buy Better Build Better

1 KATERE RD, NEW PLYMOUTH PHONE: 06 759 7435  
 JAMES ST, INGLEWOOD PHONE: 0800 245 535  
 www.valuebuilding.co.nz

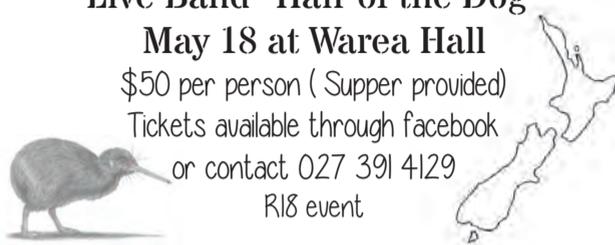
**PUBLIC NOTICES**



**COASTAL YOUNG FARMERS**  
Snow to sand.  
We're working the land

# Kiwiana Ball

Live Band "Hair of the Dog"  
May 18 at Warea Hall  
\$50 per person ( Supper provided)  
Tickets available through facebook  
or contact 027 391 4129  
R18 event




Next Meeting is on  
Monday May 13, 2024  
at 5.30pm  
Hughsons & Associates Boardroom at the  
Opunake Business Centre, 23 Napier St, Opunake  
(opposite the Coastal Care Medical Centre)

**WANTED TO BUY**

**Stevenson Calf Rearing  
MILK & COLOSTRUM WANTED**

Picking up 24/7  
Our tanker handles large volumes  
Ph. Mark or Trish on 0800 350 340 or txt  
027 495 2897 E: markstevo@xtra.co.nz  
Troy Stevenson 027 469 7636  
E: troystevo@gmail.com

**SITUATIONS VACANT**

The Editor of the Opunake & Coastal News would like to know if there is anyone who would like to work at the Opunake & Coastal News.

There are many aspects involved in putting together a community newspaper

Marketing  
Writing  
Production  
Admin

Familiarity with the various aspects of putting together a community newspaper would be useful.

It could be a short term position or a longer one depending on skills and whether we can grow the paper.

Please apply with CV to:  
bernice@opunakecoastalnews.co.nz  
or post to Editor, PO Box 74, Opunake



**CHURCH NOTICES**



*Church Services - Manaia, Kaponga, Opunake, Pungarehu, Okata, Oakura*

**Opunake Co-operating Parish**

Havelock Street, Opunake - St Pauls - 9.30am every Sunday  
Rahotu - Wesley - 11am first Sunday of the month

**Okato Co-operating Parish**

Okato - St. Paul's - Sunday Service every 1st and 3rd  
Sundays of each month, 10.00am  
Oakura - St. James - Sunday Service every 2nd and 4th  
Sundays of each month, 10.00am  
Mid-week open church - Okato - St. Paul's -  
Pew for You, every 3rd Wednesday of each month,  
4.30pm-6.00pm

**Opunake Catholic Church**

St Martins, Pungarehu: Temporarily closed - no Masses  
Our Lady Star of the Sea, Opunake: 10am every Sunday

**Other areas**

Manaia - Sacred Heart - 1st, 3rd Sat at 5pm  
(2nd, 4th & 5th Sat at Hawera's St Josephs)

**St Patricks Catholic Church, Kaponga**

2nd, 4th and 5th Saturdays of the month Mass at 6pm.  
However during winter the time will be 5pm i.e. Saturday  
10th June, 24th June and 8th July. After this date the time  
will revert back to 6pm.  
1st and 3rd Sundays of the month Liturgy of the Word with  
Communion at 8.45am.  
Thursday Mass 9.30am (subject to change).

**St Patricks Catholic Church, Okato**

Saturday Vigil 6.00pm - weekly

**The Wave**

Pentecostal Church 64 Domett St, Opunake  
Sunday Services 10.30am  
Women's Group 10am Tuesday  
Men's Group 7pm Wednesday  
Come along or contact  
Belinda Philp  
027 935 6191

**St. Barnabas Anglican Church**

141 Tasman St, Opunake  
Sunday Services 10am  
Communion 2nd, 3rd & 4th Sunday  
Prayer & Praise 1st Sunday  
Every 5th Sunday all 4 churches gather for  
a Combined Service

**Okato Community Church**

Meets 10.30am Sunday at Hempton Hall.  
Everyone welcome

**St John's Community Church. Kaponga**

Cnr West and Egmont Streets.  
Sunday Services 10.30am followed by morning tea

**Manaia Union Fellowship**

Terou St. Manaia.  
Meet 10am every 3rd Sunday of the month with communion

**Friend & Fellowship Group**

Thursdays @ Manaia  
Support our Faith and support each other with Prayer  
and Bible study  
Encouraging interactive discussion and Praise  
All are welcome  
We would love it if you could come  
Rodney & Val 274 8550 or 0272384187

**KANE BARRETT  
LIVESTOCK**

**CALF MILK WANTED**

Any volumes - 24/7

027 4036469 | kanebarrettlivestock@outlook.com

**TRADES & SERVICES**



**RURAL DATA SOLUTIONS**

Telecommunications | Computer Networks  
Surveillance Cameras | Broadband Connectivity  
Starlink Installations | Cellular Coverage

TARANAKI WIDE SERVICE & SUPPORT - 06 769 5734  
Email - office@ethernetnetworks.co.nz

**CARPETS** second hand,  
large selection After  
Disaster Ltd 223 Devon St  
West, NP. Phone (06) 769  
9265

**SCRAP METAL** - for  
all scrap metal Taranaki  
wide, give us a call. Molten  
Metals (06) 751 5367.  
www.moltenmetals.co.nz

**HAWERA BUDGET**  
Advisory Service. Wed  
9am to 12pm. Coastal Care,  
Opunake by appointment.  
Starting Feb 8th 2023  
and fortnightly thereafter.  
Contact us by phone: 0800  
333 048 (free from mobile).  
Facebook page: Hawera  
Budget Advisory Service.  
Email: info@hawerabudget.  
co.nz

Call us on 06 761 7016  
TO SEE HOW THE  
**OPUNAKE & COASTAL NEWS**  
CAN HELP YOUR ADVERTISING REACH  
YOUR TARGET AUDIENCE



FOR ADVERTISING  
THAT WORKS



**TO LET**



**Office Rooms/ Board Room available**  
Long term, short term or casual basis  
Building has kitchen facilities, wheelchair access, cleaning  
services and plenty of parking on Napier Street or at rear  
of building on King Street.  
Inquiries to Clare Moss - Ph 06 278 4169  
clare.moss@hughson.co.nz

**GRAZING**

**HEIFER GRAZING AVAILABLE**

May - May

Drench supplied and weighed

Ph 027 6937702

**MAY TO MAY** Dairy  
Heifer grazing available.  
Inglewood area. Ph Shane  
(06) 756 7372.

**GRAZING AVAILABLE**  
May to May for Dairy  
Heifers. Phone Richard 027  
510 9667.



**LIVING AWAY FROM  
OPUNAKE BUT WANT  
TO KEEP UP WITH  
WHAT'S GOING ON?**

Subscribe to the Opunake & Coastal  
News and we'll post you a paper as  
soon as it's out!

**06 761 7016**



To advertise, call us on 06 761 7016

# meritcars

## with distinction

VISIT WEBSITE MERITCARS.CO.NZ

493 DEVON STREET EAST, STRANDON, NEW PLYMOUTH  
CALL US TODAY 06 281 1925

ALL ON ROAD COSTS INCLUDED PLUS TANK OF FUEL. ONE STOP SHOP FOR FINANCE, WARRANTIES & FREE SMILES

### 2016 ISUZU D-Max LS DC

HI-SPEC, WORK READY  
Nudge bar, Tow Bar, Hard Cover, 2999cc, Diesel,  
5pd Auto, 144kms



ONLY \$24,995

### 2020 Haval H2 Luxury

Low Km's NZ New  
Auto headlights and wipers, Cruis Control,  
Descent Mode, Turbo, Heated electric seats,  
1497cc, Petrol, Auto, 23kms



\$21,995

### 2015 Ssangyong TIVOLI SPORTS

GREAT VALUE NZ NEW HATCH  
Stability Control, Tow Bar, Cruise Control, Auto  
Wipers, Nose Guard, Sports Mode, 1597cc, Petrol,  
6 Spd Auto, 76kms



\$14,995

### 2011 HYUNDAI Elantra 1.8 ELITE

GREAT VALUE  
2WD, Auto Headlights & Wipers, Parking Sensors,  
Stability Control, Keyless Ignition & Entry, Tow Bar,  
1797cc, Petrol, Auto, 86kms



\$13,995

### 2017 Nissan QASHQAI ST-L

NICELY APPOINTED SUV,  
2WD, Auto headlights and wipers, Sun Roof, Cruise  
Control, Stability Control, 1997cc, Petrol, CVT,  
106kms



\$19,995

## THIS WEEK'S SPECIAL: 2009 HYUNDAI Santa Fe

7 SEATER DIESEL TURBO 4WD  
Electric Leather Seats, Stability Control, Rear  
Ventilation, Tow Bar, Tinted Windows, 2188cc, Diesel,  
Auto, 259kms



ONLY \$9,995

2009 Volkswagen Scirocco TSI 147KW  
NZ New Turbo Hatch, Stability Control, Parking  
Sensors, 3 Door Hatch, ABS Braking, 1984cc,  
Petrol, Auto, 62kms



\$16,995

### 2019 Toyota COROLLA GX

NZ NEW, LOW KM's  
Lane Departure, reversing Camera, Sports Mode,  
Auto Headlights, NZ Navigation, 1987cc, Petrol,  
CVT, 50kms



ONLY \$22,995

### 2004 Toyota Spacio

TIDY 7 SEATER, 2WD, VVT-i, Spoiler, Auto  
headlights and wipers, 1794cc, Petrol, Auto,  
195kms



\$6,995

### 2020 Suzuki SWIFT RS

Super Low Km's NZ New Hatch  
ABS Braking w/EBD, Keyless entry & ignition, NZ  
navigation, Autonomous Emergency Braking, Turbo,  
998cc, Petrol, Auto, 7kms



\$21,995

### 2015 Holden BARINA RS

SPORTY TURBO HATCH  
Reversing Camera, Factory Body Kit, Parking  
Sensors, Turbo, Heated Leather Seats, 1364cc,  
Petrol, 6 Spd Auto, 156kms



\$9,995

### 2013 Toyota HIGHLANDER LTD

NZ NEW, AWD,  
7 Seater, 4WD, 3456cc, Petrol, Auto, 240kms



ONLY \$17,995

### 2013 Subaru Outback 2.5

Stability Control, Tow bar, Boxer Engine, Hill  
Hold, Tinted Windows, 2457cc, Petrol, CVT,  
132kms



ONLY \$15,995

VEHICLES ARRIVING DAILY - SEE ONSITE SPECIALS  
VISIT MERITCARS.CO.NZ

## LOCALLY OWNED & OPERATED

Ph 06 281 1925 • Chris Elliot 027 471 5972  
Ph 06 757 3585 • Jamie Henry 021 556 223

